"Where to find it"
OTA-MISKA

1985

A
Resource Manual
for
Northern Manitoba
Communities

Sketches and illustrations were done by Kieran Guiboche

OTA - MISKA Manual was prepared and edited by Louise Chippeway. Special thanks goes out to John Morrisseau, Angus McIntyre, Michael Rennie, Joanne Smith, Noel Simmonds and Arlene Mousseau for their invaluable assistance and support in producing this Manual.

MANITOBA
MINISTER OF NORTHERN AFFAIRS
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WINNIPEG
R3C 0V8

FOREWORD

The 1985 OTA-MISKA Northern Affairs Community Resource Manual is a new publication. OTA-MISKA means "where to find it," and this book is designed to help residents of the communities served by my Department to find, and make use of, the many different resources available to them. It lists important services, programs, funding sources, and other assistance offered by the Province, and by other levels of government, community organizations, and the private sector.

Every Community Council under Department of Northern Affairs jurisdiction will receive the OTA-MISKA Manual. The Department will depend especially upon the Community Clerks to help local residents use the Manual and find the programs and services that meet their needs. In this way, I expect individual northern residents will be better served; I hope they will also find in the Manual new ways to work together in making their communities, and the whole of northern Manitoba, stronger, happier, and more self-reliant.

If you find the OTA-MISKA Manual useful, or if you have any suggestions for making it better, I would like to hear from you.

Jerry Storie

Hon. Jerry T. Storie
Minister of Northern Affairs

August, 1984.

TABLE OF CONTENTS

Foreword (Minister's Note) iii

Map vi

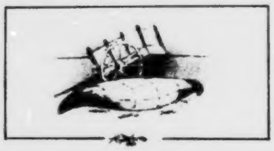
How To Use This Manual vii

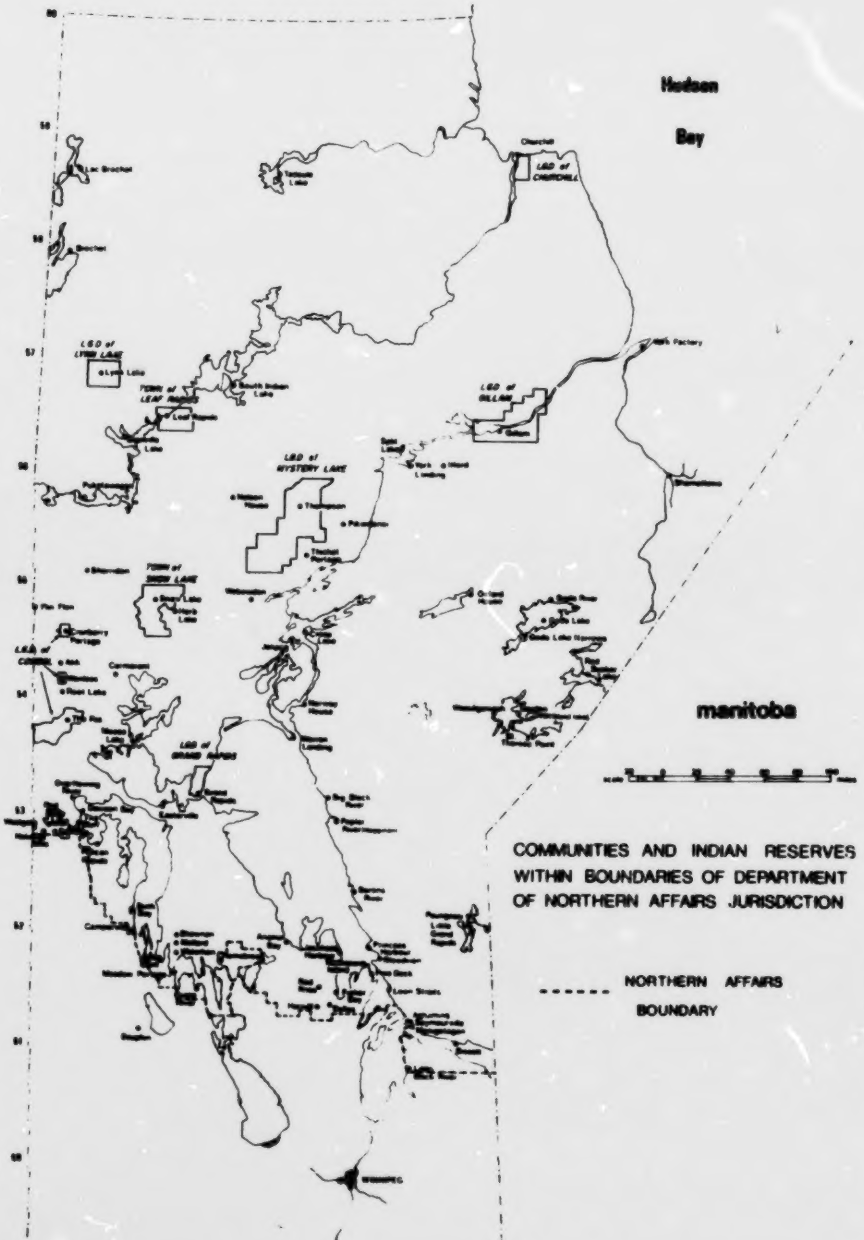
Index of Programs (green pages) ix

PROGRAM LISTING

APPENDICES (yellow pages)

- Information for Community Groups
  - Preparing a Budget, Applying for Funds
  - Incorporation Procedures, Applying for a Tax Number
- Northern Members of the Legislative Assembly
- Northern Members of Parliament
- Manitoba Outreach Projects
- Health Centres and Nursing Stations
- Hospitals
- Canada Employment Centres
- Indian & Metis Friendship Centres
- R.C.M.P. Detachments




Hudson Bay
Churchill
LGD of CHURCHILL
Lac Brochet
Brochet
Tadoule Lake
LGD of LYNN LAKE
Lynn Lake
TOWN of LEAF RAPIDS
Leaf Rapids
South Indian Lake
York Factory
LGD of GILLAM
Gillam
LGD of MYSTERY LAKE
Thompson
TOWN of SNOW LAKE
Flin Flon
LGD of GRAND RAPIDS
Winnipeg
manitoba
NORTHERN AFFAIRS BOUNDARY

COMMUNITIES AND INDIAN RESERVES WITHIN BOUNDARIES OF DEPARTMENT OF NORTHERN AFFAIRS JURISDICTION

HOW TO USE THIS MANUAL

1. Ask the Community Clerk to help you, and have some paper handy.

2. Read through the index on the green pages. The headings and subheadings tell you the kinds of services that are available, and whom they are for. The names of the programs are grouped under the subheadings. Each program or service has its own page number, such as B 14.

3. You cannot always tell from a program's name whether it is for you. So write down a list of the page numbers of programs under the subheadings closest to what you want. For example, if you are a Native woman looking for educational opportunities or job training, you might look under these headings, and write down the following page numbers:

   Education - General Assistance - D 1, D 2, D 3, D 4
   Education - Special University Programs - D 8, D 9, D 10, D 11, D 12, D 13, D 14, D 15, D 17
   Education - Women in Training - D 19, D 20
   Education - Training - D 21, D 22, D 24, D 25, D 26, D 27
   Education - Career Opportunities - D 28, D 29
   Employment and Job Creation - Special Assistance for Natives - E 4, E 5, E 6, E 7, E 8
   Employment and Job Creation - Special Assistance for Women - E 13, E 14

4. Next, read carefully through the program descriptions on the pages you have listed. Most of the program descriptions start with an explanation of the program's purpose and who is eligible. On your list, cross out the page numbers of the programs you discover definitely do not apply to you or do not meet your needs.

5. Ask the community clerk to photocopy for you the descriptions of the programs which look as if they DO meet your needs. If this is not possible, write down the program names for yourself, together with the contact names, addresses, and phone numbers of the program office closest to you.

6. Note that Provincial government programs are marked with a buffalo (🦬), while federal government programs are marked with a flag (🇨🇦). Some programs funded or administered cooperatively by both levels of government show both symbols together.

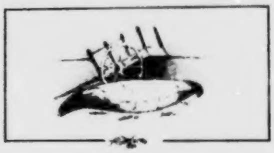
7. Your next step is to make contact with program staff by phone, by letter, or in person. They will give you more information, answer questions, or help you apply.

8. Look in the Appendix of this manual for information about making applications, forming community groups, incorporation, etc.

9. Please send a moment to fill out the evaluation form the Community Clerk will give you. It will help us to improve the manual in the future.

10. We cannot guarantee that this manual lists ALL available services and programs. Listings of Foundations, especially, are very selective. However, the loose-leaf binder format means changes and additions can be made. So you may want to check the manual again after some time.

11. If you have trouble contacting the programs that interest you, or trouble getting access to their services, get help from the Community Clerk.



AGRICULTURE

° FINANCIAL AID TO FARMERS AND BUSINESS

Farm Credit Corporation A 1
Farmer's and Small Business Bond A 2
Manitoba Agricultural Credit Corporation A 3

° NATIVE AND NORTHERN PROGRAMS

Manitoba Indian Agricultural Program A 4
Northern Horticulture Program A 5
Northern 4-H & Youth Program A 6

° GENERAL FARM ASSISTANCE

Prairie Farm Rehabilitation Administration A 7
Agricultural Crown Land Leasing Program A 8
Community Pasture Program A 9

CULTURE AND RECREATION

- CULTURAL ASSISTANCE

Native Social and Cultural Program B 1
Community Cultural Council Grant B 2
Consultative Services B 3

- SPORTS AND RECREATION ASSISTANCE

Equipment Grants for Remote Communties B 4
Recreation District Grants B 5
Culture, Heritage and Recreation Capital Grants B 6

- LIBRARY ASSISTANCE

Travelling Libraries B 7
Books by Mail B 8

- COMMUNITY LEADERSHIP AND SKILL DEVELOPMENT PROGRAMS

Public Events Sponsorship Program B 9
Coordination Assistance B 10
Skills Transfer Program B 11
Skills Development B 12
Demonstrations B 13
Leadership Training B 14

ECONOMIC AND RESOURCE DEVELOPMENT

INFORMATION AND BUSINESS COUNSELLING

Business Development Centre C 1
Business Information Centre C 2
Management Development & Training Program C 3
Counselling Assistance to Small Enterprises C 4
Counselling Assistance to Small Business C 5
Small Business Secretariat C 6
Development Services Branch C 7

GENERAL FINANCIAL ASSISTANCE FOR BUSINESSES

Federal Business Development Bank C 8
Industrial and Regional Development Program C 9
Resource Opportunity Development Program C 10
Small Business Loans Act C 11
Special Investment Tax Credit Program C 12
Venture Capital Company Program C 13

SPECIAL ASSISTANCE FOR NATIVE ENTERPRISE

Indian Economic Development Fund C 14
Special Arda C 15
Native Economic Development Program C 16

SPECIAL ASSISTANCE FOR COMMUNITY PROJECTS

Communities Economic Development Fund C 17
Community/Regional Economic Development Planning Program C 18
Community Services for Northern Provincial Communities C 19

FINANCIAL ASSISTANCE FOR TRAPPING AND FISHING

Special Arda Trapping Assistance Program C 20
Special Arda Primary Producing Activity C 21
Fishermen's Loans Program C 22
Fishing Vessel Assistance Plan C 23
Fishing Vessel Insurance Plan C 24

EDUCATION AND TRAINING

- GENERAL EDUCATION ASSISTANCE PROGRAMS

Native Education Branch D 1
Independent Study Programs for Manitoba D 2
Post-Secondary Student Aid Program D 3
Student Social Assistance D 4

- YOUTH AND HIGH SCHOOL ASSISTANCE

Katimavik D 5
High School Bursaries D 6
High School Bursaries for Native Students D 7

- SPECIAL UNIVERSITY ASSISTANCE FOR NATIVES, NORTHERNERS AND LOW INCOME PEOPLE

Northern Nursing Education Program D 8
Northern Bachelor of Social Work Program D 9
University of Manitoba Access Program D 10
Special Pre-Medical Studies Program D 11
Native Medical Program D 12
Project for the Education of Native Students D 13
Brandon University Northern Teacher Education Program D 14
Inter-Universities North at Frontier Collegiate, Cranberry Portage D 15
Inter-Universities North D 16
Native Law Program D 17
Native Studies Department University of Manitoba D 18

- WOMEN IN TRAINING ASSISTANCE

Women in Non-Traditional Occupations D 19
Women in Trades Training Program D 20

EDUCATION AND TRAINING (Cont'd)

- UPGRADING, TRADES, APPRENTICESHIP AND SKILL DEVELOPMENT TRAINING ASSISTANCE

  Access-Red River Community College Program D 21
  New Careers Program D 22
  National Institutional Training Program D 23
  General Industrial Training Program D 24
  Critical Trades Skills Training Program D 25
  Apprenticeship Training D 26
  Selkirk Training Program D 27

- CAREER OPPORTUNITIES FOR NATIVES

  Canada Career Opportunities D 28
  National Indigenuous Development Program D 29

EMPLOYMENT AND JOB CREATION

- GENERAL ASSISTANCE FOR THE UNEMPLOYED

Canada Employment Programs and Services E 1
Canada Employment Centres E 2
Unemployment Insurance E 3

- SPECIAL EMPLOYMENT ASSISTANCE FOR NATIVES AND OTHER NORTHERNERS

Native Employment Services E 4
Northern Employment Support Services E 5
Native Internship Program E 6
Northern Summer Education Program E 7
Outreach E 8

- SPECIAL EMPLOYMENT ASSISTANCE FOR YOUTH AND STUDENTS

Manitoba Youth Job Centre Program E 9
Job Opportunity Services E 10
Student Temporary Employment Program in Government E 11
Canada Employment Centres for Students E 12

- SPECIAL ASSISTANCE FOR WOMEN

Native Women Employment Program E 13
Women's Employment Counselling Centre E 14

- WORKING CONDITIONS AND RELOCATION

Employment Standards in Manitoba E 15
Canada Manpower Mobility Program E 16
Northern Relocation Program E 17

- HELPING COMMUNITIES AND BUSINESS CREATE MORE JOBS

Affirmative Action program E 18
Career Access Program E 19
Job Corps Program E 20
Summer Canada E 21
Canada Works Program E 22
Manitoba Employment Action Program E 23

EMPLOYMENT AND JOB CREATION (Cont'd)

- SPECIAL NON-PROFIT EMPLOYMENT PROJECTS

Careerstart E 24
Manitoba Community Assets Program E 25
Northern Community Assets Program E 26
Northern Youth Corps Program E 27
Local Employment Assistance and Development Program E 28

HOUSING

• GENERAL HOUSING ASSISTANCE

Manitoba Housing and Renewal Corporation F 1
Canada Mortgage and Housing Corporation F 2
Mobile Home Loan Program F 3
Manitoba Interest Rate Relief Program F 4

• HOUSING LOANS AND SUBSIDIES FOR NATIVES AND LOW INCOME PEOPLE

Rural and Northern Housing Program F 5
Non-Profit Housing F 6
Manitoba Metis Federation Housing F 7

• RENT ASSISTANCE TO FAMILIES AND PENSIONERS

Shelter Allowances for Elderly Renters F 8
Shelter Allowances for Family Renters F 9
Rent Regulation Bureau F 10
Office of The Rentalman F 11
Pensioner Tenants School Tax Assistance F 12

• HOME REPAIR ASSISTANCE

Canadian Home Insulation Program F 13
Residential Rehabilitation Assistance Program F 14
Emergency Repair Program F 15
Critical Home Repair Program F 16

• HOME AND COMMUNITY ENERGY PROGRAM

Home Chec-Up Program F 17
Chec Loan Program F 18
Community Chec F 19

NATIVE ORGANIZATIONS AND SERVICES

- NATIVE POLITICAL ORGANIZATIONS

Manitoba Metis Federation G 1
Manitoba Keewatinowi Okimakanak G 2
Brotherhood of Indian Nations G 3
First Nations Confederacy G 4

- REGIONAL, TRIBAL AND LOCAL ORGANIZATIONS

Northern Assocation of Community Councils G 5
Indian Tribal Councils G 6
Manitoba Association of Friendship Centres G 7
Indian & Metis Friendship Centres G 8
Treaty & Aboriginal Rights Research Centre G 9

- CHILD AND FAMILY SERVICES

Manitoba Metis Federation Childwelfare G 10
Awasis G 11
Dakota Ojibway Child and Family Services G 12
Native Family Services G 13
Native Women's Transition Centre G 14
Indian Family Center G 15
Walnut Reception Home G 16
Project Neecheewan G 17

- NATIVE HOUSING

Kinew Housing G 18
Camperville Aspen Timber Homes G 19

- NATIVE EDUCATION

Manitoba Metis Federation Education Service G 20
Manitoba Indian Education Assocation G 21
Indian Metis Inuit Student Association G 22

- LEGAL, COURT, PAROLE AND COUNSELLING SERVICES

Native Court Communications G 23
Native Clan Organizations G 24
Project Rene G 25
Native Alcoholism Council of Manitoba G 26
Main Street Project G 27

NATIVE ORGANIZATIONS AND SERVICES (Cont'd)

- NATIVE MEDIA SERVICES

Pemmican Publishers G 28
Native Communications G 29

- NATIVE BUSINESSES

Northern Traditions G 30
Teepee Restaurant G 31
Tansi RV Resort Campground G 32
Me-dian Credit Union G 33
Nopiming Outfitting G 34
Amik Tannery G 35

- NATIVE SERVICES

Native Employment Services G 36
Native Citizens Directorate G 37
Native Women's Program G 38

SOCIAL SERVICES

• SENIOR CITIZENS SERVICES

Old Age Security H 1
Spouse's Allowance H 2
Manitoba Supplement for Pensioners H 3
Guaranteed Income Supplement H 4
Canada Pension Plan H 5
New Horizons H 6
Senior Citizens Job Bureau H 7
Manitoba Society of Seniors H 8
Senior Citizens Regional Councils H 9
Royal Canadian Legion Manitoba H 10

• WOMEN'S PROGRAMS

Thompson Crisis Centre H 11
Osborne House H 12
Manitoba Committee on Wife Abuse H 13
Provincial Council of Women in Manitoba H 14
Manitoba Committee on the Status of Women H 15
Canadian Advisory Council on the Status of Women H 16
Villa Rosa H 17
Elizabeth Fry Society H 18
Pregnant Distress Centre H 19

• CHILD AND FAMILY SERVICES

Child Daycare Program H 20
Child Development Clinic H 21
Child Protection Centre H 22
Child Related Income Support Program H 23
Big Brothers Association H 24
Big Sister Association H 25
Girl Guides of Canada H 26
Boy Scouts of Canada H 27
Canadian Girls in Training H 28

• LEGAL SERVICES

Legal Aid Manitoba H 29
Law Society of Manitoba H 30
Law Society Phone-In and Referral Service H 31

SOCIAL SERVICES (Cont'd)

- HEALTH AND MEDICAL SERVICES

Pharmacare H 32
Canadian Red Cross Society H 33
Canadian Association for the Mentally Retarded H 34
Canadian National Institute for the Blind H 35
Vocational Rehabilitation Service - Physically or Mentally Disabled Persons H 36
Northern Health Services H 37
Canadian Cancer Society H 38
Canadian Diabetes Association H 39
Canadian Red Cross Society-Water Safety Service H 40
Rehabilitation Centre for Children H 41

- ALCOHOL AND COUNSELLING PROGRAMS

Alcoholism Foundation of Manitoba H 42
Rosaire House Rehabilitation and Detoxification Centre H 43
Salvation Army H 44
John Howard Society H 45

- COMMUNITY AND SOCIAL ALLOWANCE SERVICES

The Social Allowance Program H 46
Vital Statistics H 47

- CONSUMER AND HUMAN RIGHTS

Manitoba Human Rights Commission H 48
Canadian Human Rights Commission H 49
Better Business Bureau H 50
Manitoba Office of the Ombudsman H 51

- TEACHER AND EDUCATION SERVICES

The Manitoba Teacher's Society H 52
Counsellors' Association of Manitoba H 53
Public Library Services H 54

SOCIAL SERVICES (Cont'd)

° LABOUR AND EMPLOYEE SERVICES

Worker's compensation Board H 55
Employment Standards Divisions H 56
Manitoba Federation of Labour H 57
Labour Councils of Manitoba H 58
Manitoba Labour Board H 59
Workplace Safety and Health Division H 60
MFL Occupational Health Centre H 61
Community Unemployed Help Centre H 62
Canada Public Help Centre H 63
Canada Service Bureau H 64

° EMERGENCY SERVICES

Emergency Measures Organization H 65

FOUNDATIONS

Bechtel Foundation of Canada I 1
Birks Family Foundation I 2
Bronfman Family Foundation I 3
Canada Packers Foundation I 4
Canindis Foundation I 5
Catholic Foundation of Manitoba I 6
Centennial Foundation I 7
Counselling Foundation of Canada I 8
Devonian Group of Charitable Foundations I 9
Donner Canadian Foundation I 10
Eaton Foundation I 11
Emes Charitable Foundation I 12
Goldhar Family Foundation I 13
Gordon Charitable Foundation I 14
Hamilton Foundation I 15
Hyland Foundation I 16
Ivey Foundation I 17
Ivey Fund I 18
Jewish Foundation of Manitoba I 19
Kahanoff Foundation I 20
Laidlaw Foundation I 21
Lee Foundation I 22
Loewen Foundation I 23
Macdonald Stewart Foundation I 24
McConnell Foundation I 25
McKinnon Foundation I 26
McLean Foundation I 27
Molson Family Foundation I 28
Murphy Foundation I 29
Muttart Foundation I 30
Penner Family Foundation I 31
Rathgeb Foundation I 32
Reimer Family Foundation I 33
RHW Foundation I 34
Richardson Century Fund I 35
Richardson Foundation I 36
Tanenbaum Charitable Foundation I 37
Tanenbaum Charitable Foundation I 38
Tanenbaum Charitable Foundation I 39
Tanenbaun Charitable Foundation I 40
Weston Foundation I 41
Westwind Charitable Foundation I 42
Winnipeg Foundation I 43
Wolinsky Foundation I 44
Woodward's Foundation I 45

FARM CREDIT CORPORATION

PURPOSE	The program is designed to provide long-term mortgage credit to assist farmers and those wishing to become farmers to purchase, develop and maintain sound farm businesses.
ELIGIBILITY	Individual farmers, corporations or cooperative farm associations. Applicants must be of legal age with Canadian citizenship. Repayment ability and need for loan must be demonstrated.
TYPE OF ASSISTANCE	Loans available for: purchasing farm land; making permanent improvements; purchasing breeding stock and farm equipment; debt consolidation; any purpose that will facilitate efficient operation of the farm.
CONTACT	Regional Farm Credit Corporation Office 400-5 Donald Street Winnipeg, Manitoba R3L 2T4 Telephone: Winnipeg: 949-4039

FARMER'S AND SMALL BUSINESS BOND

PURPOSE	This program is designed to provide low interest loans to farmers and small companies by way of a tax exemption to financial institutions that make loans.
ELIGIBILITY	To qualify, an applicant for a loan must meet the normal commercial criteria of the bank or lending institution.
TYPE OF ASSISTANCE	Low interest loans to incorporated or unincorporated farmers and small businesses. FSBB loans are issued to farms unable to meet debt payments. Borrowing costs can be reduced by up to 50%. Loans must be for $10,000 minimum and $500,000 maximum.
CONTACT	Department of Regional Industrial Expansion 400-3 Lakeview Square 185 Carlton Street P.O. Box 981 Winnipeg, Manitoba R3C 2V2 Telephone: 949-4090

MANITOBA AGRICULTURAL CREDIT CORPORATION

PURPOSE This program is designed to assist farmers in obtaining adequate operating lines of credit. The M.A.C.C. is prepared to guarantee approved operating lines of credit extended by participating financial institutions.

ELIGIBILITY To be eligible a farmer will:

- have operating credit that does not exceed $125,000
- at time of loan approval, have equity in the farm operation of 20% or more
- be age 18 or over
- be involved in farming as principal occupation
- be a Canadian citizen residing in Manitoba
- have a potentially viable farming operation
- have the ability, experience and knowledge necessary to operate a farm.

TYPES OF ASSISTANCE Loans, loan guarantees, and equity financing are available to applicants.

CONTACT

Manitoba Agricultural Credit Corporation
1500 Notre Dame Avenue
Winnipeg, Manitoba R3E 0P9
Telephone: 786-3401

MANITOBA INDIAN AGRICULTURAL PROGRAM (MIAP)

PURPOSE This program is designed to encourage agricultural development as an economic activity on Indian reserves. MIAP is aimed primarily at Indian farmers who are presently in the farming business, including those who are marginally self supporting because of a lack of development assistance and training.

ELIGIBILITY Status Indians are eligible for program.

TYPE OF ASSISTANCE

a) On-farm extension and Advisory Assistance
b) Training
c) Farm loans
d) Farm development contribution
e) Other contributions

CONTACT

Bob Green
Manitoba Indian Agricultural Program
320-260 St Mary Avenue
Winnipeg, Manitoba R3C 0M6
Telephone: Winnipeg: 947-1647

Farm Advisors

Mr. Colin Williams
Mr. Doug Courchene
Box 189
Hodgson, Manitoba R0C 1N0
Telephone: 645-2324

Mr. Michael Dixon
Box 1051
Swan River, Manitoba R0C 1N0
Telephone: 734-3417

Mr. Harvey Nikkel
Mr. Gordon McLean
Box 247
Ashern, Manitoba R0C 0E0
Telephone: 768-2332

Mr. Arthur Boubarb
Mr. Stan Bear
320 260 St. Mary Avenue
Winnipeg, Manitoba R3C 0M6
Telephone: 947-1647

Mr. Larry Pascal
27 - 2nd Avenue S.W.
Dauphin, Manitoba R7N 1S4
Telephone: 638-9111, extension 241

Mr. Bill Talbot
Mr. John Sioux
Box 100
Shoal Lake, Manitoba R0J 1Z0
Telephone: 759-2741

NORTHERN HORTICULTURE PROGRAM

PURPOSE This program is designed to offer gardening services to interested individuals and community groups in Northern and remote Manitoba.

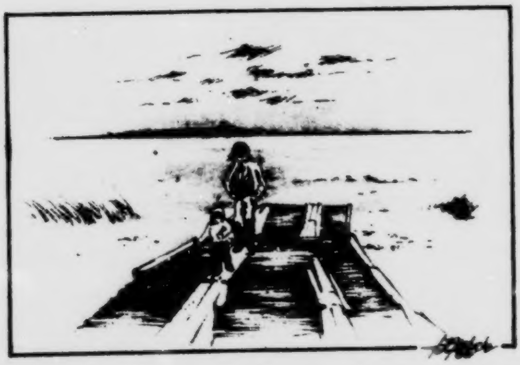
ELIGIBILITY Individuals or groups interested in horticultural projects in Northern and remote Manitoba.

TYPE OF ASSISTANCE

a) land breaking service
b) large tiller service
c) hand tillers
d) nutrition/health Advisors
e) youth gardening service
f) technical backup
g) horticultural information
h) workshops
i) garden demonstrations
j) commercial projects and demonstrators

CONTACT

Dinah Ceplis
Northern Horticulture Program
Soils and Crops Branch
Box 26, Provincial Building
59 Elizabeth Drive
Thompson, Manitoba R8N 1X4
Telephone: 778-4411
Collect Calls Accepted Within Manitoba



NORTHERN 4-H AND YOUTH PROGRAM

PURPOSE	This program is designed to provide educational activities and leadership training in the areas of agriculture home economics and life skills projects.
ELIGIBILITY	Rural youth, aged 9 to 19.
TYPE OF ASSISTANCE	° leadership training resources ° educational experiences ° project material ° staff support

CONTACT

Northern 4-H & Youth Section
Manitoba Agriculture
810 Norquay Building
401 York Street
Winnipeg, Manitoba R3C 0V8
Telephone: 945-4526

Oliva Flynn
4-H and Youth Specialist
Manitoba Agriculture
Provincial Building
Box 2550
The Pas, Manitoba R9A 1M4
Telephone: 623-6411

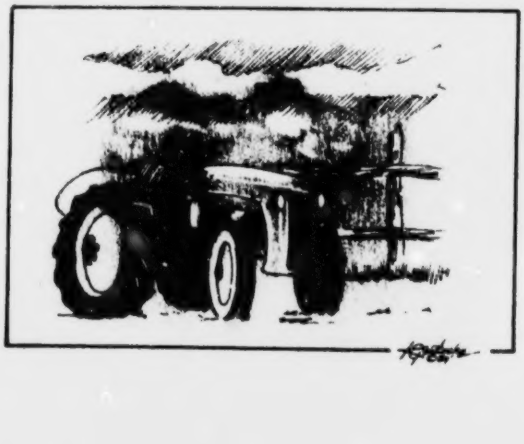
Anita Styba
4-H and Youth Specialist
Manitoba Agriculture
59 Elizabeth Road
Thompson, Manitoba R8N 1X4
Telephone: 778-4411

PRAIRIE FARM REHABILITATION ADMINISTRATION (PFRA)

PURPOSE	This program is directed at soil and water conservation, development problems and emerging opportunities in the Prairies.
ELIGIBILITY	Those associated with agriculture in Manitoba.
TYPE OF ASSISTANCE	Farmers and small rural communities in Manitoba receive assistance for the development of water supply and irrigation projects. Some larger agricultural trading centres receive assistance for water related facilities. Large water projects are planned and developed in association with the provinces. The Community Pasture Program centres on conserving land resources, providing supplementary grazing and breeding services to farmers, improving quality of beef cattle and stabilizing the beef cattle prices. A tree nursery provides seedings to farmers for field, roadside and farm shelterbelts.
CONTACT	Prairie Farm Rehabilitation Administration 507-386 Broadway Avenue Winnipeg, Manitoba R3C R36 Telephone: 949-2243

AGRICULTURAL CROWN LAND LEASING PROGRAM

PURPOSE	This program is designed to administer agricultural Crown lands, supervise and manage leases and encourage and support improvement in the productivity of crown lands suitable for agricultural purposes.
ELIGIBILITY	Farmers, particularly clients using or occupying Crown land.
TYPE OF ASSISTANCE	Financial assistance to leaseholders for authorized development of crown land.
CONTACT	Director Agricultural Crown Land Branch Room 600 1495 St. James Street Winnipeg, Manitoba R3H 0W9 Telephone: Winnipeg: 945-6758



COMMUNITY PASTURE PROGRAM

PURPOSE	The program is designed to provide off farm grazing and to encourage alternate uses of farm land and expansion of herds.
ELIGIBILITY	Manitoba Livestock Producers
TYPE OF ASSISTANCE	Pasture services at cost.
CONTACT	Jim Nugent, Supervisor Community Pasture Program Box 275 Brandon, Manitoba R7A 5Z2 Telephone: 727-0601
	Ron Moss, Supervisor Community Pasture Program 200 Federal Building Dauphin, Manitoba R7N 1C5 Telephone: 638-6108

NATIVE SOCIAL AND CULTURAL PROGRAM

PURPOSE	The Native Citizens Directorate is concerned with the social and cultural needs of native people and tries to ensure the preservation and development of native cultures in the context of Canadian Society.
ELIGIBILITY	Native volunteer or non-profit organizations.
TYPE OF ASSISTANCE	Project grants are available for activities that increase opportunities for social and cultural promotion and contact between aboriginal citizens and the rest of Society.
CONTACT	Ted Fontaine Native Citizens Directorate 201-303 Main Street Winnipeg, Manitoba R3C 3G7 Telephone: 949-4367

COMMUNITY CULTURAL COUNCILS GRANT

PURPOSE To provide operating and programming assistance to Community Cultural Councils who run programs of broad community interest or operate a permanent arts, cultural or museum facility.

ELIGIBILITY Non-profit Community Cultural Councils are located outside the City of Winnipeg who have municipal support and have provided programming in a variety of arts, cultural and heritage activities for a minimum of one year. The Community Cultural Councils must have a Constitution and By-laws, operate with a duly elected Board of Directors and have membership and programming open and accessible to the public.

TYPE OF ASSISTANCE Municipal contributions will be matched on a 50/50 basis, to a maximum of $1.00 (one dollar) per capita, or $20,000.00; whichever is the lesser, and according to availability of program funds.

CONTACT: Sandra Hardy
Program Manager
Manitoba Culture, Heritage and Recreation
177 Lombard Avenue
Winnipeg, Manitoba R3B 0W5
Telephone: 945-4579

CONSULTATIVE SERVICES

PURPOSE Regional Consultants travel into communities to provide information and assistance in areas such as planning, budgeting, financial management, leadership development and operation. Consultation is provided to community groups involved in culture, heritage, recreation, sport, and fitness activity.

ELIGIBILITY Consultation is available, ongoing at the request of the community.

CONTACT

Manitoba Culture, Heritage or Recreation
304-379 Broadway Avenue
Winnipeg, Manitoba R3C 3N4
Telephone: 945-4473

Manitoba Culture, Heritage & Recreation
59 Elizabeth Drive
Thompson, Manitoba R8N 1X4
Telephone: 778-4411

Manitoba Culture, Heritage & Recreation
Box 2550
The Pas, Manitoba R9A 1M4
Telephone: 623-6411 Extension 250

Manitoba Culture, Heritage & Recreation
27-2nd Avenue
Dauphin, Manitoba R7N 3E5
Telephone: 638-9111 Extension 275

EQUIPMENT GRANTS FOR REMOTE COMMUNITIES

PURPOSE To assist remote northern communities in providing recreational equipment to enable the development of recreational programs within the communities.

ELIGIBILITY Indian Reserves and Remote Communities within the boundaries and/or under the jurisdiction of the Department of Northern Affairs.

TYPE OF ASSISTANCE Remote communities are eligible for an annual grant of up to a maximum of $800.00 per community to be put toward the cost of purchasing recreation equipment for community programs.

CONTACT:

Manitoba Culture, Heritage & Recreation
304-379 Broadway Avenue
Winnipeg, Manitoba R3C 3N4
Telephone: 945-4473

Manitoba Culture, Heritage & Recreation
59 Elizabeth Drive
Thompson, Manitoba R8N 1X4
Telephone: 778-4411

Manitoba Culture, Heritage & Recreation
Box 2550
The Pas, Manitoba R9A 1M4
Telephone: 623-6411 Extension 250

Manitoba Culture, Heritage & Recreation
27-2nd Avenue
Dauphin, Manitoba R7N 3E5
Telephone: 638-9111 Extension 275

Manitoba Culture, Heritage & Recreation
Box 1519
Gimli, Manitoba R0C 1B0
Telephone: 642-5155

RECREATION DISTRICT GRANTS

PURPOSE

- In order to assist communities, municipal corporations and school divisions in developing and implementing recreation programs by hiring a full-time Recreation Director.
- To assist in the co-ordination of recreation volunteers in the various areas in the Province of Manitoba.

ELIGIBILITY Three or more municipal corporations and surrounding school divisions.

TYPE OF ASSISTANCE The annual grant to districts is based on the number of participating municipal corporations, population, population density, and total assessment. The formula is:

- A $2,000 basic grant
- A $1,000 grant for each participating municipal corporation
- A $1,000 grant for a district with a population of more than 10,000 people
- A $1,000 grant for a district with an average population density of less than 10 people per square mile
- A grant based on the total assessment of the district - $3,000 for an assessment of 0-10 million, $2,000 for an assessment of 10-20 million. $1,000 for an assessment of 20+ million.
- A $1,000 grant for an agreement with a school division(s).

CONTACT

Manitoba Culture, Heritage & Recreation
304-379 Broadway Avenue
Winnipeg, Manitoba R3C 3N4
Telephone: 945-4473

Manitoba Culture, Heritage & Recreation
27-2nd Avenue
Dauphin, Manitoba R7N 3X5
Telephone: 638-9111 Extension 275

CULTURE, HERITAGE & RECREATION
CAPITAL GRANTS PROGRAM

PURPOSE This program will assist Manitoba communities with renovations and improvements to culture, heritage and recreation facilities which will encourage better utilization; extend or protect the useful life and reduce operating expenditures.

ELIGIBILITY All municipal authorities such as villages, towns, cities, rural municipalities, LGD's Indian Reserves and community councils are eligible to apply. Eligible progjects include:

- better utilization
  - development of exhibition space
  - construction of a performing stage
  - upgrading electrical systems
  - installation of artifical ice
  - addition of dressing room in community hall
  - upgrading outdoor rinks, ball fields, band or community halls, etc.

- extend or protect the useful life
  - projects designed to meet fire or safety standards
  - installation of alarm/security systems, etc.

- reduce operating expenditures
  - energy conservation projects
  - addition pf a canteen, etc.

TYPE OF ASSISTANCE Grants will be awarded on a 50-50 cost shared basis except in remote communities, as defined by the Minister of Culture, Heritage and Recreation, where cost sharing will be 75-25 (community bearing the 25%), up to the following maximum amounts:

Population*	Maximum Grant	Remote
1-500	3,000	6,000
501-1,000	8,000	11,000
1001-5000	12,000	15,000
Over 5,000	20,000	

CONTACT

Manitoba Culture, Heritage & Recreation
Dorothy Davidson, Regional Manager
Sam Antila, Regional Consultant
59 Elizabeth Drive
Thompson, Manitoba R8N 1X4
Telephone 778-4411

Manitoba Culture, Heritage & Recreation
Dick Wiebel, Regional Consultant
Joyce Evans, Regional Consultant
3rd and Ross Avenue
Box 2550
The Pas, Manitoba R9A 1M4
Telephone: 623-6411

Manitoba Culture, Heritage & Recreation
Elmer Billows, Regional Manager
Garry Dixon, Regional Consultant
27-2nd Avenue S.W.
Dauphin, Manitoba R7N 3E5
Telephone: 638-9111

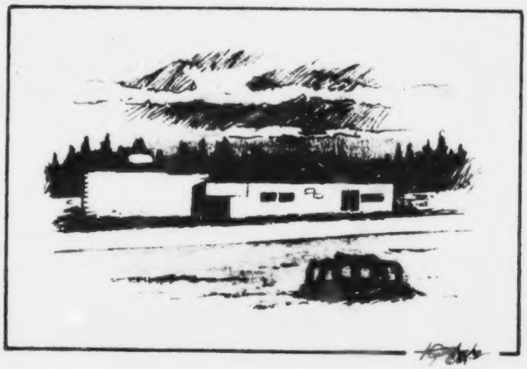
Manitoba Culture, Heritage & Recreation
Dave Cain, Regional Manager
Jocelyn Renooy, Regional Consultant
Box 1519
Gimli, Manitoba R0C 1B0
Telephone: 642-5155

Grants Administration Branch
177 Lombard Avenue
Winnipeg, Manitoba R3B 0W5
Telephone: 945-2213

TRAVELLING LIBRARIES

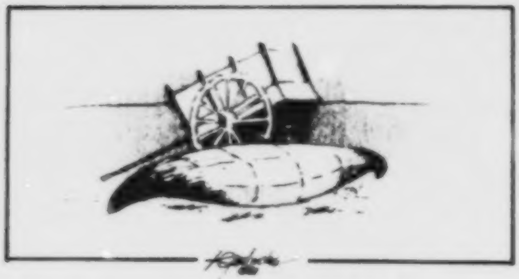
PURPOSE Public Library Services Branch loans blocks of books in English and French to communities where there are at least six interested individuals and where there is a volunteer custodian to be responsible for housing and circulation of the books. Freight charges both ways are paid by the Branch. Travelling libraries must be provided with public access; they may not be kept in a school and used only during school hours.

CONTACT Manitoba Culture, Heritage & Recreation
Public Library Services
Travelling Libraries
139 Hamelin Street
Winnipeg, Manitoba R3T 4H4
Telephone: 945-6452



BOOKS BY MAIL

PURPOSE	The Public Library Services Branch loans books in English and French to individuals in the Department of Northern Affairs Communities with the Province paying postage both ways.
ELIGIBILITY	Any individual residing in a Department of Northern Affairs community may apply.
CONTACT	Manitoba Culture, Heritage & Recreation Public Library Services Open Shelf 139 Hamelin Street Winnipeg, Manitoba R3T 4H4 Telephone: 945-6452



PUBLIC EVENTS SPONSORSHIP PROGRAM

PURPOSE

- To assist rural, northern, and remote community-based organizations to host a broad range of public cultural and heritage events and activities.
- To stimulate interest in and develop audiences for artists, performing companies, exhibitions, lectures and readings across the Province.

ELIGIBILITY

- Organizations resident in the City of Winnipeg are not eligible for assistance under the Public Events Sponsorship Program.
- Organizations interested in cooperative bookings should discuss plans with their regional office before submitting an application.
- The Canada Council and the Manitoba Arts Council offer assistance for Exhibitions and Public Readings which may result in programs offered to communities at a reduced cost.

TYPE OF ASSISTANCE

- The level of assistance will be determined by applying the program criteria on the basis of the availability of program funds and recognition of regional levels of development.
- Carry-over of funds may be considered for programming of future public events.

CONTACT

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Sam Antila, Regional Consultant
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Box 1519
Gimli, Manitoba R0C 1B0
Telephone: 642-5155

Grants Administration Branch
177 Lombard Avenue
Winnipeg, Manitoba R3B 0W5
Telephone: 945-2213

COORDINATION ASSISTANCE

PURPOSE

- To provide developmental assistance to Manitoba non-profit community-based organizations for cooperative planning activities which will encourage groups and communities to program on a coordinated basis.
- To encourage community groups to coordinate their planning and programming activities.
- To foster the development of regional perspectives and identities.
- To promote the formation of organizations which will serve a broad base of the population in areas presently without such service.

ELIGIBILITY

Three or more non-profit community-based arts, cultural or heritage organizations from different communities are eligible to apply jointly for assistance towards the cost of:

regional and inter-regional meetings;
regional and inter-regional conferences;
assistance for the coordination of special projects.

TYPE OF ASSISTANCE

- The level of assistance provided will be determined by applying the program criteria on the basis of the availability of program funds and recognition of regional levels of development.
- The maximum assistance provided cannot exceed 50% of the total eligible costs of a project or activity.

CONTACT

Manitoba Culture, Heritage & Recreation
Dorothy Davidson, Regional Manager
Sam Antila, Regional Consultant
59 Elizabeth Drive
Thompson, Manitoba R8N 1X4
Telephone: 778-4411

Manitoba Culture, Heritage & Recreation
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Telephone: 945-2213

SKILLS TRANSFER PROGRAM

PURPOSE

- To assist rural, northern, and remote community-based organizations for costs related to workshops, internships, residencies and instructor training. Funding will be considered for exceptional training projects within the province. Normally, ongoing classes should be funded through community effort.
- To promote the exchange of skills and expertise between individuals.
- To encourage the development of instructor and leadership skills at the local level.
- To encourage communities to identify and plan for their training needs.

TYPE OF ASSISTANCE

The level of assistance will be determined by applying the program criteria on the basis of the availability of program funds and recognition of regional levels of development.

- Local Resource Person: The level of assistance for events where a local resource person is available in the community will not exceed 50% of fees/honoraria to a maximum of $500.00.
- Outside Resource Person: The level of assistance for events where a resource person is not available in the community will not exceed 50% of fees/honoraria to a maximum of $500.00 plus transportation costs based on provincial government rates.

- Residencies/Internships: In the case of residencies and internships the candidates will be eligible to receive a per diem of $25.00 to a maximum of $500.00, plus transportation costs based on provincial government rates.

  Applications which entail an internship component at a heritage, cultural or other institution should include a brief description of the expertise being sought, where, and the duration of the course of study. This information should also be submitted to the institution where the skill transfer is to take place. An appropriate official of the institution or organization should indicate in writing that the internship can be undertaken as outlined by the applicant, and this letter should accompany the Skills Transfer application form to the appropriate regional office.

CONTACT

Manitoba Culture, Heritage & Recreation
Dorothy Davidson, Regional Manager
Sam Antila, Regional Consultant
59 Elizabeth Drive
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Telephone: 778-4411

Manitoba Culture, Heritage & Recreation
Dick Wiebel, Regional Consultant
Joyce Evans, Regional Consultant
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Telephone: 623-6411

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Telephone: 642-5155

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177 Lombard Avenue
Winnipeg, Manitoba R3B 0W5
Telephone: 945-2213

SKILLS DEVELOPMENT

PURPOSE To support clinics, workshops and courses which will enhance the skill level of participants in recreation, cultural, sport and fitness programs.

ELIGIBILITY Individuals in the community or course organizers may apply for this program

CRITERIA Volunteers are sent to skills development events to learn and to allow them to pass on their new knowledge as activity instructors.

CONTACT Manitoba Culture, Heritage & Recreation
Dorothy Davidson, Regional Manager
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DEMONSTRATIONS

PURPOSE To heighten awareness of the diverse program opportunities available to the public through the process of demonstrations.

ELIGIBILITY Interested groups in the community may apply for this program.

CONTACT

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Telephone: 642-5155

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177 Lombard Avenue
Winnipeg, Manitoba R3B 0W5
Telephone: 945-2213

LEADERSHIP TRAINING

PURPOSE To support events which will develop the leadership skill of individuals. To assist community and regional representatives to participate in leadership training.

TYPE OF ASSISTANCE This program may cover travelling costs, registration fees, etc. but is at the discretion of the Regional Consultant.

CONTACT

Manitoba Culture, Heritage & Recreation
Dorothy Davidson, Regional Manager
Sam Antila, Regional Consultant
59 Elizabeth Drive
Thompson, Manitoba R8N 1X4
Telephone: 778-4411

Manitoba Culture, Heritage & Recreation
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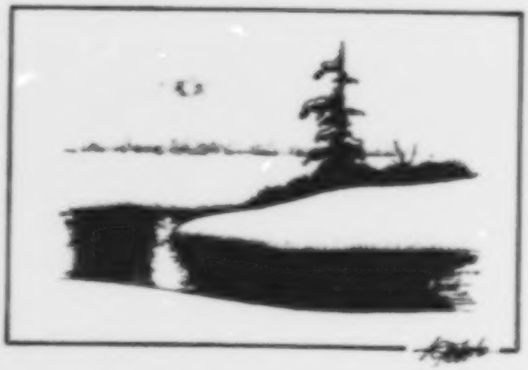
Grants Administration Branch
177 Lombard Avenue
Winnipeg, Manitoba R3B 0W5
Telephone: 945-2213

BUSINESS DEVELOPMENT CENTRE

PURPOSE	The Business Development Centre offers information on government programs, a service of self-help guides, reference-use materials and advice on planning and setting up a business.
ELIGIBILITY	The public is welcome to telephone or drop into the Centre. Literature can be mailed to individuals in business or those considering a new venture.
TYPE OF ASSISTANCE	Self-help guides, business reports, and business management handbooks are available upon request.
CONTACT	Business Development Centre 1329 Niakwa Road Winnipeg, Manitoba R2J 3T4 Telephone: 945-7738 Business Development Centre P.O. Box 601 Dauphin, Manitoba R7N 2V4 Telephone: 638-3602



BUSINESS INFORMATION CENTRE (BIC)

PURPOSE The BIC is the initial contact point within Department of Regional Industrial Expansion for business people seeking information about federal government programs and services.

ELIGIBILITY Anyone interested in business.

TYPE OF ASSISTANCE BIC can provide the following services.

- discuss with businesses their particular requests and arrange appointments with appropriate federal government officials
- give advice on business matters related to the operation of Department of Regional Industrial Expansion programs
- follow-up on requests to ascertain that business people have received proper attention and service
- develop and maintain an information bank on federal government activities affecting business
- have available for distribution copies of all departments' publications.

CONTACT Department of Regional Industrial Expansion
P.O. Box 981
400 -3 Lakeview Square
185 Carlton Street
Winnipeg, Manitoba R3C 2V2
Telephone: 949-4090

Department of Regional Industrial Expansion
Room 210, 74 Cree Road
Evergreen Place
Thompson, Manitoba R8N 0B8
Telephone: 778-4486

MANAGEMENT DEVELOPMENT AND TRAINING PROGRAM

PURPOSE	This program is designed to help the potential business person get started in his/her own business, and to help improve business management skills for the owner of an existing business.
ELIGIBILITY	This program will assist those who want to manage their business more profitably or develop a new business idea, and those who wish to improve management skills. Generally a nominal fee to cover costs will be charged for participation.
CONTACT	Department of Business Development & Tourism Winnipeg Business Development Centre 2nd Floor, 1329 Niakwa Road Winnipeg, Manitoba R2J 3T4 Telephone: 944-7620

COUNSELLING ASSISTANCE TO SMALL ENTERPRISES (CASE)

PURPOSE	CASE, a branch of the Federal Business Development Bank, provides counselling assistance in all areas of business management including bookkeeping, marketing, production and personnel.
ELIGIBILITY	Any type of business is eligible for CASE counselling services as long as it has no more than 75 employees. Being a borrower from FBDB is not a requirement and costs are moderate.
TYPE OF ASSISTANCE	This program provides financial analysis and planning, sales promotion, production scheduling, product pricing.
CONTACT	Gordon Smith Counselling Assistance to Small Enterprises Management Services Branch Federal Business Development Bank Room 101 - 386 Broadway Avenue Winnipeg, Manitoba R3C 3R6 Telephone: 949-7900

COUNSELLING ASSISTANCE TO SMALL BUSINESS

PURPOSE	The province of Manitoba will assist rural CASE clients within the province by providing a contribution to offset the counselling fee.
ELIGIBILITY	Any Manitoba business, individual or company involved in business may apply for assistance provided it does not have more than 75 full time employees and it has had prior discussion of its needs with the appropriate business advisors.
TYPE OF ASSISTANCE	The contribution by the province of Manitoba is restricted to 50 percent of the costs associated with assisting rural clients.
CONTACT	Federal Business Development Bank 605-386 Broadway Avenue Winnipeg, Manitoba R3C 3R6 Telephone: 949-7900 Department of Business Development & Tourism Winnipeg Enterprise Development Centre 2nd Floor, 1329 Niakwa Road Winnipeg, Manitoba R2J 3T4 Telephone: 945-7628

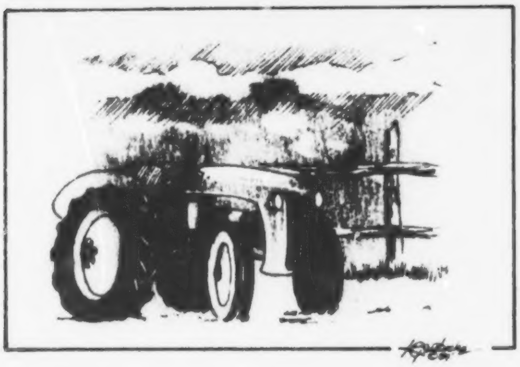
SMALL BUSINESS SECRETARIAT

PURPOSE This program is designed to provide general information and help with problem relating to government regulations, paperburden and red tape. This program is administered by Department of Regional Industrial Expansion.

ELIGIBILITY The Secretariat aims to assist small and medium sized businesses.

TYPE OF ASSISTANCE A telephone call from anywhere in Canada will get an advocate working on an individual's small business problem. The service promises to get back to the caller within five (5) days with either a solution or guidance respecting the individual's difficulty.

CONTACT
Small Business Secretariat
Department of Regional Industrial Expansion
235 Queen Street
Ottawa, Ontario K1A 0H5
CALL COLLECT
Telephone: 613-995-9197

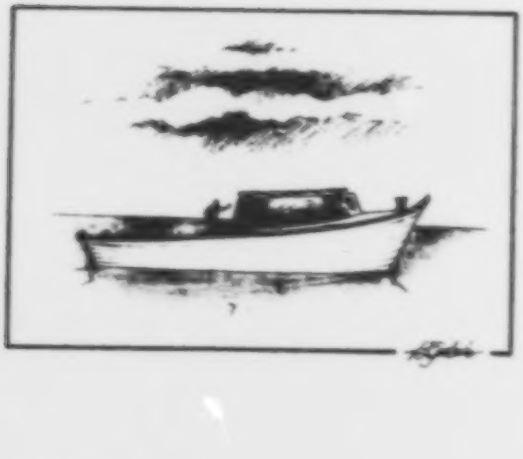


DEVELOPMENT SERVICES BRANCH

PURPOSE	This program provides a link between residents and northern community councils and sources of funding and other government departments which are involved in local economic development.
ELIGIBILITY	Residents, northern community councils and groups under the jurisdiction of the Northern Affairs Act.
TYPE OF ASSISTANCE	Assists in identifying sources of funding for community projects; development of ideas for local development and assists in completion of application forms.
CONTACT	Development Services Branch Department of Northern Affairs 920-405 Broadway Avenue Winnipeg, Manitoba R3C 3L6 Telephone: 945-2525

FEDERAL BUSINESS DEVELOPMENT BANK

PURPOSE	The Federal Business Development Bank is set up to promote and assist most types of businesses at either the start up stage or at some other stage of development. It pays particular attention to the needs of small and medium-sized businesses. F.B.D.B., a federal crown corporation, is a federally delivered program.
ELIGIBILITY	F.B.D.B. offers three principal services to the business community: financial services (loans, loan guarantees and financial planning) investment banking, and mangement services such as counselling training and information.
CONTACT	H.H. Dashevsky Federal Business Development Bank 386 Broadway Avenue Winnipeg, Manitoba R3C 3R6 Telephone: 949-7900 TOLL FREE: 1-800-361-2126



INDUSTRIAL AND REGIONAL DEVELOPMENT PROGRAM (IRDP)

PURPOSE IRDP is the core program of Department of Regional Industrial Expansion, designed to promote industrial and regional development in Canada. IRDP provides financial assistance to business and non-profit organizations.

ELIGIBILITY Individuals, partnerships, corporations and non-profit organizations are eligible to apply.

TYPE OF ASSISTANCE Financial assistance is provided through grants, contributions, repayable contributions, participation loans, and loan guarantees. Six types of eligible projects are assisted.

- Industrial Development Climate: economic development studies; infrastructure related to industry
- Innovation: consultant studies, development of new products or design
- Establishment: consultant studies; plant establishment
- Modernization/Expansion;

MARKETING Consultant studies; collection/dissemination of tourism information, special events etc.

RESTRUCTURING Consultant studies, repayable loans, loan guarantees.

CONTACT Department of Regional Industrial Expansion
P.O. Box 981
400-3 Lakeview Square
185 Carlton Street
Winnipeg, Manitoba R3C 2V2
Telephone: 949-4090

Department of Regional Industrial Expansion
Room 210, 74 Cree Road
Evergreen Place
Thompson, Manitoba R8N 0B8
Telephone: 778-4486

RESOURCE OPPORTUNITY DEVELOPMENT PROGRAM

PURPOSE This program provides federal financial assistance to stimulate and respond to locally developed economic development projects which create new income and employment opportunities, particularly those utilizing local and regional resources.

ELIGIBILITY Individuals, public or private corporations, service organizations, local or regional groups, local government or community based organizations are eligible to apply. Applicants must be within Northern Affairs geographic location.

CRITERIA Priority will be given to projects which:

a) lead to long-term economic development in rural, remote and native communities
b) improve northern economic networks and systems
c) improve income and employment opportunities
d) increase opportunities for seasonal employment

TYPE OF ASSISTANCE Assistance for various project activities will be based on project needs and applicant's ability to contribute toward project.

CONTACT

Northern Development Office
Department of Regional Economic Expansion
210-74 Caribou Road
Thompson, Manitoba R8N 0L3
Telephone: 677-9890 or 677-3781

SMALL BUSINESS LOANS ACT

PURPOSE This program is designed to make it easier for new or existing small businesses to obtain intermediate-term loans.

ELIGIBILITY Eligible small business enterprises include manufacturing, wholesale or retail trade, service businesses, construction, transportation, communications, and real estate.

TYPE OF ASSISTANCE The maximum amount a small business may have outstanding at any one time may not exceed $100,000. Loans may be used to finance up to 80% of the cost and installation of fixed or moveable equipment, and 90% of the cost to purchase or construction of new premises or purchase of land, renovation or improvement of existing premises.

CONTACT
Department of Regional Industrial Expansion
400-3 Lakeview Square
185 Carlton Street
P.O. Box 981
Winnipeg, Manitoba R3C 2V2
Telephone: 949-4090

SPECIAL INVESTMENT TAX CREDIT PROGRAM

PURPOSE This program is designed to promote industrial development in those parts of Canada most adversely affected by economic disparities.

ELIGIBILITY All manufacturing and processing activities as defined under Regional Development Incentives Act. The project can be a new facility, an expansion or a modernization. No maximum or minimun project size. Applicable depreciable assets include buildings, machinery, equipment and certain mobile assets.

TYPE OF ASSISTANCE

- Investment tax credit of 50 percent applicable to the eligible costs of assets.
- Tax credit must be used within five years after the year of acquisition of the asset.
- The credit is claimed on the tax return.

CONTACT

Department of Regional Industrial Expansion
P.O. Box 981
400-3 Lakeview Square
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Department of Regional Industrial Expansion
Room 210, 74 Cree Road
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Telephone: 778-4486

VENTURE CAPITAL COMPANY PROGRAM

PURPOSE In this program the Province participates jointly on a 35/65 percent basis with private investors in establishing small, independently owned and operated Venture Capital Companies. In turn, the Venture Capital Company will invest these funds in the equity of eligible small companies.

ELIGIBILITY Private investors must contribute $25,000 at the time the Venture Capital Company is registered and a minimum of $65,000 within one year. Eligible VCC investments include manufacturing and processing, tourism operations and facilities, and computer software, research and development and the film industry.

TYPE OF ASSISTANCE The province participates jointly on a 35/65 percent basis.

CONTACT
Ted Dupley
Venture Capital Program
Department of Business Development & Tourism
501-155 Carlton Street
Winnipeg, Manitoba R3C 3H8
Telephone: 945-2019

INDIAN ECONOMIC DEVELOPMENT FUND

PURPOSE This program provides a source of capital, financing and advisory services to Indian people for economic development both on and off reserves. Program delivered by Indian Affairs.

ELIGIBILITY Loans are available to Indian and non-Indian individuals groups or corporations operating businesses which contribute to the economic development of Indian people. Loans to non-Indians may only be approved by the Headquarters Loan Board in Ottawa.

CRITERIA

- Business must contribute to economic development of Indian people.
- Business projects must demonstrate a potential for commercial success
- Business projects must create employment for Indian people
- An equity contribution of 20% to total project costs is required

TYPE OF ASSISTANCE There are four principal features of this program: loans, contributions, guarantees, and management advisory services. The borrower pays interest at a rate based on the average commercial prime rate. Contribution funding is to help Indian people in the development of expansion of businesses, economic planning, support services, equity and start up starts. The Guarantee program is to facilitate Indian access to commercial financing by providing lenders with security not normally available to Indian people. The program offers many support services: staff training, technical services, counselling, accounting, and assistance in preparing business proposals.

In addition to financial assistance it provides a wide variety of advisory and support services such technical and managerial services, pre-loan counselling, staff training and accounting systems service.

CONTACT Archie Sharp
Department of Indian Affairs and Northern Development
1100-275 Portage Avenue
Winnipeg, Manitoba R3B 3A3
Telephone: 949-4237

SPECIAL ARDA (Arda 3B)

PURPOSE This program provides financial assistance to groups, individuals and communities to help people take advantage of economic opportunities and improve income and employment potential of Native people. Financial incentives available are intended to assist in the development of basic economic structures.

ELIGIBILITY Program is available to all Native communities groups and individuals.

CRITERIA

a) adequate information must be provided
b) majority of persons employed or engaged in project must be of Native ancesty
c) financial obligations of project can be met
d) management of project must be adequate
e) applicant must provide 10% equity of the capital costs of projects.

TYPE OF ASSISTANCE Financial assistance is in a form of grants.

1. Business or Economic Undertaking

    - assistance takes the form of a direct cash grant to the project for up to 50% of the required capital costs, up to 100% of the pre-operating and abnormal operating costs and up to 50% of the working capital. Maximum assistance may not exceed $30,000 per direct job created.

2. Related Infrastructure - grant assistance is available.

3. Training and Development - Training and development assistance is also available.

CONTACT Herb Schultz
Department of Regional Economic Expansion
P.O. Box 981
#3 Lakeview Square
400-185 Carlton Street
Winnipeg, Manitoba R3C 2V2
Telephone: 949-2240

OR

Department Regional Economic Expansion
Room 210, 74 Caribou Road
Evergreen Place
Thompson, Manitoba R8N 0L3
Telephone: 778-5995

NATIVE ECONOMIC DEVELOPMENT PROGRAM

PURPOSE This program provides financial assistance for the establishment of Native businesses and economic development programs towards increased self-reliance of Canada's Native people. This is a federal program delivered by a Native Economic Development Program Advisory Board and DRIE.

ELIGIBILITY Native people of Canada, Métis, Indian and Inuit are eligible to apply for this program.

CRITERIA N.E.D.P. provides four different types of Native economic development which are: aboriginal economic and financial institutions; community based economic development; special projects and co-ordination. Criteria for selection are:

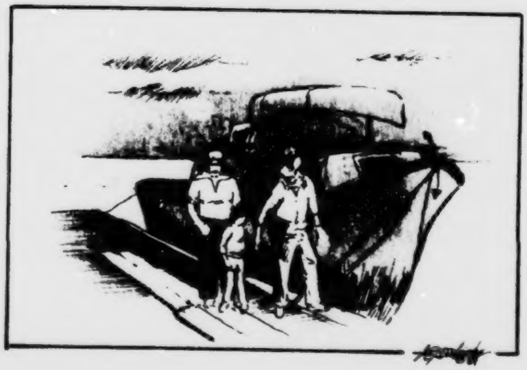
- applicants must increase the self sufficiency of native people
- applicants must demonstrate the potential to be commercially successful
- projects must be Native owned
- projects must enhance the economic opportunities and potential in Native communities
- applicants must be a legal entity
- applicants must demonstrate need for market
- projects have community support
- provide a business plan
- projects must employ Native people

TYPE OF ASSISTANCE The nature of assistance is financial in the form of contribution agreement.

CONTACT Bob Ward
Native Economic Development Program
Suite 1103 - 330 Portage Avenue
Winnipeg, Manitoba R3C 0C4
Telephone: 949-7316

COMMUNITIES ECONOMIC DEVELOPMENT FUND (C.E.D.F.)

PURPOSE	This program is designed to provide financial assistance to start or expand small to medium sized business companies in Manitoba. C.E.D.F. is a provincial crown corporation.
ELIGIBILITY	Individuals and community groups in remote and isolated communities are eligible to apply. All types of small businesses ranging from manufacturing to service industries are eligible for assistance.
CRITERIA	The applicant must fulfill the following conditions: a) there must be assurance of repayment b) there must be evidence of the ability to operate business successfully c) the applicant cannot obtain sufficient monies from other sources on reasonable terms d) the applicant provides equity to the business financed.
TYPE OF ASSISTNACE	Financial assistance provided is in the form of loans, loan guarantees, and grants.
CONTACT	Hugh Jones Communities Economic Development Fund 600-428 Portage Avenue Winnipeg, Manitoba R3C 0E4 Telephone: 949-1844



COMMUNITY/REGIONAL ECONOMIC DEVELOPMENT PLANNING PROGRAM

PURPOSE	This program provides financial assistance to help local and regional groups/organizations identify and develop new employment opportunities. Under this program northern residents can receive funding to develop proposals which lead to increased economic development.
ELIGIBILITY	Any individuals, public or private corporations, service organizations, local or regional groups, local governments or community based organizations are eligible to apply. Applicants must be within Northern Affairs geographic location.
CRITERIA	Any project of an economic nature that can lead to or enhance economic activity, provide a cost savings to northern development, develop local business skills, or strengthen northern Native community economic activity may be considered.
TYPE OF ASSISTANCE	Financial assistance for approved project activities will be for actual expenses incurred only and for work undertaken directly for the project. The program may pay up to a maximum of 100% for activities contracted for by the project.
CONTACT	Northern Development Office Department of Regional Economic Expansion 210-74 Caribou Road Thompson, Manitoba R8N 0L3 Telephone: 677-9890 or 677-3781

COMMUNITY SERVICES FOR NORTHERN PROVINCIAL COMMUNITIES

PURPOSE Under this program basic community services for communities under the jurisdiction of the Manitoba Department of Northern Affairs may be provided, including: community roads, safe water supply, water management, fire prevention and protection and public works facilities.

ELIGIBILITY Communities under the jurisdiction of Manitoba Department of Northern Affairs.

CONTACT Local Goverment Development
Department of Northern Affairs
59 Elizabeth Road
Winnipeg, Manitoba R8X 1X4
Telephone: 778-4411

SPECIAL ARDA TRAPPING ASSISTANCE PROGRAM

PURPOSE	The Special Arda Trapping program is a Primary Producing Activity Program. This program provides financial assistance to trappers to improve economic and social well-being by increasing the capacity to harvest renewable resources, specifically the trapping of fur animals.
ELIGIBILITY	Program is available to individuals and groups in rural and remote Manitoba, particularly to those of Native origin.
CRITERIA	Under review
CONTACT	Percy Williams Special Arda Progam 920 - 405 Broadway Avenue Winnipeg, Manitoba R3C 3L6 Telephone: 945-2535 TOLL FREE 1-800-282-8069

SPECIAL ARDA PRIMARY PRODUCING ACTIVITY PROGRAM

PURPOSE	This program provides financial assistance to trappers and fishermen to improve economic and social well-being.
ELIGIBILITY	Program is available to individuals and groups in rural and remote Manitoba, particularly to those of Native origin.
CRITERIA	Under review
TYPE OF ASSISTANCE	° Grant asssistance is available to fishermen groups or associations for such equipment as boats, motors, nets and major motor and snowmobile repairs as well. ° Grant assistance is available to community primary agriculture groups for improvement on common use land like community pastures and community gardens. Assistance may include roto-tillers, first time seed and fertilizer costs. ° Grant assistance is available to fishermen groups for the renovations or replacement of fishing holding stations and fish packing/sorting stations.
CONTACT	Percy Williams Department of Northern Affairs 920-405 Broadway Avenue Winnipeg, Manitoba R3C 3L6 Telephone: 945-2535 TOLL FREE: 1-800-282-8069

FISHERMEN'S LOANS PROGRAM

PURPOSE This program is designed to provide credit to licensed commercial fishermen in Manitoba; to provide assistance to fishermen in establishing, developing and operating economic fishing businesses; and to assist young fishermen in becoming successfully established in the fishing industry. This is a provincial crown corporation program delivered by the Manitoba Agricultural Credit Corporation.

ELIGIBILITY applicant must be:

- a resident of Manitoba
- a licensed commercial fisherman
- actively engaged in freshwater fishing
- 18 years of age or over

TYPE OF ASSISTANCE Financial assistance is provided in a form of a loan which is available through the Manitoba Agricultural Credit Corporation. No loans will be made available for an amount less than $400. A maximum of $14,000 is allowed for individual fishermen who fish either during open water or winter season; a maximum of $42,000 or $14,000 per individual for a group of fishermen or fishermen in partnership; a maximum of $24,000 for a fisherman who fishes during both the open water and winter seasons; a maximum of $72,000 or $24,000 per member, whichever is lessor for: fishermen in partnership, groups of related fishermen operating together who fish during open water and winter seasons.

CONTACT

Oli P. Josephson Director
Fishermen's Loans Section
Manitoba Agricultural Credit Corporation
1500 Notre Dame Avenue
Winnipeg, Manitoba R3E 0P9
Telephone: 786-3401

P. Marchenski
Fishermen's Loans
P.O. Box 357 - Otineka Mall
The Pas, Manitoba R9A 1K5
Telephone: 623-5850

FISHING VESSEL ASSISTANCE PLAN

PURPOSE This program is designed to improve the fishing fleet, increase fishermen's incomes, provide stability in the boat building industry and improve the quality of the landed product. This program is delivered by federal Department of Fisheries and Oceans.

ELIGIBILITY Program is available to all Manitoba fishermen, a fish company or corporation for construction of new fishing vessels and/or the conversion modification of existing vessels or fleets.

CRITERIA The vessel must be:

- replacing an older vessel of similar length and of a minimum age
- a minimum of 16' in length
- built and registered in Canada; and
- used and equipped for commercial fishing or processing fish.

TYPE OF ASSISTANCE Financial assistance is available for the construction or purchase of new fishing vessels; conversion or modification of an existing vessel to bring it into compliance with Schedule III of the Fishing Inspection Regulation.

CONTACT

Department of Fisheries and Oceans
Freshwater Institute
501 University Crescent
Winnipeg, Manitoba R3T 2N6

Department of Fisheries and Oceans
Box 160
103 Selkirk Avenue
Thompson, Manitoba R8N 0M5
Telephone: 778-5470

Department of Fisheries and Oceans
Room 112 - 153 Lombard Avenue
Winnipeg, Manitoba R3B 0T4
Telephone: 949-4060

FISHING VESSEL INSURANCE PLAN

PURPOSE This program is designed to make available insurance coverage to all commercial vessels at the lowest possible rate. This program is delivered by federal Department of Fisheries and Oceans.

ELIGIBILITY Available to all commercial fishing vessels.

CRITERIA The vessel must be used in commercial fishery and have a minimal value of $500.

TYPE OF ASSISTANCE It was designed to provide coverage against all recognized perils of the sea; to educate fishermen on safety, vessel maintenance, vessel repair and construction; and to encourage fishermen to insure their vessels.

CONTACT

Department of Fisheries and Oceans
Freshwater Institute
501 University Crescent
Winnipeg, Manitoba R3T 2N6

Department of Fisheries and Oceans
Box 160
103 Selkirk Avenue
Thompson, Manitoba R8N 0M5
Telephone: 778-5470

Department of Fisheries and Oceans
Room 112 - 153 Lombard Avenue
Winnipeg, Manitoba R3B 0T4
Telephone: 949-4060

NATIVE EDUCATION BRANCH

PURPOSE The Native Education Branch is responsible for addressing Indian and Metis educational needs and to provide assistance to non-Native students to learn more about native people and culture.

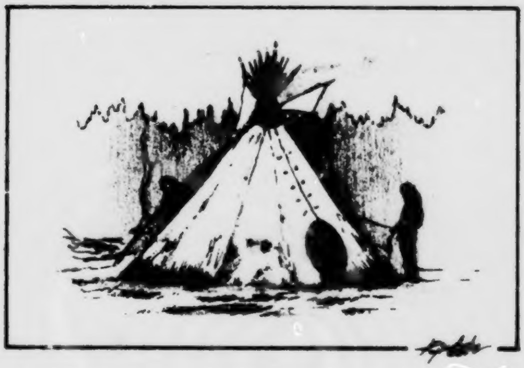
ELIGIBILITY Services are provided to schools, divisions/ districts, government departments and agencies, and Native organizations.

TYPE OF ASSISTANCE The Branch services six separate program areas:

- Native languages
- Native awareness
- Early childhood
- English language development
- Career and guidance
- Native Studies/Social Studies

CONTACT

Flora Zaharia, Director
Native Education Branch
408-1181 Portage Avenue
Winnipeg, Manitoba R3G 0T3
Telephone: 945-7883
TOLL FREE: 1-800-262-8848



INDEPENDENT STUDY PROGRAMS IN MANITOBA

PURPOSE The Manitoba Department of Education, through the Correspondence School, provides courses for students attending school and for adults who have left school.

TYPES OF PROGRAMS

- School Programs, Grade I to XII
  Students attending school require permission from their school principal to enroll in a correspondence course. Persons no longer in school may enroll for courses to complete graduation requirements.

- Continuing Education Programs. The Continuing Education Program has four basic types of courses:

  1) High School Courses. Adults may take any of our high school courses for credit or non-credit.

  2) Adult Basic Education Courses. Adults who have little or no high school training or who have been out of school for some time, often need preparatory work before they attempt high school correspondence courses. Upon completion of the Adult Basic Education Courses, students can complete Grade XII programs.

  3) Special Interest Courses. Correspondence School offers several non-credit Special Interest Courses designed for pleasurable study.

  4) High School Equivalency (G.E.D.). Correspondence School offers two non-credit courses to assist students to study for the High School Equivalency (G.E.D.) tests in Mathematics and Social Studies.

FEES Adults are required to pay course fees and purchase prices for textbooks and supplies, except for those in very special circumstances.

CONTRACT
Correspondence School
Department of Education
528 St. James Street
Winnipeg, Manitoba R3G 3J4
Telephone: 945-7612
Or Toll Free: 1-800-782-0317

POST-SECONDARY STUDENT AID PROGRAM

PURPOSE The Manitoba Student Aid Program offers financial assistance to supplement the resources of the student and family.

ELIGIBILITY Students must be Canadian, resident in Manitoba, attending an approved post-secondary institution full-time, and must demonstrate need. Native students may apply.

TYPE OF ASSISTANCE

1) Native Awards (Prince of Wales/Princess Anne) Bursaries are available to Native students who require financial assistance to attend a Manitoba post-secondary institution. Awards of $200.00 are available annually; however, additional assistance may be awarded if exceptional circumstances exist. To apply for this award, students must state their Native ancestry on application.

2) Manitoba Government Bursaries do not have to be repaid. Students who wish to be considered for a bursary must complete an application form available from the institution they attend after they receive their Canada Student Loan Notification. Bursaries and loan rebates are available to Metis and Non-Status Indian students. Loan Rebate is that portion of the student's loan which is repaid by the government on behalf of the student once he begins to repay his loan.

3) Manitoba Government Loans/Grants may be available to students whose needs exceed maximum bursary and loan amounts. These loans are available to Native students.

4) Canada Student Loans are interest-free while you are a full-time student and six months afterwards. Interest and payments begin after a six month period. Metis and Indian students are eligible for application.

5) Canada Student Loan, Part-time Program interest bearing loan assistance is available to part-time students. Native students may also apply.

CONTACT
Student Aid Branch
Box 6, 693 Taylor Avenue
Winnipeg, Manitoba R3M 3T9
Telephone: 945-6321
TOLL FREE: 1-800-782-0316

STUDENT SOCIAL ALLOWANCE

PURPOSE	This program is designed to provide a social allowance supplement to adult students in need who are enrolled in an academic or technical-vocational school.
ELIGIBILITY	Persons of low income such as those on Mother's Allowance, disabled persons, or adult high school students 18 years and over with low family income are eligible to apply.
TYPE OF ASSISTANCE	Assistance acts as a supplement to whatever income or resources a student presently receives.
CONTACT	Student Social Allowance Office Box 6, 693 Taylor Avenue Winnipeg, Manitoba R3M 3T9 Telephone: 945-6100 TOLL FREE: 1-800-782-0316 Outside of Winnipeg, contact your nearest community services office listed in the directory.

KATIMAVIK

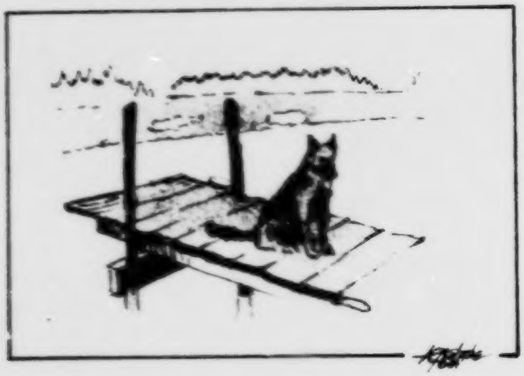
PURPOSE Katimavik is a national youth service funded by the federal government to serve Canadian communities, to help in the personal development of its participants, to encourage environmental awareness and to provide opportunities for a greater understanding of the country.

ELIGIBILITY Single Canadian youth between ages 17 and 21 are eligible to apply for this program.

TYPE OF ASSISTANCE

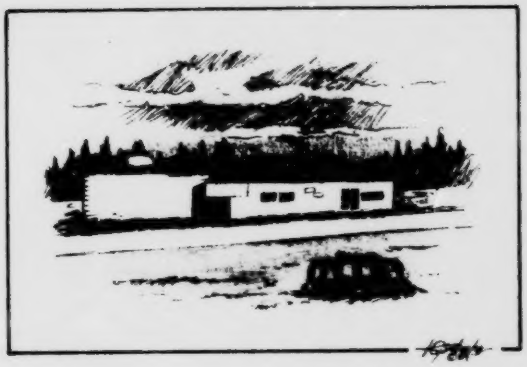
- Katimavik volunteers receive food, lodging, transportation and an allowance of one dollar per day. They also receive an honorarium of $1,000 upon completion of the program.
- The program runs for nine months. Projects are developed in cooperation with local communities and might involve such activities as environmental clean-up, trail cutting, improvement of recreational facilities, helping the elderly and handicapped, and working with children and youth in day care or recreation centre.

CONTACT Department of Communication
Katimavik
2270 Pierre Dupuy Avenue
Cité du Harve, Montreal
Quebec, H3C 3R4



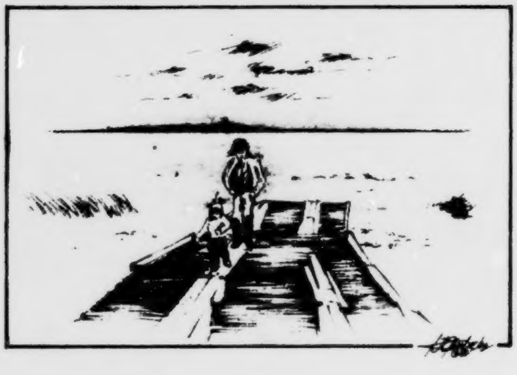
HIGH SCHOOL BURSARIES

PURPOSE	High School Bursaries provide financial assistance to full-time students in Grades 9 to 12. These awards are intended to encourage students to complete their studies and to help them meet incidental costs associated with high school attendance.
ELIGIBILITY	Students must be Canadian, residents of Manitoba, full time students and must demonstrate a financial need.
TYPE OF ASSISTANCE	Financial assistance is provided.
CONTACT	Student Aid Branch Box 6, 693 Taylor Avenue Winnipeg, Manitoba R3M 3T9 Telephone: 945-6328 TOLL FREE: 1-800-782-0316



HIGH SCHOOL BURSARIES FOR NATIVE STUDENTS

PURPOSE	High School Bursaries provide financial assistance to full-time public school students in Grades 9 - 12.
ELIGIBILITY	Students must be resident in Manitoba, full-time, and must demonstrate financial need. Native students must state their Native ancestry on the application.
TYPE OF ASSISTANCE	Metis and Non-Status Indians who apply for high school bursary may receive an additional $100.00 Native bursary.
CONTACT	Student Aid Branch Box 6, 693 Taylor Avenue Winnipeg, Manitoba R3M 3T9 Telephone: 945-6328 TOLL FREE: 1-800-782-0316



NORTHERN NURSING EDUCATION PROGRAM

PURPOSE	This program is designed to train students to become registerd nurses. The program is located in Thompson.
ELIGIBILITY	Enrolment is limited and priority is given to Native people resident in northern Manitoba. Preference is also given to those with limited financial resources and residents of remote locations.
TYPE OF ASSISTANCE	Students in program are helped with special counselling and tutoring services. There is also a two week orientation program and special courses designed to supplement the basic knowledge of students. Financial support can be arranged to meet basic living expenses of students and their families as well as moving, tuition, and book expenses.
CONTACT	Fjola Thickfoot, Director Northern Nursing Education Program 23 Nickel Road Thompson, Manitoba R8N 0Y4 Telephone: 778-7058

NORTHERN BACHELOR OF SOCIAL WORK PROGRAM

PURPOSE	This University of Manitoba program is designed to provide students with a Bachelor of Social Work degree. This is a four year program located in Thompson.
ELIGIBILITY	Enrolment is limited and priority is given to northern residents and in particular those of Native ancestry. Applicants must show a potential for university studies and undertake an intensive selection process.
TYPE OF ASSISTANCE	Students in the program are helped with special counselling and tutoring. Financial support can be arranged to meet the basic living expenses of students and their families, as well as moving, tuition and book costs.
CONTACT	Ann Chartier Northern Bachelor of Social Work Program 3 Station Road Thompson, Manitoba R3N 0N3 Telephone: 778-7385

UNIVERSITY OF MANITOBA ACCESS PROGRAM

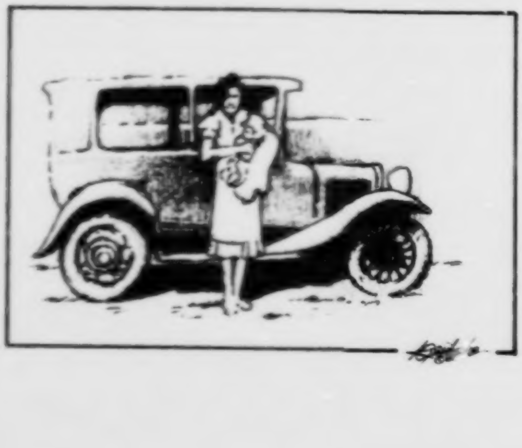
PURPOSE	ACCESS is designed to provide university training to students interested in a professional career.
ELIGIBILITY	Priority will be given to northern residents, low income earners, those who lack oportunities for further training and in particular persons of Native ancestry.
TYPE OF ASSISTANCE	Students in the program are helped with special counselling and tutoring services. Financial support can be arranged to meet basic living expenses of students and their families as well as moving, tuition and book costs.
CONTACT	Deo Poonwassie, Director 503 University Centre University of Manitoba Winnipeg, Manitoba R3T 2N2 Telephone: 261-5760

SPECIAL PRE-MEDICAL STUDIES PROGRAM

PURPOSE	This program, located at University of Manitoba, is designed to prepare students intending to pursue a career in medicine, dentistry or pharmacy.
ELIGIBILITY	Enrollment is limited to Native people who are 21 years of age or older, or who do not have a science background. Applicants must also demonstrate a commitment to a study program lasting several years.
TYPE OF ASSISTANCE	Financial support can be arranged to meet basic living expenses of students and their families as well as moving, tuition and book costs.
CONTACT	Deo Poonwassie, Director 503 University Centre University of Manitoba Winnipeg, Manitoba R3T 2N2 Telephone: 261-5760

NATIVE MEDICAL PROGRAM

PURPOSE	This program is designed to provide university training to students who are successful in the Special Pre-Medical Program. It is designed for students pursuing a career in medicine.
ELIGIBILITY	Native students who have successfully completed the Special Pre-Medical Program.
TYPE OF ASSISTANCE	Support services include academic, personal social and financial assistance.
CONTACT	Deo Poonwassie, Director 503 University Centre University of Manitoba Winnipeg, Manitoba R3T 2N2 Telephone: 261-5760



PROJECT FOR THE EDUCATION OF NATIVE TEACHERS (PENT)

PURPOSE	PENT, located at Brandon University, is a teacher training program for native teacher aides.
ELIGIBILITY	Program is available to Metis and Indian teacher aides. Sponsorship is required.
CONTACT	Gordon Reimer, Director PENT Faculty of Education Brandon University Brandon, Manitoba R7A 6A9 Telephone: 728-9520 Extension 663

BRANDON UNIVERSITY NORTHERN TEACHER EDUCATION PROGRAM (BUNTEP)

PURPOSE	BUNTEP is designed to provide teacher education off campus in northern communities.
ELIGIBILITY	This program is available to the northern communities with special emphasis on Native people. Need is the main criteria of the program.
TYPE OF ASSISTANCE	Students in the program are helped with special counselling and tutoring services. Financial support can be arranged to meet basic living expenses of students and their families as well as moving, tuition and book costs.
CONTACT	Garry Nicol, Director Brandon University Brandon, Manitoba RTA 6A9 Telephone: 727-7315

INTER-UNIVERSITIES NORTH AT FRONTIER COLLEGIATE, CRANBERRY PORTAGE

PURPOSE The objective of providing a university program at Cranberry Collegiate is to provide northern students with an opportunity to experience university studies and to become acquainted with a university program before being exposed to a larger university setting.

ELIGIBILITY This program will be developed by Inter-Universities North. Students will be required to make application for entrance to first studies in English, Geography, Native Studies, Psychology and Sociology to Inter-Universities North.

The cost for meals and accommodation at Frontier Collegiate will be $250.00 per month.

CONTACT Inter-Universities North
Provincial Building
Box 23, 59 Elizabeth Drive
Thompson, Manitoba
Telephone: 778-4411 - Extension 380
TOLL FREE - 1-800-442-0462

Chet Tesarowski
Director, Adult and Continuing Education
Frontier School Division No. 48
1402 Notre Dame
Winnipeg, Manitoba R3E 3G5
Telephone: 775-9741

Dan Reagan
Area IV Superintendant
Frontier School Division No. 48
Cranberry Portage, Manitoba R0B 0H0
Telephone: 472-3431

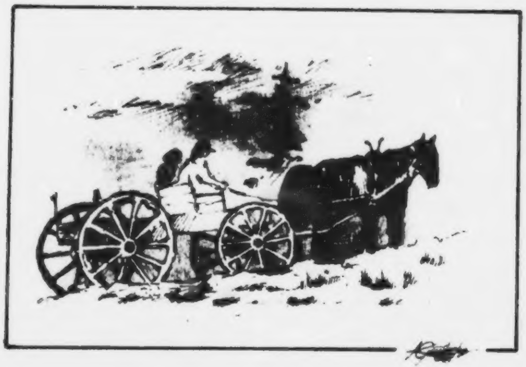
INTER-UNIVERSITIES NORTH (I.U.N.)

PURPOSE	I.U.N. is a cooperative program of the three Manitoba Universities -- Brandon University, University of Winnipeg, and University of Manitoba. Its mandate is to provide university credit courses north of the 53rd parallel.
ELIGIBILITY	Regular university entrance or mature student entrance requirements must be met.
TYPE OF ASSISTANCE	Sponsorship is required. Student support services such as study skills and academic counselling are available.
CONTACT	Inter-Universities North Provincial Building Box 23, 59 Elizabeth Drive Thompson, Manitoba Telephone: 778-4411 Extension 380 TOLL FREE: 1-800-442-0462

NATIVE LAW PROGRAM

PURPOSE The purpose of this program is to provide grants and scholarships to Metis and Non-Status Indian students for law school or special pre-law orientation courses.

CONTACT
Eddie Gardner, Chief of Native Programs
Native Law Program
Department of Justice Canada
Justice Building
239 Wellington Street
Ottawa, Ontario K1A 0H8
Telephone: (613) 996-9649



NATIVE STUDIES DEPARTMENT (University of Manitoba)

PURPOSE The Department of Native Studies offers Native and non-Native students an opportunity to examine the history and cultures of Indian, Inuit and Metis peoples. Courses in Native Studies examine the contemporary and history situation of Native peoples.

CONTACT Paul Chartrand
Native Studies Department
Room 532 B, Fletcher Argue Building
Winnipeg, Manitoba R3T 2N2
Telephone: 474:9266

WOMEN IN NON-TRADITIONAL OCCUPATIONS

PURPOSE	This federal program is designed to assist women to train in occupations traditionally dominated by men and to assist employers in meeting future labour market demands for trade skills.
ELIGIBILITY	Women employees are the target population. Employers from the public and private sector are eligible to apply for this program.
TYPE OF ASSISTANCE	The National Industrial Training Program includes this special program which provides 75% reimbursement of wages, plus to 100% of direct training costs to employers who train women in non-traditional occupations.

CONTACT

Harry Playle, Manager
Industrial Training Program
Canada Employment & Immigration Commission
Room 710, Eaton Place
330 Graham Avenue
Winnipeg, Manitoba R3C 4B9
Telephone: 949-6381

your local Canada Employment Centre listed in back of manual

WOMEN IN TRADES TRAINING PROGRAM (WITT)

PURPOSE The W.I.T.T. program was developed to increase the number of women in trades, primarily those leading to apprenticeship; to help overcome employer reluctance to train women in non-traditional occupations; and to promote the training of women in trades with high labour market demand and skill shortages.

ELIGIBILITY A prospective female trainee must:

- demonstrate a desire and commitment to develop a career in a non-traditional occupation;
- determine the trade or occupation in which she wants to be employed;
- be at least 16 years of age;
- have a job lined up before she is eligible which offers on-the-job training.

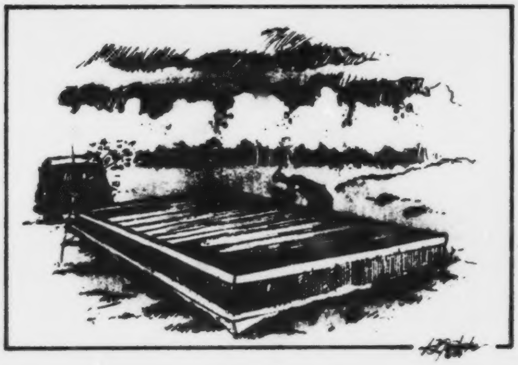
TYPE OF ASSISTANCE Eligible employers must:

- be involved in non-traditional occupations;
- provide up to a maximum of 52 weeks of on-the-job training;
- be willing to hire the trainee after the training period based on satisfactory performance and the availability of work so that the trainee can achieve full proficiency or journeyman status;
- the normal starting wage is negotiated between the employer and trainee;
- the program will reimburse the employer for 100% of the wages paid during the first half and 50% of wages paid during the last half of on-the-job training;
- a grant of $100.00 is available to the trainee to buy necessary hand tools or work clothing.

CONTACT Manitoba Labor Apprenticeship and Training Branch
Room 816 - 401 York Avenue
Winnipeg, Manitoba R3C 0P8
Telephone: 945-4647

ACCESS - RED RIVER COMMUNITY COLLEGE PROGRAM

PURPOSE	ACCESS is located on campus at Red River Community College in Winnipeg and it provides training in a wide variety of fields such as secretarial science, business administration, industrial arts, teacher training and business teacher education.
ELIGIBILITY	Need is the basic criterion of the program, and priority is given to northern residents and in particular Native people.
TYPE OF ASSISTANCE	Students in the program are helped with special counselling and tutoring services. Financial support can be arranged to meet basic living expenses of students and their families as well as moving, tuition and book costs.
CONTACT	Wayne Bemister, Director Building F, Room 210 Red River Community College 2055 Notre Dame Winnipeg, Manitoba R3H 0J9 Telephone: 633-5930



NEW CAREERS PROGRAM

PURPOSE New Careers is an adult career training program that provides opportunities for people to receive on-the-job and classroom training in a wide variety of human service fields, management and technical services.

ELIGIBILITY Persons eligible are those who experience difficulties in securing regular full-time employment. Priority is given to northern residents and in particular Native people.

TYPE OF ASSISTANCE A training salary is offered during the training period and living expenses while on course away from home will be paid by New Careers.

CONTACT

Orval Refvik, Director
Department of Labour & Economic Security
5th Floor - 213 Notre Dame Avenue
Winnipeg, Manitoba R3B 1N3
Telephone: Winnipeg: 945-2823 or 945-4732
TOLL FREE:
1-800-282-8069 extension 2823 or 4732

New Careers
Department of Employment & Economic Security
59 Elizabeth Drive
Thompson, Manitoba R8N 1X4
Telephone: 778-4411

New Careers
Northern Employment Resource Program
P.O. Box 2850
The Pas, Manitoba R9A 1M6
Telephone: 623-6444

Northern Employment Resource Program
P.O. Box 267
Flin Flon, Manitoba R8A 1M9
Telephone: 687-4014

NATIONAL INSTITUTIONAL TRAINING PROGRAM (NITP)

PURPOSE The federal government through the N.I.T.P. program purchases seats from community colleges and private trade schools for skill development, upgrading, classroom and on-the-job training.

ELIGIBILITY Unemployed and marginally employed youth and adults seeking training or retraining, all clients who have been out of school for one year or more. In certain cases, the one-year-out-of-school rule may be waived.

TYPE OF ASSISTANCE An employer can be reimbursed for 75% of the trainee's wages -- up to $250.00 per week during training and up to 100% of training costs.

CONTACT

R. G. James, Manager
National Institutional Training Program
Room 710, Eaton Place
330 Graham Avenue
Winnipeg, Manitoba R3C 4B9
Telephone: 949-3751

your local Canada Employment Centre listed in back of manual

GENERAL INDUSTRIAL TRAINING PROGRAM (G.I.T.)

PURPOSE Through this program the federal government provides financial assistance to help people take advantage of training to improve employment prospects. G.I.T. is an on-the-job training program.

ELIGIBILITY The following may be eligible:

- an unemployed worker;
- a female worker wishing to be trained in a non-traditional job;
- a worker whose job is threatened by technology;
- a worker hoping to be training in a designated occupation;
- a Native person.

CRITERIA

- the trainee must be an employee of the employer;
- the trainee must be at least 17 years of age;
- maximum duration of financial support by the federal government is 52 weeks.

TYPE OF ASSISTANCE

- federal aid is available to employers to train workers for many types of occupations ranging from those which require basic skill levels to highly skilled ones;
- federal aid to employers for on-the-job training is available up to two years;
- an employer may provide you with training at work site or in a classroom;
- referral to training is made by Canada Employment Centre;
- federal government will pay the employer for major portion of the training and administrative costs and for at least half the client's wages during training period.

CONTACT

H. Playle, Manager
General Industrial Training Program
Canada Employment & Immigration Commission
Room 710, Eaton Place
330 Graham Avenue
Winnipeg, Manitoba R3C 4B9
Telephone: 949-6381

your local Canada Employment Centre listed in back of manual

CRITICAL TRADES SKILLS TRAINING PROGRAM (C.T.S.T.)

PURPOSE	C.T.S.T. is a federal program designed to provide training of highly skilled workers by the employer in selected occupations experiencing serious skill shortages.
ELIGIBILITY	Persons employed in the private sector.
CRITERIA	° the trainee must be an employee of the employer; ° the trainee must be a least 17 years of age; ° the maximum duration of financial support is two years or 50% of the time required to reach a specific occupation proficiency level.
TYPE OF ASSISTANCE	The federal government reimburses employers 50% of wages and training up to a maximum of $250.00 per week per employee. Other costs that an employer is reimbursed for include instruction costs which include training aids, rental of premises and training equipment and instructor's travel and living expenses.
CONTACT	Harry Playle, Manager Critical Trades Skills Training Program Canada Employment & Immigration Commission Room 710, Eaton Place 330 Graham Avenue Winnipeg, Manitoba R3C 4B9 Telephone: 949-6381 your local Canada Employment Centre listed in back of manual

APPRENTICESHIP TRAINING

PURPOSE

The Apprenticeship Training is a comprehensive program that combines on-the-job training with classroom instruction and provides a person with an opportunity to earn wages while learning a trade.

ELIGIBILITY

- Persons of at least 16 years of age who wish to train to obtain journeyperson status in a designed trade are eligible for the program;
- the applicant must find an employer who is willing and able to participate in an apprenticeship program. The employer must be a journeyperson in the trade or employ a journeyperson in the trade;
- make an application with your employer for an apprenticeship agreement with the Apprenticeship Office, Department of Labour Apprenticeship and Training.

TYPE OF ASSISTANCE

- While attending a community college, apprentices may qualify for unemployment insurance benefits or for a training allowance paid by the Canada Employment and Immigration Commission;
- while working, apprentices are entitled to receive certain minimum rates of pay. The minimum wage rate varies depending on the trade and length of time the apprentice has been in the program;
- the normal length of an apprenticeship program is from 2 to 5 years depending on the trade;
- in the construction trades, the minimum wage rate varies from 40% to 95% of the journeyperson's rate.

CONTACT George White
Department of Manitoba Labour Apprenticeship and Training
Room 816, Norquay Building
401 York Avenue
Winnipeg, Manitoba R3C 0P8
Telephone: 945-3337

Provincial Government Building
59 Elizabeth Road
Thompson, Manitoba R8N 1X4
Telephone: 778-4411, Ext. 300

SELKIRK TRAINING PLANT

PURPOSE The Selkirk Training Plant in cooperation with C.E.I.C. provides an initial 2 month industrial life skills program followed by 4-5 months of on-the-job training in woodwork and metalwork skills. The Selkirk Training Plant is a modern training plant facility which manufactures a wide variety of metal, wood and sign products.

ELIGIBILITY Individuals experiencing severe difficulties in obtaining and retaining employment due to lack of skills or experience qualify for this program.

TYPE OF ASSISTANCE Counselling and training allowances are provided.

CONTACT

Wayne Blackburn
Selkirk Training Plant
Employment Services and Economic Security
802 - 401 York Avenue
Winnipeg, Manitoba R3C 0P8
Telephone: 945-4980

Selkirk Training Plant
511 Robinson Avenue
Selkirk, Manitoba R1A 1E5
Telephone: 482-8133

Canada Employment Centre
12 - 366 Main Street
Selkirk, Manitoba R1A 1T6
Telephone: 482-3323

CANADA CAREER OPPORTUNITIES

PURPOSE The aim of this program is to train individuals of Native ancestry for employment in technical positions in Canada's public service.

ELIGIBILITY Individuals of Native ancestry are eligible to apply for this program. Emphasis will be placed on Native persons in rural, remote and northern communities.

TYPE OF ASSISTANCE Formal classroom training will be combined with training on the job. Salary will be provided to trainees.

CONTACT

Patrick Nottingham
Department of Regional Industrial Expansion
400-185 Carlton Street
Winnipeg, Manitoba R3C 2V2
Telephone: 949-3998

Canada Northern Development Office
Department of Regional Industrial Expansion
210-74 Cree Road
Evergreen Place
Thompson, Manitoba R8N 0B8
Telephone: 778-4486 (CALL COLLECT)

Government of Canada
Public Service Commission
500-286 Smith Street
Winnipeg, Manitoba R3C 0K6
Telephone: 949-2166 (CALL COLLECT)

NATIONAL INDIGENOUS DEVELOPMENT PROGRAM

PURPOSE This program is designed to provide training and career development opportunities for Native people in the public service of Canada.

ELIGIBILITY Applicants must be Canadian citizens and must be Metis, Indian or Inuit.

TYPE OF ASSISTANCE In all cases, the program will assume the cost of relocation and management training agreed to. The Department will be responsible for job-related travel and training cost. Participants may remain in the program for periods of 24 to 30 months during which time they will develop skills and qualities required to successfully compete for management positions in the Canadian Public Service.

CONTACT

Anita Sumter
Public Service Commission
500 Credit Foncer
286 Smith Street
Winnipeg, Manitoba R3C 0K6
Telephone: 949-2481

National Indigenuous Development Program
Public Service Commission
300 Laurier Avenue
West Tower
Lexplesade and Laurier
Ottawa, Ontario KIA 0M7
Telephone: (613) 992-4824

CANADA EMPLOYMENT PROGRAMS AND SERVICES

PURPOSE This program is designed to provide employment assistance to persons living in Northern Manitoba in order to increase northern participation in economic development opportunities.

ELIGIBILITY All residents of northern Manitoba may apply for this program; person of Native ancestry will be given special attention. Community groups and organizations are also eligible to apply.

TYPE OF ASSISTANCE

- job referral and placment;
- outreach services to remote communities;
- mobility assistance for relocation to areas of employment;
- information on availability of jobs outside of the local area;
- unemployment insurance programs
- institutional training;
- career counselling;
- inter-agency referral services; and
- human resource development planning.

CONTACT

Twilla Macdonald
Canada Employment Program and Services
Canada Employment Centre
202-83 Churchill Drive
Thompson, Manitoba R8N 0L6
Telephone: 778-4471

Canada Employment Centre
201 Federal Building
54 Main Street
Flin Flon, Manitoba R8A 1N5
Telephone: 687-8231 or ask the operator for Zenith 1-0300 - Contact person Merv Mattern.

Canada Employment Centre
135 - Second Avenue, North East
Dauphin, Manitoba R7N 0Z6
Telephone: 638-3711 or ask the operator for
Zenith 1-0300 - Contact person Eric Lindgren

Canada Employment Centre
Selkirk Town Plaza
12 - 366 Main Street
Selkirk, Manitoba R1A 1T6
Telephone: 482-3323 or ask the operator for
Zenith 1-0300 - Contact person Roger Barrett

Canada Employment Centre
151 Fischer Avenue
The Pas, Manitoba R9A 1K7
Telephone: 623-3453 or ask the operator for
Zenith 1-0300 - Contact person John Pinkerton

Canada Northern Development Office
210-74 Cree Road
Evergreen Place
Thompson, Manitoba R8N 0B8
Telephone: 778-4486 (CALL COLLECT)
Contact person Martin Voss

CANADA EMPLOYMENT CENTRES

PURPOSE The purpose of the CIEC is to provide information about jobs, counselling, training and to unemployment insurance claims.

ELIGIBILITY All Canada

TYPE OF ASSISTANCE Services include:

- information on available jobs;
- counselling clients on employment and related matters;
- counselling and other services for disadvantaged and special needs groups such as Native people;
- specialized services for youth and women and students;
- aptitude and interest testing;
- referral to diagnostic services;
- referral for job placement;
- payment of unemployment insurance;
- efforts to help unemployment insurance claimants find employment;
- mobility and relocation assistance
- collection and dissemenation of labour market information;
- affirmative action;
- manpower services for employers;
- manpower training;
- recruitment of workers, both local and Canada-wide;
- itinerant service and outlying communities;

CONTACT W. Kennedy, Manager
Telephone: 949-3781

Refer to CEIC list in the back of manual.

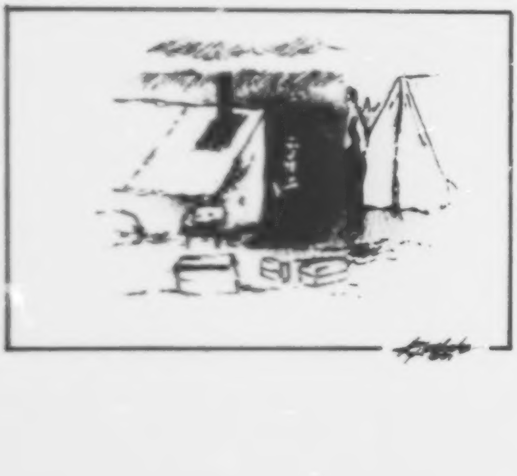
UNEMPLOYMENT INSURANCE

PURPOSE	Unemployment Insurance is a program of income support for the unemployed.
ELIGIBILITY	Workers who have lost their jobs and are looking for work are eligible for benefits provided they have 10 to 14 weeks of insurable employment within the last 52 weeks. Special benefits are also paid during periods of maternity, sickness, injury, and at age 65. To qualify for special benefits, persons must have 20 weeks of insurable benefits during the last 52 weeks.
TYPE OF ASSISTANCE	The benefit rate is 60 percent of average weekly insurable earnings to a maximum of $255 a week (1984 rate).
CONTACT	R. Wilkson Manager, Benefit Programs Room 604 - 330 Graham Avenue Eaton Place Winnipeg, Manitoba R3C 4A5 Telephone: 949-4225 Local Canadian Employment Centre listed at the back of this manual

NATIVE EMPLOYMENT SERVICES

PURPOSE	Native Employment Services is a CEIC program designed to provide consultant and referral services on employment and job opportunities to Native organizations. The Native Employment Services acts as liaison between native people and CEIC at the Manitoba region on CEIC programs and services which impact on Native people.
ELIGIBILITY	All Native people and organizations are eligible for this service.
TYPE OF ASSISTANCE	Consultation and referrals are provided to Native organizations.
CONTACT	Pam Valiquette, Co-ordinator Native Employment Services Canada Employment Centre Room 710, Eaton Place 330 Graham Avenue Winnipeg, Manitoba R3C 4B9 Telephone: 949-3920

Contact your local CEC listed at the back of this Manual.



NORTHERN EMPLOYMENT SUPPORT SERVICES (NESS)

PURPOSE N.E.S.S. helps northerners take advantage of training and employment opportunities. Job creation activities include summer jobs for northern youth.

ELIGIBILITY Northerners looking for employment.

TYPE OF ASSISTANCE N.E.S.S. provides the following services:

- employment and/or training referral;
- general and vocational counselling;
- client assistance to jobs or training;
- general information dissemination on other programs and services offered by other provincial and federal agencies;
- access to provincial programs such as New Careers;
- gap filling of employment services as necessary
- Hydro Projects recruitment as needed;
- assistance to nothern communities and organizations in proposal development and writing.

CONTACT

Department of Employment Services and
Economic Security
The Pas Region
Otineka Mall, Box 2850
The Pas, Manitoba R9A 1M6
Telephone: 623-6444

Department of Employment Services and
Economic Security
Churchill Region
Box 178
Churchill, Manitoba R0B 0E0
Telephone: 675-8841

Department of Employment Services and
Economic Security
Lake Winnipeg Region
802 - 401 York Avenue
Winnipeg, Manitoba R3C 0P8
Telephone: 945-4926

Department of Employment Services and
Economic Security
Thompson Region
Box 25
59 Elizabeth Road
Thompson, Manitoba R8N 1X4
Telephone: 778-4411, Ext. 295

Department of Employment Services and
Economic Security
Leaf Rapids Region
Box 160
Leaf Rapids, Manitoba R0B 1W0
Telephone: 473-2425

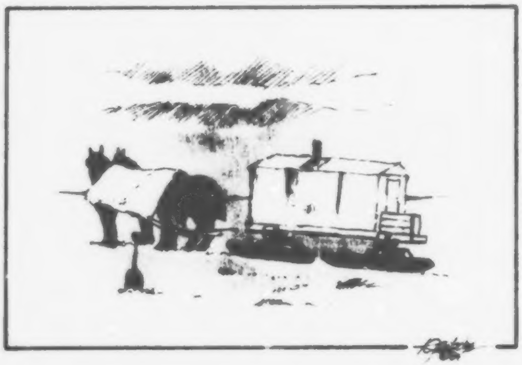
NATIVE INTERNSHIP PROGRAM

PURPOSE This program is designed to provide Native students with summer work experience in CEIC. Native students learn about counselling and placement activities.

ELIGIBILITY Native students attending or planning to attend an educational institution.

CONTACT George Shingoose
Native Internship Program
Canada Employment & Immigration Commission
Room 710, Eaton Place
330 Graham Avenue
Winnipeg, Manitoba R3C 4B9
Telephone: 949-4546

Contact your local CEIC office listed at the back of this Manual.



NORTHERN SUMMER EDUCATION PROGRAM

PURPOSE This program is located at Frontier Collegiate in Cranberry Portage. This program employs youth who plan and implement an education and recreational program for children living in Northern and remote communities in Manitoba

ELIGIBILITY Youth and university students hired as staff. Children from northern and remote communities are eligible to participate in program.

TYPE OF ASSISTANCE Children will be provided with free room and board, and transportation to and from Cranberry Portage. Counsellor will pick up and return all children to home communities.

CONTACT

Kim Anthony, Manager
Department of Employment Services &
Economic Security
1009-401 York Avenue
Winnipeg, Manitoba R3C 0P8
CALL COLLECT: 945-4424

The Pas Region
Employment Services & Economic Security
Otineka Mall, Box 2850
The Pas, Manitoba R9A 1M6
Telephone: 623-6444

Churchill Region
Employment Services & Economic Security
Box 178
Churchill, Manitoba R0B 0E0
Telephone: 675-8841

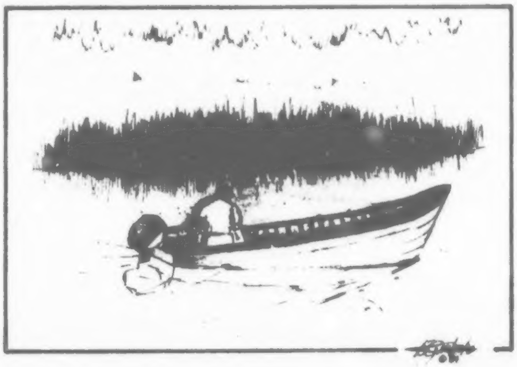
Lake Winnipeg Region
Employment Services & Economic Security
802-401 York Avenue
Winnipeg, Manitoba R3C 0P8
Telephone: 945-4926

Thompson Region
Employment Services & Economic Security
Box 25
59 Elizabeth Road
Thompson, Manitoba R8N 1X4
Telephone: 778-4411 extension 295

Leaf Rapids Region
Employment Services & Economic Security
Box 160
Leaf Rapids, Manitoba R0B 1W0
Telephone: 473-2425

OUTREACH

PURPOSE	Outreach projects provide in-depth counselling and employment services for people who need special help finding and keeping a job. Some Outreach projects are set up especially for specific groups such as Native and youth in high unemployment areas. Outreach projects complement regular services of the Commission by effectively expanding them to such groups.
ELIGIBILITY	Persons assisted are residents of isolated communities; women; handicapped people; Native people; the chronically unemployed; and others facing difficulty entering or re-entering the work force.
TYPE OF ASSISTANCE	Services offered include worker counselling, frequent contact with local employers to identify positions which clients could successfully occupy, securing job offers for them and promoting the advantages derived from hiring such employees.
CONTACT	S. Katz, Outreach Consultant Telephone: 949-3205
🇨🇦	Refer to the Outreach Projects listed in Appendices.



MANITOBA YOUTH JOB CENTRE PROGRAM

PURPOSE This program is designed to assist students and youth 16-24 years of age, to obtain jobs with private and public sectors during the summer. This program works in cooperation with Canada Employment Centres and assists in establishment of 42 summer job centres in rural and northern Manitoba.

ELIGIBILITY The target population is students and youth 16-24 years of age.

TYPE OF ASSISTANCE Students and youth are assisted in job placement.

CONTACT
Kim Anthony, Manager
Employment Development and Youth Services
Room 1009 - 401 York Avenue
Winnipeg, Manitoba R3C 0P8
Telephone: 945-5897

The Pas Region
Employment Services & Economic Security
Otineka Mall, Box 2850
The Pas, Manitoba R9A 1M6
Telephone: 623-6444

Churchill Region
Employment Services & Economic Security
Box 178
Churchill, Manitoba R0B 0E0
Telephone: 675-8841

Lake Winnipeg Region
Employment Services & Economic Security
802-401 York Avenue
Winnipeg, Manitoba R3C 0P8
Telephone: 945-4926

Thompson Region
Employment Services & Economic Security
Box 25
59 Elizabeth Road
Thompson, Manitoba R8N 1X4
Telephone: 778-4411 extension 295

Leaf Rapids Region
Employment Services & Economic Security
Box 160
Leaf Rapids, Manitoba R0B 1W0
Telephone: 473-2425

JOB OPPORTUNITY SERVICE

PURPOSE The Job Opportunity Service offers a wide range of employment services including:

- annual registration of students and youth at all Manitoba Universities and colleges for summer employment;
- personal referral services for candidates looking for career related employment;
- job search information: resume writing, interview skills;
- information on various employment programs;

ELIGIBILITY Students and unemployed youth.

CONTACT
Job Opportunity Service
Department of Employment Services &
Economic Security
Employment Development and Youth Services Branch
1009-401 York Avenue
Winnipeg, Manitoba R3C 0P8
Telephone: 945-4399
TOLL FREE: 1-800-282-8069

STUDENT TEMPORARY EMPLOYMENT PROGRAM - IN GOVERNMENT

PURPOSE	This program funds salaries of students employed in summer within provincial government departments, crown corporations and commissions.
ELIGIBILITY	Students enrolled in secondary and post secondary education and training institutions.
TYPE OF ASSISTANCE	Program funding for student salaries.
CONTACT	Mary Parker Department of Employment Services & Economic Security Employment Development & Youth Services 401 York Avenue Norquay Building Winnipeg, Manitoba R3C 0P8 Telephone: 945-4424
	The Pas Region Employment Services & Economic Security Otineka Mall, Box 2850 The Pas, Manitoba R9A 1M6 Telephone: 623-6444
	Churchill Region Employment Services & Economic Security Box 178 Churchill, Manitoba R0B 0E0 Telephone: 675-8841
	Lake Winnipeg Region Employment Services & Economic Security 802-401 York Avenue Winnipeg, Manitoba R3C 0P8 Telephone: 945-4926

Thompson Region
Employment Services & Economic Security
Box 25
59 Elizabeth Road
Thompson, Manitoba R8N 1X4
Telephone: 778-4411 extension 295

Leaf Rapids Region
Employment Services & Economic Security
Box 160
Leaf Rapids, Manitoba R0B 1W0
Telephone: 473-2425

CANADA EMPLOYMENT CENTRES FOR STUDENTS

PURPOSE These are special employment centres designed to help place students in private and public sector summer jobs.

ELIGIBILITY Youth enrolled in secondary and post secondary education or training.

TYPE OF ASSISTANCE The services provided to students are

- registration and classification of student job hunters according to employment interests and qualifications;
- employment assistance interviews and formal Creative Job Search Techniques sessions;
- distribution of information pamphlets on job search techniques and employment programs;
- Job Information Centre posting of jobs and referral to employment;
- referral to employment by phone;
- promotion of the CEC office to employers as the place to contact for student summer help;
- information on out-of-town opportunities.

CONTACT

Theresa Gillespie
Canada Employment Centre for Students
Room 710, Eaton Place
330 Graham Avenue
Winnipeg, Manitoba R3C 4B9
Telephone: 949-7890

Elizabeth Speers
Regional Youth Consultant
Telephone: 949-3721

Canada Employment Centres for Students at:

Kathryn Roberts
Room 100, 317 Main Street
Dauphin, Manitoba R7N 1C5
Mailing Address:
135 2nd Avenue Northeast
Dauphin, Manitoba R7N 0Z6
Telephone: 638-3711 or 638-8133

Darrell Fiel
P.O. Box 730
Room 203 - 54 Main Street
Flin Flon, Manitoba R8A 1N5
Telephone: 687-7389 or 687-8231

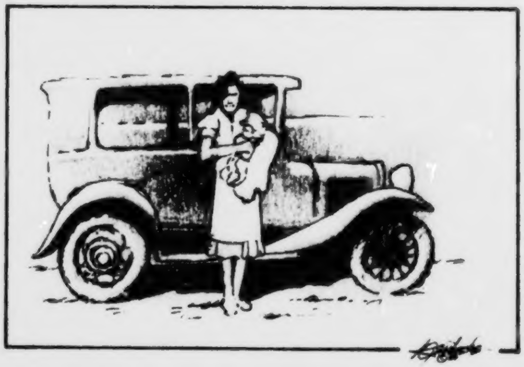
Brad DeRyck
363 Eveline Street
Selkirk, Manitoba R1A 1N2
Telephone: 482-6039 or 482-3323

Henry Holik
P.O. Box 660
Main Floor, 151 Fischer Avenue
The Pas, Manitoba R9A 1R7
Telephone: 623-3453

Leah Kain-Donnelly
3-91 Churchill Drive
Thompson, Manitoba R8N 0L5
Telephone: 778-7047 or 778-4471

NATIVE WOMEN'S EMPLOYMENT PROGRAM

PURPOSE	This program is designed to provide employment and job opportunities for Native women.
ELIBILITY	Women of Native ancestry are eligible for this program.
CONTACT	Native Women's Employment Services Pam Valiquette Canada Employment Centre Room 710, Eaton Place 330 Graham Avenue Winnipeg, Manitoba R3C 4B9 Telephone: 949-3920



WOMEN'S EMPLOYMENT COUNSELLING CENTRE

PURPOSE	The Women's Employment Counselling Centre offers a full range of career counselling, testing and training referral services specially geared to women.
ELIGIBILITY	Women
TYPE OF ASSISTANCE	The Centre provides counselling, testing, training referral and sometimes job placement services.

CONTACT
Marylin Kenny, Co-ordinator
Women's Employment Counselling Centre
324 Kennedy Street
Winnipeg, Manitoba R3B 2M6
Telephone: 949-2045

EMPLOYMENT STANDARDS IN MANITOBA

PURPOSE The Speakers' Bureau of the Employment Standards Branch of Manitoba is designed to provide information on rights and responsibilities of an employer or an employee.

TYPE OF ASSISTANCE The Speakers' Bureau will provide a representative to meet with your business organization, club or association, community group, school, college or special interest group to discuss your rights and obligations regarding conditions of employment.

CRITERIA

- Minimum Wage - with certain exceptions, in Manitoba the minimum wage is $4.00 per hour for persons 18 years of age and older; and $3.55 per hour for persons under the age of 18. How does this minimum relate to you and your area of employment?
- Standard Hours of Work - With only a few specific exceptions, the standard hours of work are eight hours per day and forty hours per week. What are the exceptions and how do they affect you?
- Overtime Pay - In Manitoba, overtime work is paid at one and a half times the regular rate of pay. Generally, overtime is paid for authorized hours worked in excess of eight hours in a day and forty hours in a week. Do you qualify?
- General Holidays - Certain employees qualify to be paid for not working on a general holiday. All employees who work on a general holiday qualify for special wages or compensatory time off. How do they apply in your case?

- Vacations with Pay - This varies with the length of service, regular working time and the percentage of hours worked. What are you entitled to?

- Pension Plans - These are regulated by the Pension Benefits Act of Manitoba. What benefits can you expect upon retirement?

- Maternity Leave - A pregnant employee may be entitled to a 17 week unpaid leave of absence, provided she meets certain qualifications. What are the qualifications?

- Weekly Day of Rest - With certain exemptions, an employee is required to have a weekly rest period of twenty-four consecutive hours. How does ths apply to your work?

- Equal Pay for Equal Work - This eliminates discrimation in rates of pay between male and female employees engaged in work that is substantially the same. How does this affect you?

- Termination of Employment - This is governed by certain regulations and requirements that are applicable to both employers and employees. What are your rights?

CONTACT To arrange a discussion about these of other areas of concern, phone or write:

Harry Pruden
Education, Training and Development
Co-ordinator
Employment Standards Branch
Room 607-401 York Avenue
Winnipeg, Manitoba R3C 0P8
Telephone: 945-3352

CANADA MANPOWER MOBILITY PROGRAM

PURPOSE This program is designed to provide financial assistance in the form of grants to unemployed or underemployed workers who must move to find suitable employment or to obtain manpower services or training not available in their area.

ELIGIBILITY Program is available to unemployed, underemployed and employment threatened workers.

TYPE OF ASSISTANCE Relocation assistance is provided.

CONTACT
Earl Mitchell Co-ordinator
Canada Manpower Mobility Program
Canada Employment Centre
Room 710 Eaton Place
330 Graham Avenue
Winnipeg, Manitoba R3C 4B9
Telephone: 949-4542

Contact Local Canada
Employment Centre
Listed at the back of this Manual

NORTHERN RELOCATION PROGRAM

PURPOSE This program is designed to help residents of northern communities to relocate to where employment is available.

ELIGIBILITY Northern residents experiencing difficulties in obtaining and retaining employment in their home localities.

TYPE OF ASSISTANCE This program offers counselling and financial assistance in relocating. On-going support is provided during the period after the relocation.

CONTACT
Orval Refvik
Department of Employment Services & Economic Security
Room 500-213 Notre Dame
Winnipeg, Manitoba
Telephone: 945-3161

The Pas Region
Employment Services & Economic Security
Otineka Mall, Box 2850
The Pas, Manitoba R9A 1M6
Telephone: 623-6444

Churchill Region
Employment Services & Economic Security
Box 178
Churchill, Manitoba R0B 0E0
Telephone: 675-8841

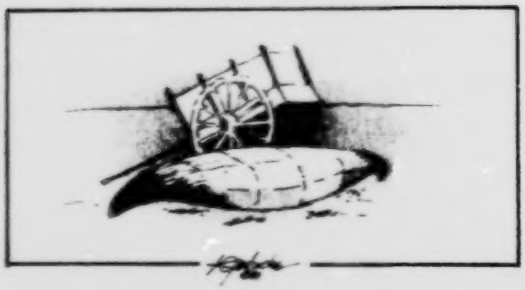
Lake Winnipeg Region
Employment Services & Economic Security
802-401 York Avenue
Winnipeg, Manitoba R3C 0P8
Telephone: 945-4926

Thompson Region
Employment Services & Economic Security
Box 25
59 Elizabeth Road
Thompson, Manitoba R8N 1X4
Telephone: 778-4411 extension 295

Leaf Rapids Region
Employment Services & Economic Security
Box 160
Leaf Rapids, Manitoba R0B 1W0
Telephone: 473-2425

AFFIRMATIVE ACTION PROGRAM

PURPOSE	This program is designed to ensure that within a reasonable time frame Native people, women and handicapped persons are equitably represented at all levels in the workforce, and to remove discrimination barriers in the employment system.
ELIGIBILITY	The target population is Native people, women and the handicapped.
TYPE OF ASSISTANCE	Affirmative action consultants provide technical assistance to employers through a consultation agreement. Both federal and provincial resources are co-ordinated in a comprehensive service to employers.
CONTACT	Affirmative Action Program (external) Canada Employment Centre Room 710, Eaton Place 330 Graham Avenue Winnipeg, Manitoba R3C 4B9 Allen Kiesler - 949-4369 Jerry Sopko - 949-4547



CAREER ACCESS PROGRAM

PURPOSE Career Access is designed to provide employment opportunities for those who face serious difficulties in finding on-going employment. It operates by providing wage subsidies to employers. Special provisions have been built into the program to deal with urgent problems facing youth.

ELIGIBILITY Businesses, private organizations and community groups are eligible to apply.

CRITERIA Requests for Career Access assistance must meet certain criteria:

- job must be full time;
- personal services to the employer are excluded;
- no existing employee can be displaced;
- employment of students must be related to their studies;
- there must be reasonable expectation of continued employment.

TYPE OF ASSISTANCE Contributions:

- subsidies are paid at a rate of 50 percent of gross wages, to a maximun of 15,000 per employee. In some cases, the subsidy can go to 85 percent.
- smaller employers are limited to two subsidized positions at a time.
- maximum subsidy periods are 52 weeks;
- under special circumstances, a maximum of 10,000 may be paid to provide facilities or equipment for disabled persons;
- in addition to other payments, up to $80 weekly may be paid to non-profit or charitable organizations.

CONTACT

Neil Heinrich
Employment Development Branch
Employment & Immigration Canada
Room 710 Eaton Place
330 Graham Avenue
Winnipeg, Manitoba R3C 4B9
Telephone: 949-2405

Employment Development Branch
Employment & Immigration Canada
151 Fischer Avenue
The Pas, Manitoba R9A 1S5
Telephone: 623-7464

Employment Development Branch
Employment & Immigration Canada
Room 302 - 83 Churchill Drive
Thompson, Manitoba R8N 0L6
Telephone: 778-7363

JOB CORPS PROGRAM

PURPOSE	Job Corps is designed to provide employment for the disadvantaged such as the handicapped, youth or Native people.
ELIGIBILITY	Funding for projects is offered to private businesses, volunteers agencies, community groups and individuals.
CRITERIA	Proposal must meet the following criteria: ° competent project management; ° project cannot create unfair competition with existing community services; ° existing worker cannot be displaced or replaced.
TYPE OF ASSISTANCE	Project funding includes wages for participants and project staff, and a contribution toward operating costs. Up to $50,000 is available during the development phase and up to $350,000 per year for operational phase, and up to $30,000 may be available for the purchase of equipment and other essential items.
CONTACT	Neil Heinrichs, Manager Employment Development Branch Employment & Immigration Canada Room 710, Eaton Place 330 Graham Avenue Winnipeg, Manitoba R3C 4B9 Telephone: 949-2405
	Employment Development Branch Employment & Immigration Canada 151 Fischer Avenue The Pas, Manitoba R9A 1S5 Telephone: 623-7464
	Employment Development Branch Employment & Immigration Canada Room 302 - 83 Churchill Drive Thompson, Manitoba R8N 0L6 Telephone: 778-7363

SUMMER CANADA

PURPOSE Summer Canada is a federal program designed to increase the amount of summer work available for students by helping to create jobs; to create summer jobs that provide students with career-related experience; and to provide a job placement service to match students with employers who need workers.

ELIGIBILITY The target population is students. Individuals, organizations such as community and volunteer groups, professional and technical associations and private sector employers are eligible for funding for Summer Canada Works and Summer Career-Access programs.

TYPE OF ASSISTANCE

- Summer Canada Works creates a substantial number of summer jobs for students in productive and experience-giving projects.
- Summer Career-Access helps students acquire career-related skills through wage subsidies in the private, public and non-profit sectors.
- The Department of National Defense Cadet and Reserve Training Programs create jobs that offer students a career-related skill.
- The R.C.M.P. Special Supernumerary Constables Program provides challenging jobs for students studying in fields related to the Canadian justice system.
- Canada Employment Centres for Students is a summer job placement service for students.

CONTACT

Neil Heinrich, Manager
Employment Development Branch
Room 710, Eaton Place
330 Graham Avenue
Winnipeg, Manitoba R3C 4B9
Telephone: 949-2405

your local Canada Employment Office listed in back of manual.

CANADA WORKS PROGRAM

PURPOSE Canada Works is designed to create jobs in times of economic slump or unexpected crisis such as a major plant shut-down.

ELIGIBILITY Businesses, organizations, individuals, municipalities and government departments or agencies are eligible for funding. The target population are laid-off workers, people on unemployment insurance and those whose benefits have expired, social assistance recipients, students returning to school and native people.

CRITERIA To qualify:

- projects must create three or more full time jobs;
- no worker can be displaced or replaced as a result of Canada Works Project;
- projects may be supported for up to 52 weeks; not less than six;
- proposals are considered on the basis on local economic benefits to the community.

TYPE OF ASSISTANCE Maximum contributions are $325 per work week, including up to $125 for costs other than wages.

- level of payment cannot exceed the prevailing wage rate in the area;
- summer student projects; contributions of up to $220 a week are available.

CONTACT

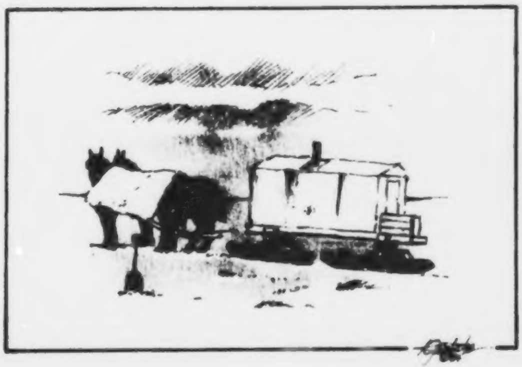
Neil Heinrichs, Manager
Employment Development Branch
Employment & Immigration Canada
Room 710, Eaton Place
330 Graham Avenue
Winnipeg, Manitoba R3C 4B9
Telephone: 949-2405

Employment Development Branch
Employment & Immigration Canada
151 Fischer Avenue
The Pas, Manitoba R9A 1S5
Telephone: 623-7464

Employment Development Branch
Employment & Immigration Canada
Room 302 - 83 Churchill Drive
Thompson, Manitoba R8N 0L6
Telephone: 778-7363

MANITOBA EMPLOYMENT ACTION PROGRAM

PURPOSE	The purpose of this program is to create additional employment opportunities for unemployed people from Winnipeg, Southern Manitoba and larger Northern communities such as Churchill, Thompson, Gillam, Leaf Rapids, Lynn Lake, The Pas, Flin Flon and Snow Lake, by providing wage assistance to employers.
ELIGIBILITY	The target groups are unemployed people from Manitoba. Eligible sponsors are non-profit community organizations, businesses and farms.
TYPE OF ASSISTANCE	° Non-profit/community groups: up to $4.80 per hour plus up to 10% for employee benefits ° Business/Farms: 50% of the employee's wage per hour, up to a maximum wage assistance of $4.00 per hour, plus up to 10% for employee benefits
CONTACT	Mary Lou Kuxhouse Employment Development and Youth Services Branch 1009 Norquay Building 401 York Avenue Winnipeg, Manitoba R3C 0P8 Telephone: 945-6252



CAREERSTART PROGRAM

PURPOSE This program is designed to create jobs for Manitoba's unemployed youth 16-24 years of age and students through wage assistance to employers.

ELIGIBILITY Unemployed youth 16-24 years of age, full time students, single parents and Natives are eligible to apply for jobs. Employers eligible for wage grants are non-profit and community organizations, municipalities, local governments Indian band councils and Métis organizations.

CRITERIA

- new positions created must not displace or replace any employee;
- each position applied for must offer a minimum of 30 hours per week;
- all positions must provide consecutive weeks of employment.

TYPE OF ASSISTANCE Each employer from the non-profit and community organization is eligible to apply for a maximum of two positions per independent work location. Each employer in the Business or farm sector is eligible to apply for a maximum of three positions.

Wage assistance of $4.00 maximum rate plus employee benefit allowance is offered to non-profit and community organizations, etc. Businesses and farms are offered a rate of $2.00 per hour plus employee benefit allowance.

CONTACT

Gary Magorel, Manager
Manitoba Careerstart
Manitoba Employment Services & Economic Security
1009-401 York Avenue
Winnipeg, Manitoba R3C 0P8
Telephone: 945-3588

Employment Resource Centres:

Parklands Regions
Employment Resource Centre
21-2nd Avenue, N.E.
Dauphin, Manitoba R7N 0Z5
Telephone: 638-8845

Churchill
Box 178
Churchill, Manitoba R0B 0E0
Telephone: 675-8841

Lake Winnipeg Region
802-401 York Avenue
Winnipeg, Manitoba R3C 0V8
Telephone: 945-4926

Thompson
59 Elizabeth Road
Thompson, Manitoba R8N 1X4
Telephone: 778-4411

Leaf Rapids
Box 160
Leaf Rapids, Manitoba R0B 1W0
Telephone: 473-2425

The Pas
Box 2850
Otineka Mall
The Pas, Manitoba R9A 1M6
Telephone: 623-6444

MANITOBA COMMUNITY ASSETS PROGRAM

PURPOSE This program is designed to encourage community organizations and local governments to undertake capital projects which will generate immediate employment and which will result in long term benefits to the community at large in terms of improved services and facilities.

ELIGIBILITY This program affects eight major northern communities -- Thompson, The Pas, Lynn Lake, Leaf Rapids, Churchill, Gillam, Snow Lake and Flin Flon. Eligible project sponsors include non-profit community service organizations, recreation associations, municipalities outside the City of Winnipeg, local government districts.

CRITERIA The proposed projects should:

- make significant contribution to the long-term benefit of the community and also increase local employment opportunities;
- not compete with or duplicate other community facilities;
- benefit the community at large and remain accessible to all members of the community;
- include confirmation of sufficient resources to maintain the operation of the completed project such as arenas or community halls, without creating an unreasonable burden on the community;
- involve a reasonable mix of capital and labour components; that is, project activities should lead to the completion of a substantial physical product;
- operate for a minimum of twelve weeks and employ a minimum of three workers for the duration of the project.

TYPE OF ASSISTANCE

The program will normally contribute 50% of total direct project costs, to a maximum of $75,000 per project. Sponsors will usually be required to contribute the other 50% of direct project costs from their own sources and/or other non-provincial programs. Some funding in addition to the maximum may be available in exceptional circumstances.

CONTACT

W. Blackburn, Coordinator
Manitoba Community Assets Program
802 - 401 York Avenue
Winnipeg, Manitoba R3C 0P8
Telephone: 945-8691

Department of Employment Services and
Economic Security
Parklands
21-2nd Avenue, N.E.
Dauphin, Manitoba R7N 0Z5
Telephone: 638-8845

Department of Employment Services and
Economic Security
Interlake
Box 70
Teulon, Manitoba R0C 3B0
Telephone: 886-3325

Department of Employment Services and
Economic Security
Churchill
Box 178
Churchill, Manitoba R0B 0E0
Telephone: 675-8841

Department of Employment Services and
Economic Security
Thompson
59 Elizabeth Road
Thompson, Manitoba R8N 1X4
Telephone: 778-4411

Department of Employment Services and
Economic Security
Leaf Rapids
Box 160
Leaf Rapids, Manitoba R0B 1W0
Telephone: 473-2425

Department of Employment Services and
Economic Security
The Pas
Box 2850
Otineka Mall
The Pas, Manitoba R0A 1M6
Telephone: 623-6444

NORTHERN COMMUNITY ASSETS PROGRAM

PURPOSE This program is designed to provide funding to projects that create employment and job opportunities and to contribute to the development of the community.

ELIGIBILITY Community groups are eligible to apply, such as: Community Councils, Métis locals, Indian band councils, non-profit community organizations in remote northern communities or communities that are situated within the boundaries of Northern Affairs.

CRITERIA Project selection criteria are based on:

- degree of community benefit;
- cost of required material for the proposed projects;
- effectiveness of jobs created;
- appropriate management;
- realistic time frame;
- available community resources;
- the unemployment rate and population size of community.

Preference is given to community initiated capital projects in remote communities.

TYPE OF ASSISTANCE Projects sponsored by Band Councils will use $5.00 per hour for workers and $6.00 per hour for supervisors. Proposals from Northern Affairs communities must abide by prevailing local rates and provincial labor regulation. Northern Affairs communities will be allowed to apply for capital costs.

CONTACT

Donna Stewart, Manager
Northern Community Assets Program
Department of Northern Affairs
Room 920 Woodworths Building
405 Broadway Avenue
Winnipeg, Manitoba R3C 3L6
Telephone: 945-2508

Department of Northern Affairs
Regional Offices

59 Elizabeth, Box 27
Thompson, Manitoba
Telphone: 778-4411

339A Main Street
Selkirk, Manitoba
Telephone: 482-7553

Box 2560
The Pas, Manitoba
Telephone: 623-7481

27-2nd Avenue S.W.
Dauphin, Manitoba
Telephone: 638-9111

Box 2049
Swan River, Manitoba
Telephone: 734-4753

NORTHERN YOUTH CORPS PROGRAM

PURPOSE This program is designed to create summer jobs for students and unemployed people 15 to 24 years of age during July and August.

ELIGIBILITY Northern youth including students enrolled in secondary and post-secondary education and training. Communities are eligible to apply for Youth Corp grants.

CRITERIA

- Projects are approved on the basis of community need, work suitability and the lack of youth employment;
- projects must create employee jobs offering a real work experience.

TYPE OF ASSISTANCE Grants are given to pay for employee wages and Northern Employment Support Services.

CONTACT

The Pas Region
Employment Services & Economic Security
Otineka Mall, Box 2850
The Pas, Manitoba R9A 1M6
Telephone: 623-6444

Churchill Region
Employment Services & Economic Security
Box 178
Churchill, Manitoba R0B 0E0
Telephone: 675-8841

Lake Winnipeg Region
Employment Services & Economic Security
802-401 York Avenue
Winnipeg, Manitoba R3C 0P8
Telephone: 945-4926

Thompson Region
Employment Services & Economic Security
Box 25
59 Elizabeth Road
Thompson, Manitoba R8N 1X4
Telephone: 778-4411 extension 295

Leaf Rapids Region
Employment Services & Economic Security
Box 160
Leaf Rapids, Manitoba R0B 1W0
Telephone: 473-2425

LOCAL EMPLOYMENT ASSISTANCE AND DEVELOPMENT PROGRAM
(LEAD)

PURPOSE LEAD is designed to provide funds to create new jobs keyed to local development and economic stimulation especially with Native people. LEAD is a federally funded program delivered by CEIC.

ELIGIBILITY To meet its objectives, LEAD creates local development corporations and invests in projects that meet the community's own economic development priorities, generating new employment opportunities for its citizens.

CRITERIA LEAD corporation is a community based non-profit businesslike organization which provides work for the unemployed.

- up to $50,000 is available to enable a community to form a LEAD corporation;
- up to $130,000 annually for operational stage for 3 years;
- up to $220,000 per year for employment development purposes.

LEAD projects must be:

- managed properly with good prospects for viability;
- part of a community development plan;
- justification for LEAD support;
- proposed new businesses must not compete unfairly with others already in community;
- project completed within the specified time frame.

TYPE OF ASSISTANCE For Projects:

- a maximum annual contribution of $350,000 per LEAD project for operations; $50,000 for planning;
- up to $1.5 million may be available as an overall contribution to LEAD project;

CONTACT

Neil Heinrichs, Manager
Employment Development Branch
Employment & Immigration Canada
Room 710, Eaton Place
330 Graham Avenue
Winnipeg, Manitoba R3C 4B9
Telephone: 949-2405

Employment Development Branch
Employment & Immigration Canada
151 Fischer Avenue
The Pas, Manitoba R9A 1S5
Telephone: 623-7464

Employment Development Branch
Employment & Immigration Canada
Room 302 - 83 Churchill Drive
Thompson, Manitoba R8N 0L6
Telephone: 778-7363

MANITOBA HOUSING AND RENEWAL CORPORATION (MHRC)

PURPOSE MHRC is a provincial crown corporation which provides financial housing assistance to non-profit groups and cooperatives; develops low cost public housing for families, pensioners and disabled people with subsidized rentals geared to income; and is concerned with housing renewal and shelter related programs. MHRC also administers the federal Residential Rehabitilation Assistance Program.

CRITERIA MHRC operates the following programs:

- Critical Home Repair
- Shelter Allowance Programs
- School Tax Assistance programs
- Mortgage Interest Relief program
- Mobile Home Assistance program
- Homes in Manitoba programs (buy and renovate)
- Fokus I, II & III and Ten-Ten Sinclair (independent living for physically disabled).

CONTACT Manitoba Housing and Renewal Corporation
287 Broadway Avenue
Winnipeg, Manitoba R3C 0R9
Telephone: 945-4748

Dauphin Regional Housing Authority
27-2nd Avenue, S.W.
Dauphin, Manitoba R7N 3E5
Telephone: 638-9111

Thompson Regional Housing Authority
Box 12, 59 Elizabeth Road
Thompson, Manitoba R8N 1S7
Telephone: 778-4411 extension 328

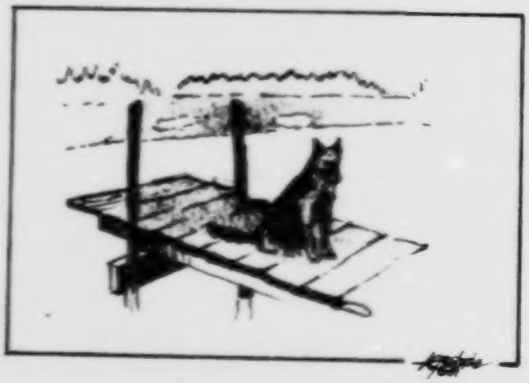
CANADA MORTGAGE AND HOUSING CORPORATION (CMHC)

PURPOSE CMHC is a federal agency offering insured mortgage loans, residual mortgage financing, residential rehabitation loans and grants, provision of low income-oriented non-profit housing and cooperative housing, provision of low income Native and rural housing, housing research, public information distribution on housing concerns, all as authorized under the National Housing Act.

CONTACT Canada Mortgage & Housing Corporation
870 Portage Avenue
Winnipeg, Manitoba R3C 2V2
Telephone: 949-5600

MOBILE HOME LOAN PROGRAM

PURPOSE	This program is designed to assist purchasers in the financing of mobile homes through approved lenders.
ELIGIBILITY	Those who find that a mobile home best meets their housing requirements and cannot obtain conventional mortgage loan guarantees.
CRITERIA	° loan must be through an approved lender; ° mobile home must have a permanent foundation.
CONTACT	Mobile Home Loan Guarantee Manitoba Housing and Renewal Corporation 2nd Floor - 287 Broadway Avenue Winnipeg, Manitoba R3C 0R9 Telephone: 945-4663

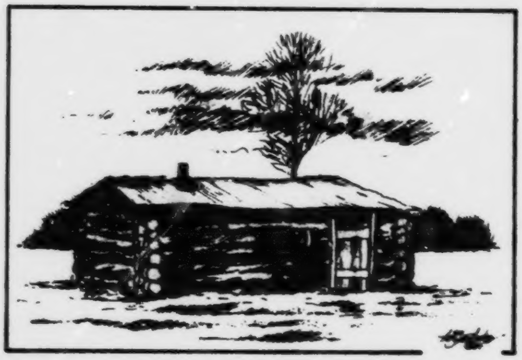


MANITOBA INTEREST RATE RELIEF PROGRAM

PURPOSE	This program is designed to assist homeowners who, after renewal of a mortgage, were required to spend in excess of 30% of their income on principal, interest and taxes each month.
ELIGIBILITY	° Homeowners who renewed their mortgage between June 1, 1982 and December 31, 1983. ° Homeowners financially burdened due to mortgage interest rate raises.
CRITERIA	° Applies to mortgage values of up to $40,000.00; ° Principal, interest and taxes must exceed 30% of income, 27.5% in designated northern communities; ° Benefits paid for a maximum 24 month period.
TYPE OF ASSISTANCE	° Up to $275 per month - up to $300 per month in designated northern communities.
CONTACT	Manitoba Housing and Renewal Corporation 1st Floor - 287 Broadway Avenue Winnipeg, Manitoba R3C 0R9 Telephone: 945-2611 TOLL FREE 1-800-282-8069

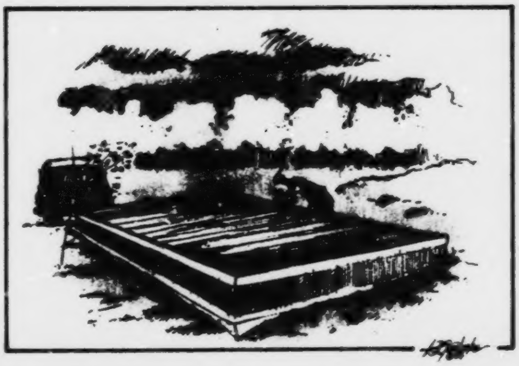
RURAL AND NORTHERN HOUSING PROGRAM

PURPOSE	This program is designed to assist rural and northern communities obtain decent and adequate housing with mortgage payments geared to their income.
ELIGIBILITY	Northern and rural communities with a population of 2,500 people or less are eligible to apply for this program.
CRITERIA	Applicant must: ° make a small downpayment - 25% of the applicant's adjusted income; ° community population must be less than 2,500.
TYPE OF ASSISTANCE	The initial payment covers the principal, interest and taxes and insurance. Subsidy costs are shared 75% and 25% between federal and provincial govenments respectively. Mortgage for 25 years at the prevailing interest rate.
CONTACT	Manitoba Housing and Renewal Corporation 2nd Floor - 287 Broadway Avenue Winnipeg, Manitoba R3C 0R9 Telephone: 945-4653



NON-PROFIT HOUSING

PURPOSE	Financial assistance is available to support the efforts of community - sponsored groups whose members take responsibility for planning and operating modest housing on their own behalf or for other families and individuals of low and moderate income, including elderly, physically handicapped, and Native people.
ELIGIBILITY	Non-profit community groups or organization are eligible sponsors. The target groups are low to moderate income people.
TYPE OF ASSISTANCE	Financial Assistance is provided.
CONTACT	Canada Mortgage & Housing Corporation 870 Portage Avenue Winnipeg, Manitoba R3G 0P2 Telephone: 949-5600



MANITOBA METIS FEDERATION HOUSING

PURPOSE The MMF Housing program delivers in conjuction with CMHC a housing program to approximately 125 rural and Native communities. The program is aimed at families with low income.

TYPE OF PROGRAMS

A. New and Existing Houses Under Section 40 of the National Housing Act

- This program helps people in rural and Native communities to obtain decent and adequate housing with mortgage payments geared to their income. The applicant is required to make a small down payment and is required to make payments of 25% of his/her adjusted income.
- The purchase of an existing unit is also possible providing it meets CMHC standards.

B. Residential Rehabilitation Assistance Program - RRAP is a rehabilitation program which provides loans to owners of older houses to make repairs and renovations to last for additional 15 years.

C. Emergency Repair Program - This program provides financial assistance to people with limited income and in desperate need of home repair.

D. Side By Sides - This program is for senior citizens 65 years of age or older. The side by sides are a duplex with each side having a maximum of 520 square feet of living space. The senior citizen may pay from 16.7% to 25% of his/her income.

CONTACT Ed Swain
Gail Carriere
Manitoba Metis Federation Housing Branch
701-310 Broadway Avenue
Winnipeg, Manitoba R3C 0S6
Telephone: 942-8304

Thompson Region:
Housing Development Officer
Greg McIvor
MMF Housing Branch
55 Selkirk Drive
Thompson, Manitoba R8N 0M5
Telephone: 778-6536

Interlake Region:
Housing Development Officers
Lloyd Pelletier
Chris Shannon
MMF Housing Branch
P.O. Box 292
Fisher Branch, Manitoba R0C 0Z0
Telephone: 372-6806 or 372-6821

Southeast Region:
Housing Development Officers
Claude Courchaine
Clem Bedard
MMF Housing Branch
701 - 310 Broadway Avenue
Winnipeg, Manitoba R3C 0S6
Telephone: 942-8304

The Pas Region:
Housing Development Officer
Emile Carriere
MMF Housing Branch
P.O. Box 2467
The Pas, Manitoba R9A 1M2
Telephone: 623-2790

Dauphin Region:
Housing Development Officer
Freeman Belhumeur
MMF Housing Branch
38 - 1st Avenue Northwest
Dauphin, Manitoba R7N 1G7
Telephone: 638-5328

Southwest Region:
Housing Development Officer
Bill Cardinal
MMF Housing Branch
463-8th Street
Brandon, Manitoba R7A 3X6
Telephone: 727-3136

SHELTER ALLOWANCES FOR ELDERLY RENTERS

PURPOSE SAFFR provides eligible pensioners in private rental accommodation with monthly assistance to keep rents reasonable in relation to income.

ELIGIBILITY Applicant is eligible if he or she is:

- 55 years of age or older;
- a renter in Manitoba;
- is receiving or entitled to receive Old Age Security or other pension sources;
- has a valid Manitoba Health Services numbers;
- is a single renter with income less than 14,100 or a couple with less than $15,000 annually and are spending more than 25% of income on rent.

TYPE OF ASSISTANCE The amount of monthly allowance is based on an individual's or a couple's total income. The maximum claimable rents are $325 per month for a single person, $350 per month for a couple.

CONTACT Shelter Allowance Programs
1st Floor - 287 Broadway Avenue
Winnipeg, Manitoba R3C 0R9
Telephone: 945-2611
TOLL FREE 1-800-282-8069

Shelter Allowance Programs
Regional Offices of Department of Housing

Dauphin
27-2nd Avenue S.W.
Telephone: 638-9111

Thompson
59 Elizabeth Road
Telephone: 778-4411 Extension 330

The Pas
Telephone: 623-3396

SHELTER ALLOWANCES FOR FAMILY RENTERS

PURPOSE SAFFR program is designed to assist low income families with dependent children on rental payment. This program provides monthly assistance of up to $150 to help rental payments.

ELIGIBILITY Families may qualifty if they are:

- a family of one parent with annual income of $15,000 or less;
- a 3 person or more family with an annual income of $16,300 or less;
- a 4 person or more family with annual income of $16,800 or less;
- spending more than 25% of income on rent.

TYPE OF ASSISTANCE There are limits on the amount of rent SAFFR assistance can be claimed for:

- for a 2 person family the maximum claimable is $350;
- for a 3 person family the maximum claimable is $375;
- for a 4 person or more family the maximum claimable is $400;

CONTACT

Shelter Allowance Programs
1st. Floor - 287 Broadway Avenue
Winnipeg, Manitoba R3C 0R9
Telephone: 945-2611
TOLL FREE 1-800-282-8069

Dauphin
27-2nd Avenue S.W.
Telephone: 638-9111

Thompson
59 Elizabeth Road
Telephone: 778-4411 Extension 330

The Pas
Telephone: 623-3396

RENT REGULATION BUREAU

PURPOSE The purpose of this office is to regulate the amount and frequency of rent increases throughout the province.

ELIGIBILITY Landlords and tenants of residential premises in Manitoba.

TYPE OF ASSISTANCE

- Receive and review landlord's applications for rent increases above the provincial guidelines;
- Receive and review tenants' objections to rent increases;
- Recommend allowable rent increases based on landlords' applications and tenants' objections;
- Investigate complaints of improper rent increases;
- Provide information to landlords and tenants.

CONTACT

Rent Regulation Bureau
302-254 Edmonton Street
Winnipeg, Manitoba R3C 3Y4
Telephone: 945-2476
TOLL FREE 1-800-262-8069

OFFICE OF THE RENTALSMAN

PURPOSE	The purpose of this office is to administer the Landlord and Tenant Act, specifically residential tenancies and to receive enquiries on all landlard and tenant matters except rent increases.
ELIGIBILITY	Landlords and tenants in Manitoba.
TYPE OF ASSISTANCE	° Information to landlords and tenants; ° Mediate and arbitrate disputes between landlords and tenants, including security deposit disputes; ° Investigate allegations of contravention of the Landlord and Tenant Act.
CONTACT	Office of Rentalsman 307 Kennedy Street Winnipeg, Manitoba R3B 2M7 Telephone: 956-1010 TOLL FREE 1-800-262-8844

PENSIONER TENANTS SCHOOL TAX ASSISTANCE

PURPOSE This program is disigned to provide an annual rebate to pensioners to offset the school tax portion of rental payments.

ELIGIBILITY Pensioners aged 55 and over who rent their principle residence.

CRITERIA
- The amount of the rebate is calculated on the bases of total annual rent;
- property already exempt from school tax does not qualify;
- must be a rented principle residence.

TYPE OF ASSISTANCE Rebates up to $175.00 annually.

CONTACT

SHELTER ALLOWANCE PROGRAMS
1st Floor - 287 Broadway
Winnipeg, Manitoba R3C 0R9
Telephone: 945-2611
TOLL FREE 1-800-282-8069

Regional Offices of The Manitoba Housing and Renewal Corporation:

DAUPHIN
27-2nd Avenue S.W. R7N 3E5
Telephone: 638-9111

THOMPSON
59 Elizabeth Road R8N 1X4
Telephone: 778-4411, Extension 330

THE PAS
Telephone: 623-3396

Local Community Health and Social Services offices, Province of Manitoba

CANADIAN HOME INSULATION PROGRAM (C.H.I.P.)

PURPOSE	This program is designed to assist in upgrading the energy efficiency of residential buildings built prior to 1971.
TYPE OF ASSISTANCE	A grant of up to 60 per cent of material and labour costs to a maximum of $500.
CONTACT	Canadian Home Insulation Program Canada Mortgage and Housing Corp. 870 Portage Avenue Winnipeg, Manitoba R3G 0P2 Telephone: 949-5695

RESIDENTIAL REHABILITATION ASSISTANCE PROGRAM

PURPOSE This program is designed to assist homeowners in the improvement and repair of substandard dwellings.

ELIGIBILITY This program is available to communities of 2,500 people or less. Home owners, non-profit housing corporations and cooperatives are eligible for this assistance.

CRITERIA Applicant must be homeowner and low or moderate income family.

TYPE OF ASSISTANCE Assistance is in the form of a loan (maximum $25,000) of which part of the repayment may be forgiven.

CONTACT

Ed Swain
Gail Carriere
MMF Housing Branch
701-310 Broadway Avenue
Winnipeg, Manitoba R3C 0S6
Telephone: 942-8304

Manitoba Housing Renewal Corporation
2nd Floor - 287 Broadway Avenue
Winnipeg, Manitoba R3C 0R9
Telephone: 945-4653

The Pas Region:
Housing Development Officer
Emile Carriere
MMF Housing Branch
P.O. Box 2467
The Pas, Manitoba R9A 1M2
Telephone: 623-2790

Dauphin Region:
Housing Development Officer
Freeman Belhumeur
MMF Housing Branch
38 - 1st Avenue Northwest
Dauphin, Manitoba R7N 1G7
Telephone: 638-5328

Southwest Region:
Housing Development Officer
Bill Cardinal
MMF Housing Branch
463-8th Street
Brandon, Manitoba R7A 3X6
Telephone: 727-3136

Thompson Region:
Housing Development Officer
Greg McIvor
MMF Housing Branch
55 Selkirk Drive
Thompson, Manitoba R8N 0M5
Telephone: 778-6536

Interlake Region:
Housing Development Officers
Lloyd Pelletier
Chris Shannon
MMF Housing Branch
P.O. Box 292
Fisher Branch, Manitoba R0C 0Z0
Telephone: 372-6806 or 372-6821

Southeast Region:
Housing Development Officers
Claude Courchaine
Clem Bedard
MMF Housing Branch
701 - 310 Broadway Avenue
Winnipeg, Manitoba R3C 0S6
Telephone: 942-8304

EMERGENCY REPAIR PROGRAM

PURPOSE This program provides assistance to people with limited income and in desparate need of home repair.

ELIGIBILITY Low income families.

TYPE OF ASSISTANCE Assistance provided in the form of a grant of $1,500. for emergency repairs. It is a one time grant. This program is used to repair homes to a point that they will be in a liveable condition until such time as a new or existing home can be secured.

CONTACT
Ed Swain
Gail Carriere
Manitoba Metis Federation Housing Branch
701-310 Broadway Avenue
Winnipeg, Manitoba R3C 0S6
Telephone: 942-8304

The Pas Region:
Housing Development Officers
Emile Carriere
MMF Housing Branch
P.O. Box 2467
The Pas, Manitoba R9A 1M2
Telephone: 623-2790

Dauphin Region:
Housing Development Officers
Freeman Belhumeur
MMF Housing Branch
38 - 1st Avenue Northwest
Dauphin, Manitoba R7N 1G7
Telephone: 638-5328

Southwest Region:
Housing Development Officer
Bill Cardinal
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463-8th Street
Brandon, Manitoba R7A 3X6
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Thompson Region:
Housing Development Officer
Greg McIvor
MMF Housing Branch
55 Selkirk Drive
Thompson, Manitoba R8N 0M5
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Interlake Region:
Housing Development Officers
Lloyd Pelletier
Chris Shannon
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Fisher Branch, Manitoba R0C 0Z0
Telephone: 372-6806 or 372-6821

Southeast Region:
Housing Development Officers
Claude Courchaine
Clem Bedard
MMF Housing Branch
701 - 310 Broadway Avenue
Winnipeg, Manitoba R3C 0S6
Telephone: 942-8304

CRITICAL HOME REPAIR PROGRAM

PURPOSE	This program is designed to assist pensioners and low income families with repair and rehabilitation of their own homes.
ELIGIBILITY	Priority will be given to critical repairs that will increase the life expectancy and safety of the home. Eligible dwellings must be at least ten years old and the dwelling must be occupied. Assistance may be considered to other home owners in special circumstances.
TYPE OF ASSISTANCE	CHRP provides grants of up to 1,500 on a sliding scale for pensioners with a maximum gross income of up to $14,000 and up to 3,000 in loans and grants to families with a maximum adjusted gross family income of up to $16,000.
CONTACT	Manitoba Housing and Renewal Corporation Critical Home Repair Program 2nd Floor, 287 Broadway Avenue Winnipeg, Manitoba R3C 0R9 Telephone: 945-2300

HOME CHEC-UP PROGRAM

PURPOSE The Home Chec-Up program is a provincial service which offers homeowners in all parts of Manitoba the services of a trained adviser who will visit a home, conduct energy analyses and suggest the most cost-effective methods of reducing energy consumption.

ELIGIBILITY

- All registered Manitoba homeowners are eligible;
- the house itself must be a single detached semi-detached, duplex home;
- houses under construction and unoccuppied dwelling are not eligible.

TYPE OF ASSISTANCE A complete home chec-up and thorough energy analyses. A $20.00 application fee is required prior to a visit by Home Chec-Up Advisor.

CONTACT

Manitoba Hydro Eastern Region
177 Main Street
Selkirk, Manitoba R1A 1R5
Telephone: 482-7811
TOLL FREE 1-800-442-0450

Manitoba Hydro Central Region
1120 Waverley Street
Winnipeg, Manitoba R3T 2X9
Telephone: 474-4111
TOLL FREE 1-800-262-8845

Manitoba Energy and Mines
Info Centre
Eaton Place
117-234 Donald Street
Winnipeg, Manitoba R3C 1M8
Telephone: 945-4154
TOLL FREE 1-800-282-8069

CHEC LOAN PROGRAM

PURPOSE The Chec Loan Program provides homeowners with a low-interest loan of up to $1,000 for approved materials and labour. The Chec Loan Program is an energy saving program.

ELIGIBILITY

- all registered Manitoba homeowners and landlords are eligible;
- the house itself must be detached or semi detached;
- Chec does not apply to homes under construction;
- homes built before 1977 are eligible for both CHEC and CHIP are required to use the CHIP grant for the first $500.

TYPE OF ASSISTANCE

- the maximum loan available is $1,000 and the minimum is $50;
- the repayment term of the loan is to maximum of 20 years;
- the loan is available at a guaranteed fixed interest rate;
- when hydro approves loan, the retailer or contractor supplying the materials will be paid directly by Hydro;
- loans are added to your hydro bill;
- loan billing must be to the homeowner;
- you can do the work yourself or hire a contractor;
- if you do the work yourself, the loan can only be used to cover the purchase of materials;
- loans must be approved before you order any materials or begin any work.

CONTACT

Manitoba Energy and Mines Info Centre
Eaton Place
117-234 Donald Street
Winnipeg, Manitoba R3C 1M8
Telephone: 945-4154
TOLL FREE 1-800-282-8069

Manitoba Hydro
5th Floor - Administration Bldg.
510 Main Street
Winnipeg, Manitoba R3C 2P4
Telephone: 474-3311

Manitoba Housing and Renewal Corporation
287 Broadway Avenue
Winnipeg, Manitoba R3C 0R9
Telephone: 945-2300
IN RURAL MANITOBA CALL COLLECT

CHIP
870 Portage Avenue
Winnipeg, Manitoba R3G 0P2
Telephone: 949-5695

Energy, Mines and Resources Canada
112 Osborne Street S.,
Winnipeg, Manitoba R3L 1Y5
Telephone: 949-4266
TOLL FREE 1-800-542-8928

Canada Mortgage and Housing Corporation
870 Portage Avenue
Winnipeg, Manitoba R3G 0P2
Telephone: 949-5600

COMMUNITY CHEC

PURPOSE This program is designed to assist community organizations to save money on energy costs and to stimulate employment in sectors of the economy which provide the needed materials, labour and expertise.

ELIGIBLITY Community groups who have postponed energy saving renovations due to lack of capital funds.

CRITERIA

- Energy bills for 1983 must exceed $5,000, but be less than $100,000;
- Building must have been constructed prior to December 31, 1980;
- Total energy use must be reduced by at least 20%;
- A simple payback period of one to five years should be achieved.

CONTACT

Manitoba CHEC
Manitoba Energy and Mines Info Centre
Eaton Place, 117-234 Donald Street
Winnipeg, Manitoba R3C 1M8
Telephone: 945-4154
TOLL FREE 1-800-282-8069

MANITOBA METIS FEDERATION (MMF)

PURPOSE The MMF is a Metis provincial political organization that deals with economic, education, child welfare, housing, land and aboriginal rights of the Metis people in Manitoba.

CONTACT Yvon Dumont President
203-310 Broadway Avenue
Winnipeg, Manitoba R3C 0S6
Telephone: 942-8640

OR THE MMF REGIONAL OFFICES

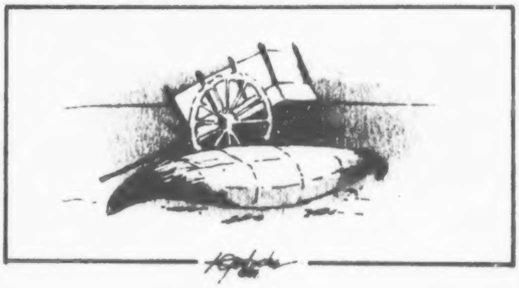
Dauphin
38-1st Avenue, N.E.
Dauphin, Manitoba R7N 0Z5
Telephone: 638-5328

Interlake
Box 292
Fisher Branch, Manitoba R0C 0Z0
Telephone: 372-6871

Southeast
304-504 Main Street
Winnipeg, Manitoba R3B 1B8
Telephone: 942-0788

The Pas
Box 2467
The Pas, Manitoba R9A 0K2
Telephone: 623-5701

Thompson
55 Selkirk Drive
Thompson, Manitoba R8N 0L3
Telephone: 778-7301



MANITOBA KEEWATINOWI OKIMAKANAK (MKO)

PURPOSE	The MKO is an Indian political organization that deals with economic, education, and social services; and health, treaty, land and aboriginal rights of status Indians in Northern Manitoba.
CONTACT	Gilbert Beardy, Executive Director Manitoba Keewatinowi Okimakanak 3 Station Road Thompson, Manitoba R8N 0N3 Telephone: 778-4431

BROTHERHOOD OF INDIAN NATIONS (BIN)

PURPOSE	BIN is an Indian political organization that deals with economic, education, and social services; and health, treaty, land and aboriginal rights of status Indians in the Interlake area.
CONTACT	Chief Bill Traverse Brotherhood of Indian Nations 318 Smith Street Winnipeg, Manitoba R3B 2H1 Telephone: 942-0783

FIRST NATIONS CONFEDERACY (FNC)

PURPOSE The FNC is an Indian political organization that deals with economic, education, social services, health, treaty, land and aboriginal rights of status Indians.

CONTACT Executive Director
Alfred Everett
First Nations Confederacy
274 Garry Street
Winnipeg, Manitoba R3C 1H5
Telephone: 944-8245

NORTHERN ASSOCIATION OF COMMUNITY COUNCILS (N.A.C.C.)

PURPOSE	N.A.C.C. is a non-profit organization made up of 54 community councils to assist the communities in physical, economic and social development as well as providing information and acting as a lobby group for the communities.
CONTACT	Brian Orvis, Executive Director Northern Association of Community Councils 411-259 Portage Avenue Winnipeg, Manitoba R3B 2A9 Telephone: 949-1439

INDIAN TRIBAL COUNCILS

PURPOSE The Council's work is aimed at assisting Bands in administration and financial management of local government on the reserve. The main objective of the Tribal Council is to generally unify and maintain and expand the interests, lives, and identity of the Band members. They work with the Department of Indian Affairs and Northern Development to further facilitate local government and the transfer of responsibility to the Chief and Council at the speed in which the Band will accept responsibility and accountability.

CONTACT Dakota-Ojibway Tribal Council
Administrator: Alfred Everett
702 Douglas Street
P.O. Box 322
Brandon, Manitoba R7A 5Z2
Telephone: 725-3560

Interlake Reserve Tribal Council
Administrator: Larry Amos
P.O. Boxz 218
Ashern, Manitoba R0C 0E0
Telephone: 768-3062

Island Lake Region
Coordinator: Roger Mason
Island Lake, Manitoba
Telephone: 462-2087

Keewatin Tribal Council
145-74 Caribou Road
Thompson, Manitoba R8N 0L3
Telephone: 677-2341

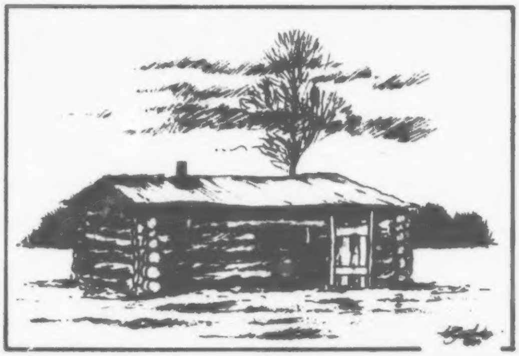
Southeast Resource Devalopment Council
Administrator: Joe Malcolm
201 - 511 Ellice Avenue
Winnipeg, Manitoba R3B 1Y8
Telephone: 477-6050

Swampy Cree Tribal Council
Executive Director: Nathan McGillivary
P.O. Box 150
The Pas, Manitoba
Telephone: 623-3423

West Region Tribal Council
Administrator: Wilfred Morisseau
21 4th Avenue N.W.
Dauphin, Manitoba R7N 1H9
Telephone: 638-8225

MANITOBA ASSOCIATION OF FRIENDSHIP CENTRES (MAC)

PURPOSE	MAC is the political lobbying and public relations body representing all Indian and Metis Friendship Centres in Manitoba.
CONTACT	Manitoba Association of Friendship Centres 605-213 Notre Dame Winnipeg, Manitoba R3B 1N3 Telephone: 943-8082



INDIAN AND METIS FRIENDSHIP CENTRES (IMFC)

PURPOSE IMFC's are designed to help and meet the needs of the Native community by providing information, counselling, referral, housing, employment and social services. In also provides social, cultural and recreational activities and workshop for the Native community.

CONTACT Indian and Metis Friendship Centre
465 Alexander Avenue
Winnipeg, Manitoba R3A 0N7
Telephone: 943-1501

Brandon Indian & Metis Friendship Centre
836 Lorne Avenue
Brandon, Manitoba R7A 0T8
Telephone: 727-1407

Dauphin Indian & Metis Friendship Centre
210 - 1st Avenue N.E.
Dauphin, Manitoba R7N 1R9
Telephone: 638-5707

Flin Flon Indian & Metis Friendship Centre
57 Church Street
Flin Flon, Manitoba R8A 1K8
Telephone: 687-3900

Lynn Lake Indian & Metis Friendship Centre
624 Gordon Avenue
Box 460 Lynne Lake, Manitoba R0B 0W0
Telephone: 356-2445

The Pas Indian & Metis Friendship Centre
81 Edward Avenue
Box 2638 The Pas, Manitoba R9A 1M3
Telephone: 623-6459

Portage la Prairie Indian & Metis Friendship Centre
21 Royal Road S.
Portage la Prairie, Manitoba R1N 1T9
Telephone: 239-6333

Selkirk Indian & Metis Friendship Centre
425 Eveline Street
Selkirk, Manitoba R1A 2J5
Telephone: 482-7525

Swan River Indian & Metis Friendship Centre
Box 1448
Swan River, Manitoba R0L 1Z0
Telephone: 734-9301

Thompson Indian & Metis Friendship Centre
Ma-Mow-We-Tak-Centre Inc.
122 Hemlock Crescent
Thompson, Manitoba R8N 0R6
Telephone: 778-7337

TREATY AND ABORIGINAL RIGHTS RESEARCH CENTRE OF MANITOBA (T.A.R.R.)

PURPOSE	The T.A.R.R. provides historical research services to sixty Indian Bands of Manitoba. Through the years the focus of research has been on Indian rights such as Treaty land entitlement, Treaty rights, hunting, fishing, trapping and gathering rights and on Indian lands (reserve alienations, surrenders, leases, expropriations)
CONTACT	Treaty and Aboriginal Rights Research Centre of Manitoba 503-177 Lombard Avenue Winnipeg, Manitoba R3B 0W5 Telephone: 943-6456 Treaty and Aboriginal Reights Research Centre 3 Station Road Thompson, Manitoba R8N 0N3 Telephone: 778-4431

MANITOBA METIS FEDERATION CHILD WELFARE

PURPOSE The M.M.F. Child Welfare Program provides advice and technical assistance to M.M.F. Board of Directors on issues respecting Metis children and family in Province of Manitoba. Services provided are:

- identifying and researching child welfare which directly and indirectly affect the overall planning and development of services to Metis children and families
- designing, developing and implementing program delivery systems consistent with Metis culture and philosophy
- recommending mechanisms for resolution and policy, practice and procedural issues with the Provincial child welfare system
- providing assistance to Metis communities and attempting to develop or improve local services related to child and family support
- organizing community educationals in child and family issues
- assisting Metis communities or Metis individuals involved in the defence of child and parent rights

Within the Dauphin and Thompson regions, services provided by the program include:

- the development, training of and support to local child and family support committees
- community education regarding the needs of children and families
- assistance in resource development

- monitoring and evaluating community progrms and services

CONTACT

Linda Clarkson, Provincial Coordinator
Manitoba Metis Federation
Child and Family Support Program
701-310 Broadway
Winnpeg, Manitoba R3C 1S6
Telephone: 942-8304

Ethel Deschambault
M.M.F. Regional Office
Child and Family Support Program
55 Selkirk Drive
Thompson, Manitoba R8N 0M5
Telephone: 778-7301

Maureen Penner
M.M.F. Regional Office
Child and Family Support Program
38-1st Avenue, N.W.
Dauphin, Manitoba R7N 1A4
Telephone: 638-5528

AWASIS AGENCY

PURPOSE The Awasis Agency is an independent Indian Child Care Agency in Northern Manitoba which provides services to 25 Northern Reserves. The Awasis Agency of Northern Manitoba is responsible for Indian child welfare which include developmental, preventative, protective and rehabilitative needs of the child and the family. Each of the 25 bands in Awasis Agency has a local Child Welfare Committee adapted to their local.

CONTACT

Bobby Meade, Program Coordinator
Awasis Agency
3 Station Road
Thompson, Manitoba R8N 0N3
Telephone: 677-4545

Dennis Heasley, Program Coordinator
Awasis Agency
Box 3910
Otineka Mall
The Pas, Manitoba R9A 1K6
Telephone: 623-7456

Alfred Wood, Program Coordinator
Awasis Agency
General Delivery
Garden Hill, Manitoba R0B 0T0
Telephone: 456-2015

Alice Hart, Program Coordinator
Awasis Agency
301-280 Smith Street
Winnipeg, Manitoba R3C 1K2
Telephone: 943-3335

DAKOTA OJIBWAY CHILD & FAMILY SERVICES (DOCFS)

PURPOSE The D.O.C.F.S. is an Indian Child Welfare Agency serving Indian families and children on eight Dakota Ojibway Tribal Council reserves.

CONTACT Tim Maloney Executive Director
702 Douglas Street
P.O. Box 322
Brandon, Manitoba R7A 5Z2

Telephone: 725-3560

NATIVE FAMILY SERVICES (NFS)

PURPOSE The purpose of NFS is to provide protection and support Native for families in the City of Winnipeg. NFS works to reunite families if children have been taken away and they provide child and family counselling, referral, advocacy, and crisis intervention.

CONTACT Native Family Services
2nd Floor, 598 Selkirk Avenue
Winnipeg, Manitoba R2W 2M9
Telephone: 589-6317

NATIVE WOMEN'S TRANSITION CENTRE

PURPOSE	The Native Women's Transition Centre is a home for Native women and their children who are in the process of changing present life situation. It is a place where there is support and access to resources to enable the women to grow and develop their skills in becoming more self determining.
CONTACT	Jackie Lavallee Executive Director Native Women's Transition Centre 367 Selkirk Avenue Winnipeg, Manitoba R3B 1H9 Telephone: 589-1859

INDIAN FAMILY CENTER

PURPOSE Indian Family Center is a spiritual, socially oriented organization that provides supports to Native families. Specific support services are provided in the Native languages and in traditional Native ways.

CONTACT Indian Family Center
470 Selkirk Avenue
Winnipeg, Manitoba R2W 2M5
Telephone: 589-8393

WALNUT RECEPTION HOME

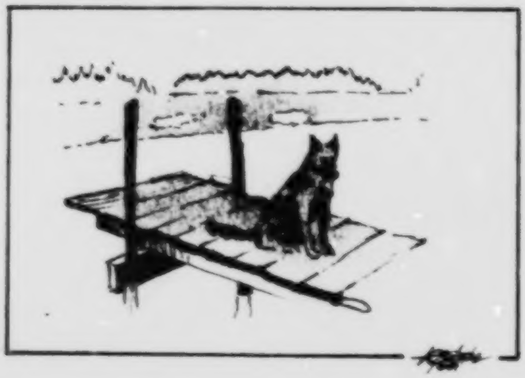
PURPOSE The Walnut Reception Homes provides assistance for northern Natives who require medical treatment in Winnipeg. Assistance provided includes meals, accommodations, visiting, and workshops. The Home is operated by the Native Ministries, Conference of Mennonites.

CONTACT Walnut Reception Home
171 Walnut Street
Winnipeg, Manitoba R3G 1P3

Telephone: 786-1991

PROJECT NEECHEEWAN INC.

PURPOSE	Community-based treatment programs to meet specific needs of native children requiring assistance and direction away from their homes; to recognize, promote and develop each child's sense of identity and self-worth. Group homes at 97 Nassau Street, (boys 13-17 years) and 320 Stradbrook Avenue, (girls 13-17 years). Group home on Fairford Indian Reserve for Indian/Metis boys 10-16 years. Emphasis on native lifestyle and activities, professional staff on rotating basis. All programs have services of supervisory staff and Executive Director; offer professional treatment delivery, with emphasis on special education and recreational programs.
CONTACT	Project Neecheewam Inc. 320 Stradbrook Avenue Winnipeg, Manitoba R3L 0J6 Telephone: 453-0911



KINEW HOUSING CORPORATION

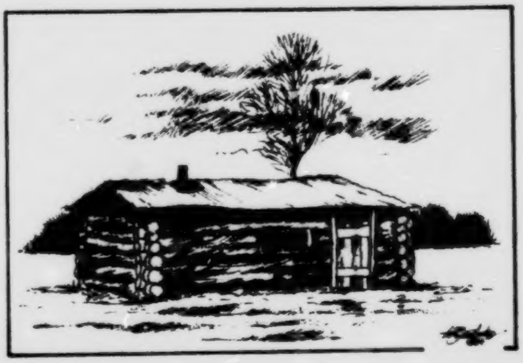
PURPOSE Kinew Housing is a non-profit housing service for Native people in Winnipeg. Kinew Housing provides rental services to Native people, in addition it provides orientation, and referral for educational and vocational training skills.

CONTACT Stan Fulham
General Manager
Kinew Housing Corp.
820 Portage Avenue
Winnipeg, Manitoba R3G 0N4
Telephone: 775-0407 or 775-0408

CAMPERVILLE ASPEN TIMBER HOMES

PURPOSE Aspen Timber Homes is a division of Camperville Development Corporation that builds and constructs log houses. Aspen Timber Homes offer an exciting breakthrough of technology in construction and heating efficiency, together with the warmth, durability of natural wood. It is a bold concept that warrants serious consideration from serious homebuyers and builders.

CONTACT Camperville Aspen Timber Homes
Camperville Development Corporation
Box 88
Camperville, Manitoba R0L 0J0
Telephone: 524-2726



M.M.F. EDUCATIONAL SERVICES

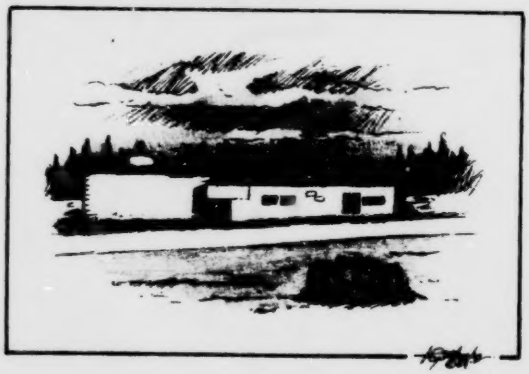
PURPOSE The purpose of the Manitoba Metis Federation Educational Service is to develop a coordinated education policy for Metis in Manitoba.

ELIGIBILITY Metis and Non-Status Indians are eligible to participate in the service.

TYPE OF ASSISTANCE Briefly the services provided are:

- to assess the educational need of Metis people in Manitoba and to develop alternatives where necessary
- to provide educational services to Metis and Non-Status Indian students
- to assess program and policies of the Manitoba Department of Education and other educational institutions
- to provide on-going liaison with the M.M.F. regarding development of education policy
- to provide direct liaison with the Minister of Education and other senior officials in problem areas.

CONTACT
Audreen Hourie, Coordinator
Manitoba Metis Federation
203-310 Broadway Avenue
Winnipeg, Manitoba R3C 0S6
Telephone: 942-8304



MANITOBA INDIAN EDUCATION ASSOCIATION (M.I.E.A.)

PURPOSE	MIEA is an organization funded by Indian Affairs. The services provided include educational and student services. Educational services include information and assistance in local control, research, special education and curriculum for the benefit of Indian bands. Student services involves financial, social and family counselling assistance for status Indian students.
CONTACT	Bob Calvert Executive Director Manitoba Indian Education Association 301-294 Portage Avenue Winnipeg, Manitoba R3C 0B9 Telephone: 947-0421

INDIAN METIS INUIT STUDENT ASSOCIATION (IMISA)

PURPOSE	IMISA is a Native student organization at the University of Manitoba that provides information and assistance to Native students at the university.
CONTACT	Buddy Loyie Native Student Advisor Indian Metis Inuit Student Association 304 University Centre Winnipeg, Manitoba R3T 2N2 Telephone: 269-1156

NATIVE COURT COMMUNICATORS

PURPOSE This service is for Native people involved in the criminal court process, who require guidance on the best course of action. The court communicators act as liaison with police; advise the accused of alternative courses of action open to them; assist in contacting legal counsel, and assist in communication between counsel and accused; obtain legal advice where necessary; assist those in custody to be released on bail or otherwise; assist the accused and police to contact relatives, social agencies, etc., act as liaison with Probation Services; maintain contacts with reserves and with Indian and Metis organiations.

CONTACT J.A. (Al) Chartrand
Chief Court Communicator
620-504 Main Street
Winnipeg, Manitoba R3B 1B8
Telephone: 943-0621

Richard Cameron
Rosalie Dickenson
Marie Wescoupe
3rd Floor - Public Safety Building
151 Princess Street
Winnipeg, Manitoba R3C 1A3
Telephone: 942-6829

Richard Kenny
1104 Princess Avenue
Brandon, Manitoba R7A 0P9
Telephone: 727-8217

Rosemarie McPherson
27-2nd Avenue S.W.
Dauphin, Manitoba R7N 3E5
Telephone: 638-9111

George McIvor
Cross Lake, Manitoba R0B 0J0
Telephone: 676-2063

Ronald Ballantyne
Grand Rapids R0C 1E0
Telephone: 639-2276

Lorne Atkinson
P.O. Box 1118
Portage la Prairie, Manitoba R1N 3C5
Telephone: 239-6333

Stan Guiboche
P.O. Box 2114
The Pas, Manitoba R9A 1L8
Telephone: 623-5747

Sara Cote
Swan River, Manitoba
Telephone: 734-9221

Lillian Patton
6-51 Loval Place
Thompson, Manitoba R8N 0H8
Telephone: 778-5159

Jeremy Caribou
Pukatawagan, Manitoba R0B 1G0
Telephone: 553-2139

NATIVE CLAN ORGANIZATION

PURPOSE	The Native Clan offers counselling services by Native staff to Native women and men inmates who are in Headingley or Stony Mountain. Beside counselling it also provides parole planning, parole/mandatory supervision. Native Clan also operates a halfway home, Regina House, on 160 Mayfair Avenue in Winnipeg.
CONTACT	Curtis Fontaine Executive Director Native Clan Organization 620-504 Main Street Winnipeg, Manitoba R3B 1B8 Telephone: 943-7357

PROJECT RENE

PURPOSE Project Rene is a project sponsored by the Native Clan Organization to help youth who have been in trouble with the law. In many cases Project Rene is an alternative to jail. Situated in a wilderness setting this program exposes youth to various trades, ie. carpentry, motor mechanics, stock wall housing, commercial fishing, etc. The term can be anywhere from six to two years less a day.

CONTACT Neal Joyce
Managing Director
Project Rene
Box 360
The Pas, Manitoba R9A 1K5

Telephone: 623-2662

The three Native Brotherhood organizations below are composed of Natives in Stony Mountain, Rockwood and Headingley. The groups meet for programs, activities and discussions.

Native Brotherhood Organization
(Stony Mountain)
P.O. Box 4500
Winnipeg, Manitoba R3C 3W9

Native Brotherhood Organization
(Rockwood)
P.O. Box 72
Stony Mountain, Manitoba R0C 3A0

Native Brotherhood Society
P.O. Box 130
Headingley, Manitoba R0H 0J0

NATIVE ALCOHOLISM COUNCIL OF MANITOBA

PURPOSE Native Alcoholism Council provides counselling assistance to Native persons affected by alcohol abuse. It provides individual, group, and family counselling, a rehabilitation program, out-patient program and community work. Pritchard House is a 15 bed facility that offers a rehabilitation program for Native people. Service is provided through following locations:

CONTACT Pritchard House
456 Pritchard
Winnipeg, Manitoba R2W 2J7
Telephone: 586-8300

Brandon Friendship Centre
836 Lorne Avenue
Brandon, Manitoba R7A 0T8
Telephone: 727-1407

Dauphin Friendship Centre
210-1st Avenue, N.E.
Dauphin, Manitoba R7N 1R9
Telephone: 638-5707

Waywayseecapo Band Office
Box 493
Rossburn, Manitoba R0J 1V0
Telephone: 859-2430

Brokenhead Band Office
Scanterbury, Manitoba R0E 1W0
Telephone: 766-2494 or 766-2654

MAIN STREET PROJECT

PURPOSE The Main Street Project provides crisis intervention, street patrol and emergency referral service in the Main Street area of Winnipeg. It also provides chemical abuse counselling and emergency overnight shelter or detoxification. It identifies social needs not being met and advocates for programs to meet their needs. The Main Street Project has a non-medical program for alcoholics requiring withdrawal from the effects of their latest drinking episodes for 72 hour period. It provides counselling and placement assistance on treatment programs. Accepts referrals from any source and self referrals.

Main Street Project has a short-term hostel at 105 Galt Avenue to provide accommodation to individuals who are abused, lost, homeless and temporarily unable to function independently in the community.

CONTACT Main Street Project
75 Martha Street
Winnipeg, Manitoba R3B 1A4
Telephone: 942-0434

PEMMICAN PUBLISHERS

PURPOSE Pemmican Publishers is a Manitoba Metis Federation publishing company dealing with Metis people in Canada. Books can be purchased at this address.

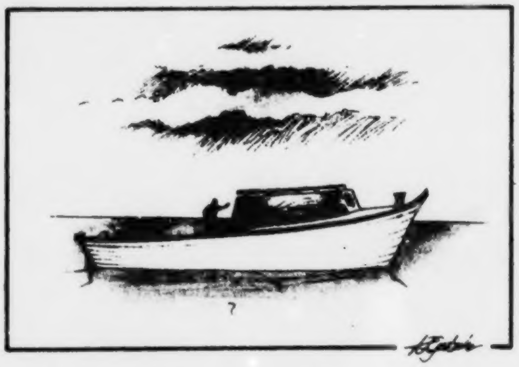
CONTACT Pemmican Publishers
701 - 310 Broadway
Winnipeg, Manitoba R3C 0S6
Telephone: 942-0926

NATIVE COMMUNICATIONS INC. (NCI)

PURPOSE	The object of NCI is to promote and facilitate communications in Native languages throughout the province of Manitoba by means of radio, television, newspaper and any other forms of mass communications.

CONTACT
Ron Nadeau
General Manager
Native Communications Inc.
Box 5, 1 Public Road
Thompson, Manitoba R8N 1M9

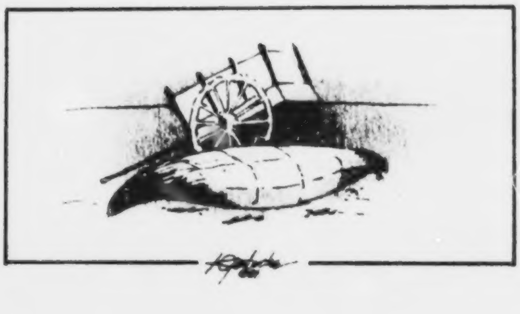
Telephone: 778-8343



NORTHERN TRADITIONS

PURPOSE	Northern Traditions is a Metis owned retail shop of Indian, Inuit and Metis art and hand crafted goods. They feature Cowichan Indian sweaters, a variety of northern parkas, moccasins, mukluks, and authentic Native art including wood and soapstone carvings from the north.

CONTACT
Barbara Bruce
Ed Roy
Northern Traditions
227 McDermot Avenue
Winnipeg, Manitoba R3B 0S4
Telephone: 942-5917



THE TEEPEE RESTAURANT

PURPOSE The Teepee is a Native owned restaurant that offers a unique dining experience, specializing in Native Canadian cuisine, fresh fish, pemmican, buffalo, partridge, rabbit, wild rice as well as continental dishes.

CONTACT Mary Richard Monagle
The Teepee Restaurant
236 Edmonton Street
Winnipeg, Manitoba R3C 1R7

Telephone: 942-7491

TANSI RV RESORT/CAMPGROUND

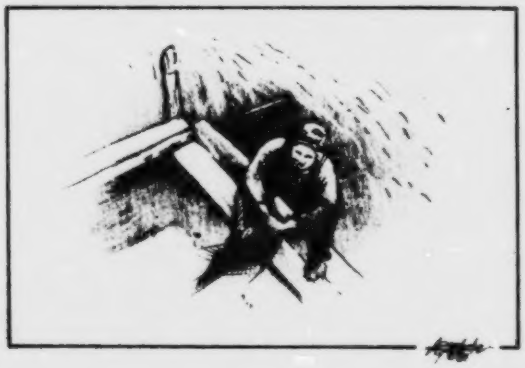
PURPOSE Tansi is a Native owned resort campground located on Highway #1, just 9 miles west of Winnipeg. Tansi provides privacy, treed capsites, with grassy pull-through is fully serviced in park-like setings. Amenities include store, laundry facilities, showers, etc.

CONTACT Tansi Resort/Campground
Box 105
Headingley, Manitoba R0H 0J0
Telephone: 475-6055

ME-DIAN CREDIT UNION

PURPOSE The Me-dian Credit Union is a provincial chartered credit union that serves the native community in all areas except with real property mortgages. The Me-dian Credit Union is a native credit union.

CONTACT Roger Carriere, Manager
Me-dian Credit Union
269 Portage Avenue
Winnipeg, Manitoba R3B 2A8
Telephone: 943-9111



NOPIMING OUTFITTING

PURPOSE Nopiming Outfitting located in Manigotogan is a family-run outfitting service that is capable of accommodating any number of people on various routes of different lengths.

CONTACT Alex Simard
Nopiming Outfitting
Manigotogan, Manitoba R0E 1E0
Telephone: 363-7272

AMIK TANNERY

PURPOSE Amik Tannery located in Camperville is an independent Metis Tannery company specializing in tanning exotic beaver tail leather. The prime purpose of Amik Tannery is the tanning of raw skin or hides.

CONTACT Adele Lafreniere, Manager
Amik Tannery
Box 158
Camperville, Manitoba R0L 0J0
Telephone: 524-2244

NATIVE EMPLOYMENT SERVICES

PURPOSE The Winnipeg Native Employment Services is an employment agency with Native counsellors. Vocational, personal and family counselling services are offered in additional to referral to job training and community development work and other training program.

CONTACT Walter Menard Co-ordinator
300-203 Portage Avenue
Winnipeg, Manitoba R3B 2A1
Telephone: 943-0401

NATIVE CITIZENS' DIRECTORATE

PURPOSE This section of the Citizenship Branch of the Secretary of State conducts participation programs, for status and non-status Indians, Métis and Inuit people. It provides grants for provincial and national organizations of Native people, women's groups, and youth groups and core funding grants to Friendship Centres to help migrating Native people adapt to urban life.

The objectives of the Native Citizens Directorate are 1) to encourage and assist effective citizen participation by Native people; 2) to encourage an appreciation of the uniqueness of Native peoples and their culture and institutions by other Canadians, and to encourage an appreciation by Native people of other people and cultures; and 3) to encourage and promote Native cultures within the Canadian mosaic.

CONTACT
Roger Collet
Regional Director
Ted Fontaine
Social Development Officer
Native Citizens' Directorate
201-303 Main Street
Winnipeg, Manitoba R3C 3G7

Telephone: 949-5395 or 949-4367

NATIVE WOMEN'S PROGRAM

PURPOSE	The purpose of the Native Women's Program is to advance the participation of Native women in their own communities and in Canadian society. All Native women's groups/organizations are eligible to apply. Support will remain dependent on the type of project submitted. Project funds are available on a once-only basis.
CONTACT	Connie Eyolfson Native Women's Program Officer Secretary of State 200-303 Main Street Winnipeg, Manitoba R3C 3G7 Telephone: 949-3601

OLD AGE SECURITY (O.A.S)

PURPOSE O.A.S. program is designed to provide full or partial monthly benefit payable to Canadian Citizens at age sixty-five or over provided they meet certain residence requirements. The monthly cheques are tied to the cost of living index. This is a taxable income. To start receiving benefits without delay, you should apply six months before your 65th birthday.

CONTACT Old Age Security
Income Security Programs
Health & Welfare Canada
Main Floor; Eaton Place
330 Graham Avenue
Winnipeg, Manitoba R3C 4C8
Telephone: 949-3640

SPOUSE'S ALLOWANCE

PURPOSE	The Spouse's Allowance is paid to the spouse of an Old Age Security Pensioner. The monthly benefit paid to spouses of Old Age Security pensioners based on combined income of couple if spouse is between 60 - 65 years of age. The spouse's allowance is not taxable income.
CONTACT	Spouse's Allowance Income Security Program Health & Welfare Canada Main Floor, Eaton Place 330 Graham Avenue Winnipeg, Manitoba R3C 4C8 Telephone: 949-3640

MANITOBA SUPPLEMENT FOR PENSIONERS (M.S.P.)

PURPOSE The M.S.P. is designed to provide quarterly income supplements for certain pensioners with little or no personal income.

ELIGIBILITY

- There are two components of the M.S.P. program:
  - a) Pensioners 55 years and over may be eligible for M.S.P. benefits if 50% of their income comes from pension sources and is within a specified income range. An application is necessary.
  - b) For pensioners receiving certain levels of the federal Guaranteed Income Supplement or Spouse's Allowance the payment is automatic and no application is necessary.

TYPE OF ASSISTANCE Pensioners in both components receive cheques four times a year if they qualify.

CONTACT

Manitoba Supplement for Pensioners
301-267 Edmonton Street
Winnipeg, Manitoba R3C 1S2
Telephone: 945-2686
COLLECT CALLS ACCEPTED

GUARANTEED INCOME SUPPLEMENT (G.I.S.)

PURPOSE	Persons whose sole source of income is Old Age Security pension or whose income is below certain levels are entitled to a Guaranteed Income Supplement. This is a federal program that ensures that every senior has a guaranteed minimum income.
ELIGIBILITY	To qualify, you and your spouse together must have little or no income other than the Old Age Security pension. Applications must be filled out annually.
CONTACT	Guaranteed Income Supplement Income Security Program Health & Welfare Canada Main Floor, Eaton Place 330 Graham Avenue Winnipeg, Manitoba R3C 4C8 Telephone: 949-3640

CANADA PENSION PLAN (C.P.P.)

PURPOSE The C.P.P. is a federal government plan which provides pensions for all Canadians participating in workforce. The amount of pension received from the plan depends upon the length of time in the workforce and the amount of contributions which have been made.

ELIGIBILITY

- Retirement - monthly pension payable as early as age 65.
- Disability - monthly pension for contributors who become disabled within the meaning of C.P.P. Act before reaching age 65. Monthly benefits for dependent children of the disabled contributor.
- Survivor and Orphan Benefits - Death benefit payable to Estate; a monthly pension for the surviving spouse; a monthly benefit for the surviviing children.

CONTACT

Canada Pension Plan
Income Security Programs
Health & Welfare Canada
Main Floor, Eaton Place
330 Graham Avenue
Winnipeg, Manitoba R3C 4C8
Telephone: 949-3640

NEW HORIZONS

PURPOSE	New Horizons is a unique program developed by federal government to encourage and enable retired Canadians to become actively involved in the life of their community. This objective is accomplished thru the distribution of cash grants to groups of older people to provide them with an opportunity to share the interests, skills and talents in developing and carrying out projects of their own choosing.
ELIGIBILITY	To be eligible for a grant under the New Horizons Program a group must consist of at least ten volunteers who will serve as the directors of the project. The majority of the directors must be older people, retired from the work force and willing to assume responsibility for the direction of management of the proposed activity.
TYPE OF ASSISTANCE	Grants will be provided to either start up new activities or expand existing activities. Grant may cover expenses incurred in planning, organizing and operating the activity such as rent, utilities, furniture, equipment, materials for arts and crafts, minor alterations for space and publicity. funds will not be allotted for capital expenditure or for travel, however limited funds may be allocated for transportation as an integral part of an overall activity. New Horizons funds may not be used to pay salaries for project director or participants.
CONTACT	New Horizons Eaton Place 340 Graham Avenue Winnipeg, Manitoba R3C 4C2 Telephone: 949-2833

SENIOR CITIZENS JOB BUREAU INC.

PURPOSE Free employment referral service to people over 60 and free applicant referral service to employers of whatever age, either household or businesses.

CONTACT Senior Citizens Job Bureau Inc.
300-323 Portage Avenue
Winnipeg, Manitoba R3B 2C1
Telephone: 943-8864

MANITOBA SOCIETY OF SENIORS (MSOS)

PURPOSE	This non-profit, voluntary organization was developed by and for seniors citizens. It is designed to represent all the elderly of Manitoba and to seek solutions to their needs. It does this by stimulating community action to meet the needs of the elderly.
TYPE OF ASSISTANCE	The MSOS provides services for the elderly population.
CONTACT	Manitoba Society of Seniors 1102-211 Portage Avenue Winnipeg, Manitoba R3B 2A2 Telephone: 942-3147

SENIOR CITIZEN REGIONAL COUNCILS

PURPOSE Each Senior Citizen Council is responsible for investigating the needs of the citizens in its region and making recommendations to the proper officials when services are lacking. These regional councils have delegate representatives to the Manitoba Society of Seniors. They are also involved in co-ordinating regional events for all senior clubs.

CONTACT Interlake Regional Senior Citizens Council
202-446 Main Street
Selkirk, Manitoba R1A 1V7
Telephone: 482-4511

Northwest Senior Citizens Council
15-1st Avenue S.W.
Dauphin, Manitoba R7N 1R9
Telephone: 638-7024

Norman West Regional Senior Citizens Council
Box 2550
The Pas, Manitoba R9A 1M4
Telephone: 623-6411

Norman East Senior Citizens Council
871 Thompson Drive S.
Thompson, Manitoba R8N 0C8
Telephone: 778-7371

ROYAL CANADIAN LEGION MANITOBA

PURPOSE Assists veterans with claims for disability pensions, War Veterans Allowance application and appeals; financial assistance for veterans and dependents in need, through benevolent fund; donations to charitable organizations. Branches raise funds for variety of community projects. Branches located throughout province; consult telephone directory.

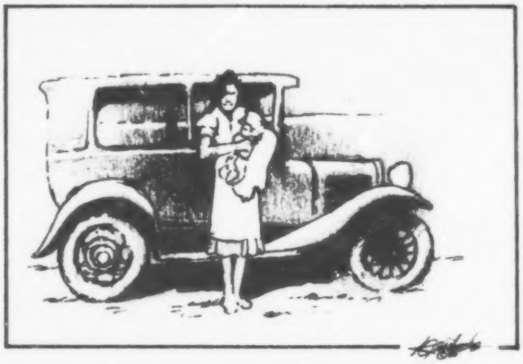
CONTACT Royal Canadian Legion Manitoba
563 St. Mary's Road
Winnipeg, Manitoba R2M 3L6
Telephone: 233-3405

THOMPSON CRISIS CENTRE

PURPOSE The Thompson Crisis Centre is open twenty four hours a day and provides short term accommodation for battered women and their children.

CONTACT North-Win House
Thompson Crisis Centre
100 Goldeye
Thompson, Manitoba R8N 1L5

Telephone: 677-2723 or
778-7273 or
667-9668



OSBORNE HOUSE

PURPOSE Osborne House is the YWCA's short term crises shelter where qualified staff offer help to abused women wanting to lead happier more secure lives.

TYPE OF ASSISTANCE

- refuge, 24 hours a day, seven days a week;
- board, room, clothing and laundry;
- arrangements for emergency or longer term health care;
- trained counsellors
- referral upon request to Legal Aid, housing agencies, church groups, the Human Rights Commission, the Salvation Army, educational institutions and support groups such as Parents Annoymous, the Alcoholism Foundation.

CONTACT

Osborne House
54 Balmoral Street
Winnipeg, Manitoba R3C 1X4
Telephone: 775-8197
DAY OR NIGHT

MANITOBA COMMITTEE ON WIFE ABUSE (MCWA)

PURPOSE The MCWA is designed to provide support, assistance and protection to battered wives and to work cooperatively with all other persons or groups to reduce incidence of wife battering in Manitoba and throughout Canada.

TYPE OF ASSISTANCE

- The MCWA has a training program to assist you to help women who need support. Training is available for volunteers in public speaking, advocacy, counselling and crisis line intervention.
- Volunteers are available to assist you with the legal and medical process.

CONTACT

Manitoba Committee on Wife Abuse
400-777 Portage Avenue
Winnipeg, Manitoba
Telephone: 774-1794
Crisis Line - 942-3052
TOLL FREE 1-800-363-3344

POLICE - 985-6220

Osborne House
Winnipeg, Manitoba - 775-8197

North-Win House
Thompson, Manitoba - 677-9668

Westman Women's Shelter
Brandon, Manitoba - 727-5014

The Dauphin Crisis Centre
Dauphin, Manitoba - 638-8777

Klinic - 786-8686

Women's Health Clinic - 947-1517

Welfare - 775-8311

Winnipeg Regional Housing - 943-0861

Parents Without Partners
182-66 Shelmerdine Street
Winnipeg, Manitoba
Telephone: 888-6417

Criminal Injuries Compensation Board
333 Maryland Street
Winnipeg, Manitoba
Telephone: 775-7821

Women's Employment Counselling Service
Room 503-352 Donald Street
Winnipeg, Manitoba
Telephone: 943-0473

PROVINCIAL COUNCIL OF WOMEN IN MANITOBA

PURPOSE	Federation of provincial women's organizations. Committees on arts and letters, citizenship and international affairs, economics, environment, education, health, housing and affairs, public safety, status of women, recreation, welfare, women and employment. Act as lobbying body primarily at provincial level. Affiliated with National Council of Women.
CONTACT	Provincial Council of Women in Manitoba Box 1306 Winnipeg, Manitoba R3C 2Z1 Telephone: 888-4777

MANITOBA ACTION COMMITTEE ON THE STATUS OF WOMEN

PURPOSE	Works for improvement of economic, social, and legal position of women, for implementation of the recommendations of the Royal Commission on the Status of Women. Workshops, newsletter, conferences, meeting with other volunteer organizations and government officials. Responds to individual requests for assistance or support.
CONTACT	Manitoba Action Committee on the Status of Winnipeg Room 224 - 388 Donald Street Winnipeg, Manitoba R3B 2J2 Telephone: 942-2000

CANADIAN ADVISORY COUNCIL ON THE STATUS OF WOMEN

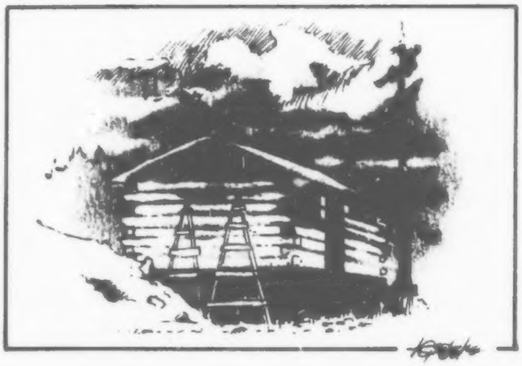
PURPOSE	A national council appointed to advise federal government on matters pertaining to the status of women, and to inform the public on these. Concerned with federal legislation, plus related provincial issues.
CONTACT	Canadian Advisory Council on the Status of Women 600-269 Main Street Winnipeg, Manitoba R3C 1B2 Telephone: 949-3140

VILLA ROSA

PURPOSE	Residential care (both pre -and postnatally) for single, separated or divorced women. Teacher, nurse, social worker, clergy and others are on staff to attend to related needs. The development of the whole person (emotional, intellectual, spiritual and physical well being) as well as group communication skills and family therapy are integral to the program. Group programming assists residents with integrating the past into a meaningful present, with a careful look at future alternatives. Ceramics, pottery, and complete fibre arts instruction are also supplied.
CONTACT	Villa Rosa, Inc. 784 Wolseley Avenue Winnipeg, Manitoba R3G IC6 Telephone: 786-5741

ELIZABETH FRY SOCIETY

PURPOSE	Community programs for women in the criminal justice system. Intake and outreach; remand/court services, wives/ family support; Correctional Centre/community liaison program; focus on native women; coordination, counselling, program review and development; community education, involvement and advocacy.
CONTACT	Elizabeth Fry Society 51 Osborne St. S. Winnipeg, Manitoba R3L 1Y2 Telephone: 474-2469



PREGNANCY DISTRESS SERVICE

PURPOSE	Pregnancy Distress Service provides confidential non-denominational service to the woman with a problem pregnancy. Pregnancy testing, alternatives counselling, support, follow up and friendship by volunteers and professionals and contact with social services in the community. Baby clothes and furnishings, maternity clothes, housing in residence community and through Regional Housing. Provides a network of professional resource persons. Pre and post-natal parenting and child care programs are provided.
CONTACT	Pregnancy Distress Service 444 Spence Street Winnipeg, Manitoba R3B 2R7 Telephone: 775-2854 (775-2877 - 24 hour telephone counsellors)

CHILD DAY CARE PROGRAM

PURPOSE The purpose of the Child Day Care Program is to license child day care centres, to provide financial assistance to eligible day care centres and to eligible parents and to provide resource assistance to child day care centres.

ELIGIBILITY

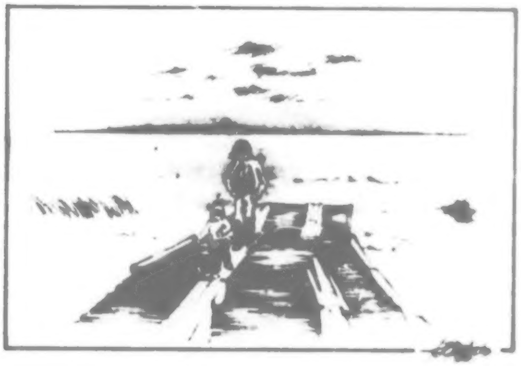
- Non-profit child care organizations and groups are eligible for government subsidies;
- families receive subsidies according to social need and income providing they are using centres or homes that are provincially funded.

TYPE OF ASSISTANCE Assistance to non-profit child day care centre include:

- start up and maintenance assistance is provided;
- grants to care for infants or handicapped.

CONTACT

Child Day Care Office
301-267 Edmonton Street
Winnipeg, Manitoba R3C 1S3
Telephone: 945-2197
TOLL FREE 1-800-282-8069



CHILD DEVELOPMENT CLINIC

PURPOSE The Child Development Clinic at Children's Hospital assesses development and behaviour of infants and children under seven, focused on motor, language, intellectual and social skills. Arranges individual therapy and family counselling. Reports to referring source.

CONTACT Child Development Clinic
Chilren's Hospital
Health Sciences Centre
678 William Street
Winnipeg, Manitoba R3E 0W1
Telephone: 787-2423

CHILD PROTECTION CENTRE

PURPOSE	The Child Protection Centre at Children's Hospital is a program designed for children who are victims of physical and sexual abuse, and their families. Services provided are medical and non-medical assessments, treatment, including counselling for children and parents, education and research. The Child Protection Centre accepts all types of referrals including self.
CONTACT	Child Protection Centre Children's Hospital 685 William Avenue Winnipeg, Manitoba R3E 0W1 Telephone: 787-2811

CHILD RELATED INCOME SUPPORT PROGRAM (CRISP)

PURPOSE The CRISP is designed to assist low-income families with the cost of caring for children. Eligible families receive cash benefits each month based on their total family income and number of children in family.

ELIGIBILITY You may be eligible if:

- you have dependent children in your care;
- you are supporting a child or children under 18 years of age, for whom you are receiving Family Allowance payments;
- your total family income in 1983 is within specified levels;
- your current family assets have a net value that is $50,000 or less.

TYPE OF ASSISTANCE

- The maximum benefit you can receive is $30.00 per month or $360 per year for each eligible child;
- The amount of your CRISP benefit is based on your previous year's total family income less certain allowable deductions.

CONTACT

Child Related Income Support Program Office
Room 500-330 Portage Avenue
Winnipeg, Manitoba R3C 4B1
Telephone: 945-4416
TOLL FREE 1-800-282-8073

BIG BROTHERS' ASSOCIATION

PURPOSE The Big Brother Association provides a one man - one boy relationship to boys from father absent homes. Boys are between ages 6 and 13. Mature responsible volunteers carefully screened and oriented, are matched to boys with similar interests and personality traits. All matches are supervised by professional staff or qualified volunteers.

CONTACT Big Brother Association
Box 304
Dauphin, Manitoba R7N 2V2
Telephone: 638-7024

Big Brother Association
Box 1238
Swan River, Manitoba R0L 1Z0
Telephone: 734-4531

Big Brother Association
Box 597
The Pas, Manitoba R9A 1K6

BIG SISTERS ASSOCIATION

PURPOSE	Through the Big Sisters Association women offer companionship and guidance to girls 7 - 14 years of age who would benefit by relating on individual basis to an older female. Volunteers over 18 are carefully selected and matched with a Little Sister of similar interests and spend a minimum of four hours a week with her.
CONTACT	Big Sister Association 106 - 447 Webb Place Thompson, Manitoba R3B 2P2 Telephone: 942-1490

GIRL GUIDES OF CANADA

PURPOSE	Program for girls 6 to 18 years; adult women of all ages as volunteers. Opportunities to help girls and women become responsible, resourceful and happy members of society, in recreational and outdoor activities and personal development.
CONTACT	Girl Guides of Canada Manitoba Council 872 St. James Street Winnipeg, Manitoba R3G 3K2 Telephone: 774-1939

BOY SCOUTS OF CANADA

PURPOSE Programs seek to develop individual capabilities and responsibility for own behaviour through participation in small peer groups. Outdoor activities and community service encouraged.

Beavers	(Boys 5- 7)
Wolf Cubs	(Boys 7-10)
Scouts	(Boys 11-14)
Venturers	(Coed 14-17)
Rovers	(Coed 17-21)

CONTACT Boy Scouts of Canada
883 Notre Dame Avenue
Winnipeg, Manitoba R3E 0M4
Telephone: 786-2444; 786-6661

CANADIAN GIRLS IN TRAINING

PURPOSE	For girls 12-17 years. Groups operate September to June, meeting regularly. Organize service projects in community. Offers leadership development to senior girls (15-17 years). Operates summer camp at Lake Brereton. Groups sponsored by United, Baptist and Presbyterian Church congregations.
CONTACT	Canadian Girls in Training 120 Maryland Street Winnipeg, Manitoba R3G 1L1 Telephone: 786-8911

LEGAL AID MANITOBA

PURPOSE Legal Aid Manitoba is a program to assist individuals, groups and organizations who, when left to their own means could not retain the services of a lawyer.

ELIGIBILITY Eligibility guidelines are based on a persons or family's gross annual income.

TYPE OF ASSISTANCE

- At Legal Aid Manitoba's Community Law Offices there is no charge for general legal advise;
- people who are eligible for legal aid may in most cases choose any lawyer who participates in the Plan to act for them;
- Advice and informal assistance is provided at seven community law offices throughout Manitoba;
- legal information is also available through Law Phone-In - 957-1380 OR TOLL FREE 1-800-262-8800

CONTACT

Legal Aid Manitoba
294 Portage Avenue
Winnipeg, Manitoba R3C 0B9
Telephone: 947-6501

Northlands Community Legal Services
162 Fischer Avenue
The Pas, Manitoba R9A 0K1
Telephone: 623-6427

Northlands Community Legal Services
59 Elizabeth Drive
Thompson, Manitoba R8N 1X4
Telephone: 778-4411

LAW SOCIETY OF MANITOBA

PURPOSE	Governing and licensing body of legal profession in Manitoba. Receives complaints about conduct of lawyers or services performed. Operates Law Society Phone-In and Lawyer Referral Service at 957-1380.
CONTACT	Law Society of Manitoba 1400 #1 Lakeview Square 155 Carlton Street Winnipeg, Manitoba R3C 3H8 Telephone: 942-5571

LAW SOCIETY PHONE-IN AND LAWYER REFERRAL SERVICE

PURPOSE	The Law Society Phone-In and Lawyer Referral Services gives legal information to callers, as well as referring individual's to lawyers or Legal Aid. Lawyers are referred in various areas of law.
CONTACT	Law Society Phone-In and Lawyer Referral Service 1400-155 Carlton Street Winnipeg, Manitoba R3C 3H8 Telephone: 957-1380 TOLL FREE 1-800-262-8800

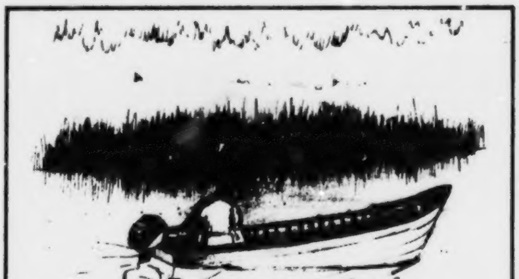
PHARMACARE

PURPOSE	Pharmacare is a prescription drug benefit program for residents of Manitoba.
ELIGIBILITY	Every resident of Manitoba who is registered with the Manitoba Health Services Commission is eligible.
TYPE OF ASSISTANCE	Most drugs prescribed by a doctor or dentist are covered by pharmacare. If you are 65 years of age or over Pharmacare will pay 80% of the costs of allowable prescription drugs in excess of $50 in each calendar year for you and your dependents. If you are under 65 years of age Pharmacare will pay 80% of the costs of allowable prescription drugs in excess of $75 in each calendar year for you and your dependents.
CONTACT	Pharmacare Box 9000 599 Empress Street Winnipeg, Manitoba R3C 3C2 Telephone: 786-7101

CANADIAN RED CROSS SOCIETY

PURPOSE Blood Donor Recruitment and Blood Transfusion Services; offers emergency service in natural disasters and emergencies including temporary assistance for up to 72 hours including bedding, food, clothing; youth services in school classrooms. Provides training in home nursing; lends sick-room equipment for patients; operates missing relatives enquiry bureau; trains volunteers for service in Red Cross departments. Water Safety Programs, Small Craft and Adapted Aquatics Programs, Health Services and First Aid. International Development Education Assistance-International & Domestic (crafts produced by volunteers for sale to provide money for International Assistance and knitting and sewing of emergency clothing).

CONTACT Canadian Red Cross Society
(Manitoba Division)
226 Osborne Street N.
Winnipeg, Manitoba R3C 1V4
Telephone: 772-2551



CANADIAN ASSOCIATION FOR THE MENTALLY RETARDED

PURPOSE	Coordinates activities of 23 branch associations in Manitoba. Promotes education, training and appropriate lifestyle of all mentally retarded persons, and cooperates with public and private agencies having similar purpose. Stimulates new types of services (infant stimulation, residential, vocational and recreational programs). Centre for collection and dissemination of information on all aspects of mental retardation. Assists mentally retarded persons in having voice of their own.
CONTACT	Canadian Association for the Mentally Retarded Manitoba Division 46 - 825 Sherbrook Street Winnipeg, Manitoba R3A 1M5 Telephone: 786-4819
	C.A.M.R. Dauphin-Grandview Branch Mr. Peter Rampton c/o Gartmore Farms Dauphin, Manitoba
	C.A.M.R. Flin Flon Branch Box 820 Flin Flon, Manitoba R8A 1N6
	C.A.M.R. Gimli Branch Box 980 Gimli, Manitoba R0C 1B0
	C.A.M.R. Mountain Branch Robert Deroche, President Notre Dame de Lourdes, Manitoba R0G 1M0
	C.A.M.R. Selkirk & District Branch c/o Mr. Bryon Kellough 141 Sophia Street Selkirk, Manitoba R1A 1X9

C.A.M.R. Swan Valley Branch
Box 1281
Swan River, Manitoba R0L 1Z0

C.A.M.R. Thompson & District Branch
Box 311
Thompson, Manitoba R8N 1M9

C.A.M.R. The Pas Branch
c/o Mrs. Carole Gavard
Box 2953
The Pas, Manitoba R9A 1R6

CANADIAN NATIONAL INSTITUTE FOR THE BLIND

PURPOSE Prevention Services - Offers films, speakers, pamphlets for public education. Sponsors Wise Owl Club in industry. Supports opthalmic training and research. Maintains national statistics relating to blindness. Promotes surveys and mass screening to identify visual disfunction. Advocates legislation promoting eye care. Assists in establishment of Low Vision Clinics. Provides information and referral service re low vision aids. Assists on basis of need, those with seriously impaired vision with prescription fees and transportation.

Rehabilitation Services - Counselling, consultation and referral service to specialized services for parents of pre-school children. Individualized counselling with blind persons and significant persons in their lives. Consultation and referral to specialized and general community services. "Adjustment to Blindness" training programs. Assistance in education and vocational planning and job programs, sheltered workshop employment, volunteer services, in-service training programs for other agencies.

CONTACT Canadian National Institute for the Blind
1080 Portage Avenue
Winnipeg, Manitoba R3G 3M3
Telephone: 774-5421

VOCATIONAL REHABILITATION SERVICE
PHYSICALLY OR MENTALLY DISABLED PERSONS

PURPOSE Provides program for vocational rehabilitation of physically or mentally disabled. Involves process of restoration, training and employment placement to enable the disabled person to pursue a substantially gainful occupation.

Services include counselling, assessment, prevocational and vocational training, shelter employment, job placement and follow-up. Services provided through the Society for Crippled Children and Adults, the C.N.I.B., the Alcoholism Foundation of Manitoba, and regional offices of the Department of Community Services and Corrections. Access to programs by referral from a Vocational Rehabilitation Counsellor through one of these designated agencies.

CONTACT
Vocational Rehabilitation Service
Physically or Mentally Disabled Persons
Rehabilitation Services Division
Building 15 - 139 Tuxedo Avenue
Box 14
Winnipeg, Manitoba R3N 1X8
Telephone: 945-5311

Parklands Region
Rehabilitation Counsellor
111-9th Avenue S.
Swan River, Manitoba
Telephone: 734-3495

Interlake Region
Senior Rehabilitation Specialist
202-446 Main Street
Selkirk, Manitoba
Telephone: 482-4511

NORTHERN HEALTH SERVICES

PURPOSE Preventive health care, disease control and public health education; operates nursing stations or dispensing aids visited on regular basis by doctors, dentists, and ophthalmologists; health education, pre- and post-natal care, home visiting, family planning; liaison with Home Care program, pre-school clinics, child health conferences and school health program; immunization pro- grams, X-ray survey and follow-up.

CONTACT
Northern Health Services
Department of Health
Box 2550
The Pas, Manitoba R9A 1M4

Telephone: 623-6411

CANADIAN CANCER SOCIETY

PURPOSE Raises funds for cancer research. Public Education program includes lecturers, pamphlets, films and school kits; needy patients may receive transportation to and from treatment centres and, if from out of town, boarding home care. The Mastectomy Visitation Service provides emotional support for mastectomy patients, in addition to CanSurmount, the one-to-one Cancer Patient Visitation program, the Ostomy Association and new Voice Club. Reseach projects include the National Breast Screening Study.

CONTACT Canadian Cancer Society
Manitoba Division
202-777 Portage Avenue
Winnipeg, Manitoba R3G 0N3
Telephone: 774-7483

Parklands Office
Swan River, Manitoba
Telephone: 734-9260

CANADIAN DIABETES ASSOCIATION

PURPOSE	For all persons with diabetes and those interested in diabetes; stimulates public awareness of diabetes, provides education services. Sponsors general meetings, Senior and Junior Youth Groups, Parent Support Group and a summer camp for diabetic Children. Professional Health Workers Section membership open to all health professionals.
CONTACT	Canadian Diabetes Association, Winnipeg, Branch Manitoba Division 2nd Floor - 330 Edmonton Street Winnipeg, Manitoba R3B 2L2 Telephone: 943-7529

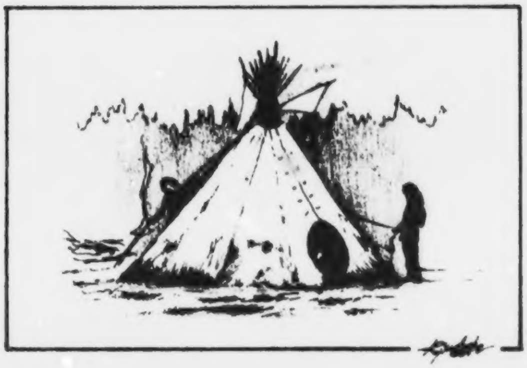
CANADIAN RED CROSS SOCIETY-WATER SAFETY SERVICE

PURPOSE	Advises community groups on organization of water safety programs and on development of pool and waterfront facilities. Gives water safety talks to groups as requested. Offers leadership training programs for Instructors of Red Cross Water Safety, Small Craft Safety and Adapted Aquatics (for persons with disabilities).
CONTACT	Canadian Red Cross Society-Water Safety Service 226 Osborne Street N. Winnipeg, Manitoba R3C 1V4 Telephone: 772-2551

REHABILITATION CENTRE FOR CHILDREN (FORMERLY SHRINERS HOSPITAL FOR PHYSICALLY HANDICAPPED CHILDREN)

PURPOSE For physically handicapped children to 18 years of age. Therapy and post-operative care, fabrication of prostneses, orthoses, special seats, and other aids gait and muscle activity analyses; communications aids resource and assessment program; developmental training program on a day-time basis. Regular school classes are available for in-patients.

CONTACT Rehabilitation Centre for Children
633 Wellington Crescent
Winnipeg, Manitoba R3M 0A8
Telephone: 452-4311



ALCOHOLISM FOUNDATION OF MANITOBA

PURPOSE

The Alcoholism Foundation of Manitoba provides treatment programs intended for the rehabilitation of alcoholism and other chemical dependences. Prevention activities are aimed at specific populations within the province.

TYPE OF ASSISTANCE

- Direct treatment services: assessment and referral service, non-residential, out patient and aftercare programs;
- Prevention Program; provide assistance for occupational, native, community and school programs; education and training programs for care givers.

CONTACT

Alcoholism Foundation of Manitoba
1031 Portage Avenue
Winnipeg, Manitoba R3G 0R8
Telephone: 786-3831

Alcoholism Foundation of Manitoba
Willard House
P.O. Box 490
St. Rose du Lac, Manitoba R0L 1S0
Telephone: 477-2929

Alcoholism Foundation of Manitoba
Dauphin Regional Office
302 Main Street
Dauphin, Manitoba R7N 1K7
Telephone: 638-9230

Alcoholism Foundation of Manitoba
c/o Swan River Hospital
111-9the Avenue S.
Swan River, Manitoba R0L 1Z0
Telephone: 734-2030

Alcoholism Foundation of Manitoba
c/o Flin Flon General Hospital
P.O. Box 360
Flin Flon, Manitoba R8A 1N2
Telephone: 687-7591 Extension 135

Alcoholism Foundation of Manitoba
P.O. Box 39
Gillam, Manitoba R0B 0L0
Telephone: 652-2636

Alcoholism Foundation of Manitoba
Polaris Place
23 Nickel Road
Thompson, Manitoba R8N 0Y4
Telephone: 677-4541

Alcoholism Foundation of Manitoba
Interlake Centre
114-6th Avenue
Gimli, Manitoba R0C 1B5
Telephone: 642-5162

Alcoholism Foundation of Manitoba
P.O. Box 2976
The Pas, Manitoba R9A 1R7
Telephone: 623-6431

ROSAIRE HOUSE REHABILITATION AND DETOXICATION CENTRE

PURPOSE	The Rosaire House provides a rehabilitation program for those dependent on alcohol or drugs; 15 days residential treatment. Detoxification unit is open 24 hours a day. After care group, out patient counselling are available services. Service available to family and/or friends of the chemically dependent. Clients are accepted through referrals, by phone or in person.
CONTACT	Rosaire House Rehabilitation and Detoxication Centre 144 Ross Avenue The Pas, Manitoba R9A 1K4 Telephone: 623-6425 (24 hr. answering service)

THE SALVATION ARMY

PURPOSE The Salvation Army provides emergency assistance including food, accommodation, transportation and family counselling for single persons and families. Referral agencies for alcoholics, single parents, etc. Spiritual guidance and practical assistance. Access to home for unwed mothers, Harbour Light for men and women, help for alcohol/drug addiction, etc.

CONTACT The Salvation Army
301-400 Colony Street
Divisional Headquarters)
Winnipeg, Manitoba R3B 2B4
Telephone: 774-1993

Salvation Army Citadel
38-2nd Avenue, N.E.
Dauphin, Manitoba R7N 1B6
Telephone: 638-3764

JOHN HOWARD SOCIETY

PURPOSE Works for reform in the criminal justice system through: Direct services to offenders and ex-offenders and their families; includes counselling and advocacy in institutions and the community. Promotion of community awareness and involvement in the criminal justice system. Volunteer opportunities are available. The John Howard Society of Brandon administers the Fine Option Program for the Brandon region.

CONTACT John Howard Society
165 Garry Street
Winnipeg, Manitoba R3C 1G7
Telephone: 942-2241

THE SOCIAL ALLOWANCES PROGRAM

PURPOSE The social allowance program is a provincial program designed to provide financial assistance to meet the basic living expenses of certain categories of people who are unable to support themselves.

ELIGIBILITY Social Allowances are payable to residents of Manitoba who are eligible for assistance under the Social Allowance Act and financial need.

A. Persons eligible for assistance:

- persons with a mental or physical illness or disability likely to last more than 90 days;
- mothers who have dependent children and who are either widowed, divorced, never been married, deserted or separated or wife of a man who has been sentenced to prison for 90 days or more;
- person with one or more dependents who need special care in a residential institution, etc.
- persons who are taking undergraduate academic or technical vocational training;
- person who resides in the unorganized territories of Manitoba, where a municipal level of government does not exist.

TYPE OF ASSISTANCE Financial Need

Persons are considered to be in financial need if the cost of basic necessities exceeds their financial resources. The cost of basic necessities is determined by calculating a budget for household based on:

- the social allowance rates for food, clothing, personal needs and household supplies;
- the cost of shelter, utilities and fuel;
- certain ongoing medical needs;

Social Allowance Benefits;

- food, clothing, personal needs and household supplies are paid in accordance with the rates established by the Social Allowance Regulations;
- Shelter costs, utilities and fuel;
- Health needs such as dental services, optical services, prescription drugs, hearing aids, medical equipment, home care services, medical transportation, ambulance service, physiotherapy and occupational therapy, therapeutic diet allowance, telephone cost, respite care and physician fees.

- The Social Allowance program provide assistance with funeral cost;
- Special need is available;
- Home repairs;
- Work incentive program;
- Educational assistance;
- Appeal process.

CONTACT
Social Security Services
Department of Employment Services & Economic Security
301 - 267 Edmonton Street
Winnipeg, Manitoba R3C 1S2
Telephone: 945-2177

Income Security Offices in your area:

202 Main Street South
Dauphin, Manitoba R7N 1K7
Telephone: 638-8220

50 Church Street
P.O. Box 550
Flin Flon, Manitoba R8A 1N4
Telephone: 687-3457

101-446 Main Street
Selkirk, Manitoba R1A 1V7
Telephone: 482-4511

Box 997
Swan River, Manitoba R0L 1Z0
Telephone: 734-3491

Box 2550
Ross & 3rd Avenue
The Pas, Manitoba R9A 1M4
Telephone: 623-6411

59 Elizabeth Drive
Thompson, Manitoba R8N 1X4
Telephone: 778-4411

VITAL STATISTICS

PURPOSE Register births, stillbirths, marriages and deaths for the Province of Manitoba; issue birth, marriage and death certificates to immediate family or legal representatives ($5.00 per certificate); process delayed registrations, corrections and legitimations; issue Marriage Licenses; process Change of Name applications and issue certificates; maintain adoption registry; process adoptions under section 101 of the Child Welfare Act; and process disinterments.

CONTACT Vital Statistics
Department of Community Services and Corrections
Room 104 Norquay Bldg.
401 York Avenue
Winnipeg, Manitoba R3C 0P8
Telephone: 945-3701

MANITOBA HUMAN RIGHTS COMMISSION

PURPOSE For all persons in Manitoba. Administers the Manitoba Human Rights Act. Receives, investigates and attempts to resolve complaints of discrimination because of race, color, nationality, ethnic/national origin, sex, marital status, family status, physical and mental handicap, age, source of income, religion, and political belief. Protected areas are employment, housing, services and accommodation, signs and notices, purchase of property, and contracts available to the public. Commission may request appointment of board of adjudication to make an order or may recommend prosecution. Commission and staff members available for speaking engagements. Explanatory literature available.

Immigration/Citizenship, 'Citizenship'

CONTACT

Manitoba Human Rights Commission
1007-330 Portage Avenue
Winnipeg, Manitoba R3C 0C4
Telephone: 945-3007 Zenith # 1-800-282-8069

CANADIAN HUMAN RIGHTS COMMISSION

PURPOSE For persons who feel they have been refused a job, public services, goods or accommodation due to race, color, national/ethnic origin, sex, marital status, family status, age, religion, physical disability, and conviction for which a pardon has been granted. Provide information on Canadian Human Rights Act, investigate complaints falling within federal jurisdication and refer to other agencies where appropriate.

CONTACT Canadian Human Rights Commission
Prairie Regional Office
718-275 Portage Avenue
Winnipeg, Manitoba R3B 2B3
Telephone: 949-2189

BETTER BUSINESS BUREAU

PURPOSE	Maintains reports on reliability/integrity of business firms, services, based on customer experience, processes complaints related to unethical advertising or selling practices, failure to honor guarantees, and contractual commitments, etc.; maintains reports of some Mail Order and Correspondence Schools; educates consumers on business practices; advises communications media regarding accuracy of advertising.
CONTACT	Better Business Bureau 204-365 Hargrave Street Winnipeg, Manitoba R3B 2K3 Telephone: 943-1486

MANITOBA OFFICE OF THE OMBUDSMAN

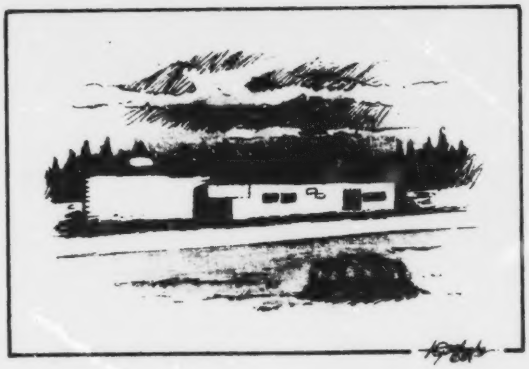
PURPOSE Independent, non-partisan officer of legislature; investigates complaints against departments, agencies and officials of Provincial government relating to administration. Reports on investigations and makes recommendations. Letters from persons in custody, inmates of mental or correctional institutions must be forwarded unopened to Ombudsman immediately. Has power to investigate, recommend redress of grievance, and publicize but not reverse administrative action. Issues annual report. Anonymity maintained for all complaints.

CONTACT Manitoba Office of the Ombudsman
Room 550-500 Portage Avenue
Winnipeg, Manitoba R3C 3X1
Telephone: 774-4491

THE MANITOBA TEACHERS' SOCIETY

PURPOSE Professional body of teachers; promotes economic welfare, professional development, personnel services and communications.

CONTACT The Manitoba Teachers' Society
191 Harcourt Street
Winnipeg, Manitoba R3J 3H2
Telephone: 888-7961



SCHOOL COUNSELLORS' ASSOCIATION OF MANITOBA (S.C.A.M.)

PURPOSE	S.C.A.M. serves school counsellors with programs to improve counselling service, community awareness; provides communication links between counsellors, community and other counsellors. Publishes quarterly journal, 'Manitoba Counsellor'. Sponsors Careers Symposium for students annually.
CONTACT	School Counsellors' Association of Manitoba (S.C.A.M.) 191 Harcourt Street Winnipeg, Manitoba R3J 3H2 Telephone: 888-7961 Extension 35

PUBLIC LIBRARY SERVICES

PURPOSE	Lends books to readers in rural Manitoba; attempts to answer reference questions submitted; travelling library 30-500 books shipped to communities, camps, and settlements for period of three to four months. Open Shelf service-books mailed to registered borrowers for two months. Catalogue available. Services free of charge; postage paid.
CONTACT	Public Library Services Department Culture, Heritage & Recreation 139 Hamelin Street Winnipeg, Manitoba R3T 4H4 Telephone: 945-6460

WORKERS' COMPENSATION BOARD

PURPOSE This program is designed to provide financial, medical and rehabilitiative assistance to workers injured on the job or for those suffering from a job related industrial disease.

CONTACT Workers' Compensation Board
333 Maryland Street
Winnipeg, Manitoba R3G 1M2
Telephone: 786-5471
TOLL FREE 1-800-362-3340

H55

EMPLOYMENT STANDARDS DIVISIONS

PURPOSE This division administers legislation to assure minimum standards re hours of work, vacations and holiday, wages and other employment conditions. It investigates complaints and suspected violations regarding unpaid wages, overtime and vacation pay. Conducts routine inspections of businesses and construction industry. Educates workers and employees regarding rsponsibilities and rights under Labour Legislation.

CONTACT Employment Standards and Divisions
Manitoba Department of Employment Services & Economic Security
Room 607-401 York Avenue
Winnipeg, Manitoba R3C 0V8
Telephone: 945-3352
TOLL FREE 1-800-852-2700

Employment Standards Division
Department of Employment Services and Economic Security
Provincial Building
59 Elizabeth Road
Thompson, Manitoba R8N 1X4
Telephone: 778-4411

MANITOBA FEDERATION OF LABOUR (M.F.L.)

PURPOSE M.F.L. coordinates efforts of organized labour in political arena, collective bargaining, etc. Provides education and advocacy on workplace safety and health; pensions, labour relations, workers' compensation, mines, etc. The first mandate of the Manitoba Federation of Labour is to deal with legislative matters provincially. Advocates rights of all disadvantaged union members and provides information on human rights and social services. Takes a joint and coordinated approach to employment problems. Conducts a bi-ennial convention alternating between Winnipeg and Brandon.

CONTACT Manitoba Federation of Labour
104 - 570 Portage Avenue
Winnipeg, Manitoba R3C 0G4
Telephone: 775-4575
Research Office: 774-4664

LABOUR COUNCILS OF MANITOBA

PURPOSE	The Labour Councils of Manitoba are chartered by the Canadian Labour Congress. Conducts an Annual Policy Conference. Education seminars: guidance with Workers' Compensation and Unemployment Insurance cases; guidance on Municipal legislative matters; referral to agencies providing community services and counselling on issues concerning health and safety in the workplace. For union members and anyone in workforce.
CONTACT	Labour Councils of Manitoba Winnipeg, Labour Council 106-570 Portage Avenue Winnipeg, Manitoba R3C 0G4 Telephone: 775-2978 Selkirk and District Labour Council Box 68 Selkirk, Manitoba R1A 2B1 Telephone: 774-4553

MANITOBA LABOUR BOARD

PURPOSE The Manitoba Labour Board represents employers and employees; handles applications and disputes from management and labour unions, and complaints from Employment Standards Division.

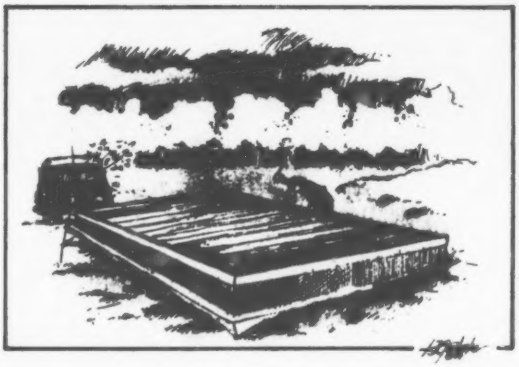
CONTACT Manitoba Labour Board
Room 404
428 Portage Avenue
Winnipeg, Manitoba R3C 0E2
Telephone: 945-3783

WORKPLACE SAFETY & HEALTH DIVISION

PURPOSE Regular screening program for miners and foundry men for early detection of respiratory disease. Medical consulting service to the Mines Branch, Environmental Protection Branch, Workers' Compensation Board, industries, medical profession and public. Advises on prevention of diseases, injuries, intoxication at work. Provides occupational health nursing consultation, and carries out inspections of workplaces for visible or suspected hazards.

CONTACT Workplace Safety & Health Division
1000-330 St. Mary Avenue
Winnipeg, Manitoba R3C 3Z5

Telephone: 945-3446



MFL OCCUPATIONAL HEALTH CENTRE INC.

PURPOSE Specialty Medical Clinic in occupational medicine-open to any Manitoban who believes that their illness or injury is job related. Patient advocacy provided where necessary; educational programs in occupational health and safety; resource centre; information requests answered; no referral necessary.

CONTACT MFL OCCUPATIONAL HEALTH CENTRE INC.
98 Sherbrook Street
Winnipeg, Manitoba R3G 2B3
Telephone: 786-5881

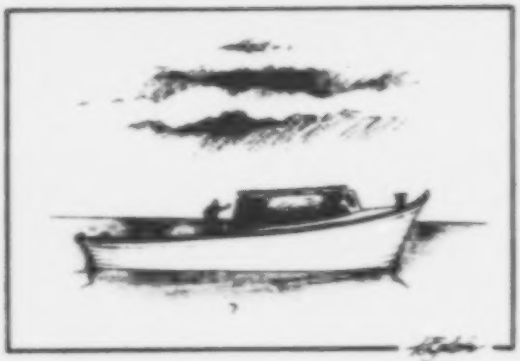
COMMUNITY UNEMPLOYED HELP CENTRE (CUHC)

PURPOSE	The CUHC is a community based non-profit organization, designed to assist and give advice to anyone having problems with unemployment insurance and other areas related to unemployment. CUHC also offers quasi-legal services, free of charge, in appealing U.I. penalties and in acting as a middle-man between U.I. and the claimant.
TYPE OF ASSISTANCE	° provides information on U.I.C., how it works and how people can obtain all benefits they are entitled to; ° provides help for people making applications for benefits, filling out forms and any other paper work; ° represents claimants interests to U.I.C., assist workers whose claims are denied; ° assist workers who receive penalties; ° staff at centre can assist in claimants in making out appeals; ° all Centre services are provided free of charge.
CONTACT	Victor Schwartzman, Director Executive Community Unemployed Help Centre 606-213 Notre Dame Avenue Winnipeg, Manitoba R3B 1N3 Telephone: 942-6556

CANADA PUBLIC HELP CENTRE

PURPOSE Centre for those who need help understanding or resolving problems in employment, unemployment insurance or immigration.

CONTACT Canada Public Help Centre
103 Osborne Street South
Winnipeg, Manitoba R3L 1Y4
Telephone: 949-4474 Zenith 37200



CANADA SERVICE BUREAU

PURPOSE A walk-in centre set up to facilitate public access to federal government programs and services. Staff will answer requests for information and provide material and application forms. If the question involves interpretation or judgement, bureau staff will put you in direct telephone contact with knowledgeable federal employees at the local, regional or national level.

CONTACT
Canada Service Bureau
Box 90
Eaton Place
234 Donald Street
Winnipeg, Manitoba R3C 1M8
Telephone: 949-4578

EMERGENCY MEASURES ORGANIZATION (E.M.O.)

PURPOSE The function of E.M.O. is to advise and assist Provincial departments such as Northern Affairs and local government and private sector in developing emergency plans and respond capabilities and in planning and evaluating emergency exercises.

ELIGIBILITY Any community council or committee is eligible for assistance for planning, training and testing of plans. In disaster situations local governments as well as individuals may be eligible for disaster assistance.

CRITERIA

- For planning and training purposes the only criteria is the recognition of the need to plan and train and the willingness to commit time and effort.
- Disaster assistance is available on the basis of specific claims and dollar amounts according to the policies of the Manitoba Disaster Assistance Board.

TYPE OF ASSISTANCE

- Assistance in preparing plans.
- Training personnel in carrying out plans.
- Simulated or mock exercises to test plans.
- Coordination of resources in emergency situations.
- Manitoba Disaster Assistance Board possible cost-sharing for repairs, damages, etc.

CONTACT

Roger Stagg
Community Emergency Response Program
Northern Affairs
Room 920 - 405 Broadway Street
Winnipeg, Manitoba
Telephone: 945-2515

Henry Eckert, Coordinator
Emergency Measures Organization
15th Floor - 405 Broadway
Winnipeg, Manitoba
Telephone: 945-4789

Larry Gwiazda
Training Officer
Emergency Measures Organization
15th Floor - 405 Broadway
Winnipeg, Manitoba
Telephone: 945-4792

BECHTEL FOUNDATION OF CANADA; THE

250 Bloor St., East
16th Floor
Toronto, Ontario M4W 3K5

PURPOSE: To provide donations to selected registered charities; e.g., post-secondary engineering bursaries, health agencies, and northern affairs.

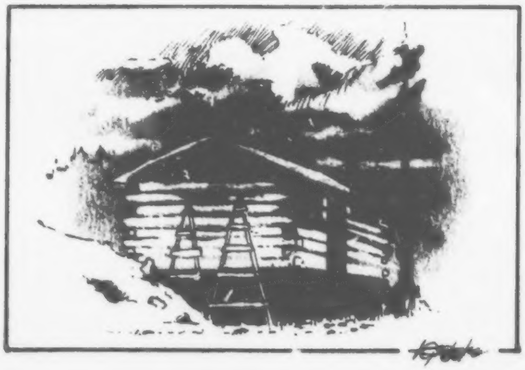
INTEREST: Postsecondary Educational Planning; Bursaries; Health Agencies; Northern Development

GRANT LIMITATIONS: The foundation does not award funds for capital purposes or specific religious denominations.

FINANCIAL DATA:
Receipted Gifts 1979 $33,000
Total Assets 1979 $93,781
Total Grants 1979 $57,765

APPLICATION DEADLINE: By June for the following year's grants.

Send correspondence to Bruce A. Findlay, Assistant-Secretary



BIRKS FAMILY FOUNDATION

1240, carre Phillips
Montreal
P.Q.
H3B 3H4

INTERESTS: Art; Universities, Private Schools; Colleges; Music; Sports; Ballet; Hospitals; Mental Health, Museums; Health Agencies; Physical Fitness; International Relief and Refugees; Building Funds; Equipment; Social Welfare; Educational Buildings; Capital Campaigns; Bursaries

GRANT LIMITATIONS: Funds are not granted for local community projects or to provide regular operating funds except in limited circumstances such as well established national organizations.

GRANT INFORMATION: Donations include support for capital campaigns, university bursary funds, health, the arts and life sciences.

Grant Range: $100 to $70,000

FINANCIAL DATA:
Receipted Gifts 1979 $7,200
Total Assets 1980 $10,434,107
Total Grants 1979 $418,030
Number of Grants 1979 - 293

APPLICATION PROCEDURE: An application should include a description of the project, a recent financial statement with auditor's report, a project budget, anticipated sources of funds, a list of directors and officers and a tax registration number.

Send correspondence to O.R. Macklem, Secretary

BRONFMAN FAMILY FOUNDATION; THE SAMUEL AND SAIDYE

1916 rue Tupper
Montreal
P.Q.
H3H 1N5

PURPOSE: The foundation's main interests are: children with learning disabilities; the Canadian North and Native Peoples; social problems concerned with the elderly; and heritage projects, particularly but not exclusively in Montreal. Support is also given to organizations whose creative initiatives can be given wider dissemination by additional means or through other media.

INTERESTS: Child Development; Native Peoples; Native Studies; Art History; Judaic Culture; Bursaries; Matching Funds; Building Funds; Equipment; Conference Publications; Handicapped; Learning Disabilities; Aged; Heritage; North; Child Welfare; Social Development

GRANT LIMITATIONS: Grants are confined to organizations with a charitable registration number. Support is for limited periods.

GRANT INFORMATION: The foundation can only give to organizations with a charitable registration number. It will consider providing matching funds as seed or challenge grants. Innovative programs will be encouraged. The foundation will make grants for building funds, equipment, and publications detailing the findings of conferences and seminars.

Grant range: $250 to $50,000 in 1981.

FINANCIAL DATA:
Receipted Gifts 1980 $10,000
Total Assets 1981 $19,000,000
Total Grants 1981 $2,500,000
Number of Grants 1981 - 257

APPLICATION PROCEDURE: Submit one copy of a written application including an annual report, audited financial details and charitable registration number. These should be a statement of objectives, proposed methodology, details of other funding expected and methods for evaluating progress. A detailed budget should be included. Hints for grant applications are available.

APPLICATION DEADLINE: Applications are received anytime.

Send correspondence to Dr. Peter C. Swann, Executive Director

CANADA PACKERS FOUNDATION

95 St. Clair Avenue West
Toronto
Ontario
M4V 1P2

SOURCE OF FUNDS: Donations from Canada Packers Inc.

PURPOSE: The purpose of the foundation is to facilitate contributions to organizations interested in a wide range of activities including education, health, the arts, architecture, conservation, museums and Canadian studies.

INTERESTS: Hospitals; Education; Art; Music; Performing Arts; Conservation; Canadian Studies; Museums; Heritage

GRANT LIMITATIONS: Geographic scope: Canada-wide

FINANCIAL DATA:
Receipted Gifts 1978 $39,500
Total Assets 1978 $1,112,530
Total Grants 1978 $436,180
Number of Grants 1977 - 115

Send correspondence to A.R. Poretti, Treasurer

CANINDIS FOUNDATION; THE

11618-125 Street
Edmonton
Alberta
T5M 0N4

PURPOSE: To fund projects of an economic, social and educational nature, for the benefit of Canadian Native People.

INTERESTS: Native Peoples; Communications; Community Services; Job Retraining

GRANT INFORMATION: Funds were committed for several years to the Jack Bredin Community Institute. Small remaining funds were given to Native individuals or groups for practical needs, educational or innovative programs.

Grant range $150 to $10,000 in the past.

FINANCIAL DATA:
Total Grants 1978 $2,500

OFFICERS: Margaret H. Robbins, Director

APPLICATION PROCEDURE: No special application form is required. Submit a letter which will than be followed by a personal interview.

Send correspondence to M.H. Robbins, Director

CATHOLIC FOUNDATION OF MANITOBA; THE

P.O. Box 1364
Winnipeg, Manitoba
R3C 2Z1

PURPOSE: The foundation makes grant for general charitable purposes to registered charities.

INTEREST: Education

GRANT LIMITATIONS: Geographic scope: Limited to Manitoba

FINANCIAL DATA:
Receipted Gifts 1979 $7,428
Total Grants 1979 $6,715

APPLICATION PROCEDURE: One copy of the proposal should be sent in English.

APPLICATION DEADLINE: Applications should be received by September 15.

Send correspondence to Leo Soenen, Secretary-Treasurer.

CENTENNIAL FOUNDATION; THE

3641 avenue Prud'homme
Montreal
P.Q.
H4A 3H6

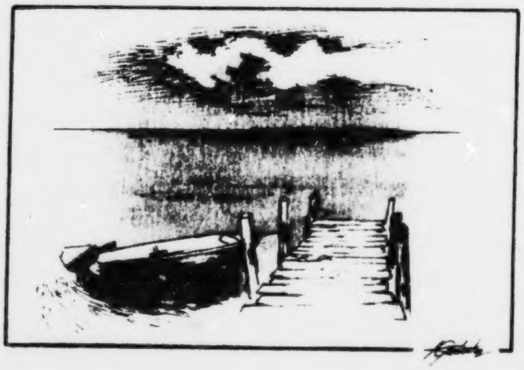
PURPOSE: To support charitable and educational activities.

INTEREST: Educational Organizations; Seed Money; Operating Funds

GRANT INFORMATION: Grants are made for projects to foster, finance, and support charitable and educational organizations or enterprises.

APPLICATION PROCEDURE: Applications are decided upon at Board of Directors meetings held approximately every four to six weeks.

Send correspondence to Sharyn Scott, Executive Director.



COUNSELLING FOUNDATION OF CANADA; THE

48 Yonge St.
Suite 1100
Toronto, Ontario
M5E 1G7

PURPOSE: Counselling in public and educational institutions is the focus of the foundation. It encourages the inclusion of career counselling as part of the undergraduate and postgraduate psychology discipline through support of counselling services and career centres at universities, colleges and community organizations.

INTERESTS: Career Counselling; Education; Universities; Colleges; Community Organizations; Social Development

GRANT LIMITATIONS: The following are not considered for grants; building funds, conferences and seminars, deficit financing, endowment, and equipment. No grants are given to individuals, or to programs operating in deficit. Geograhic scope: Canada-wide basis.

GRANT INFORMATION: Grants will be considered for operating funds. Initial support is given for new projects which will become self sustaining within a reasonable period.

Grant range: In 1980, from $1,500 to $50,000. There is no maximum size of grants.

FINANCIAL DATA:
Receipted Gifts 1980 $200,000
Total Assets 1980 $1,246,124
Total Grants 1980 $355,000
Number of Grants 1980 - 10

APPLICATION PROCEDURE: Letter detailing project should be mailed to: Elizabeth McTavish, The Counselling Foundation of Canada, Room 142, Behavioural Science Building, York University, 4700 Keele St., Downsview, Ontario, M3J 1P3. Charitable registration number should be included. One copy of application required, in English.

APPLICATION DEADLINE: Applications should be submitted as and when prepared but with appropriate lead time.

Send correspondence to Elizabeth A. McTavish.

DEVONIAN GROUP OF CHARITABLE FOUNDATIONS; THE

770-999 Eighth St. S.W.
Calgary, Alberta
T2R 1J5

PURPOSE: Donations are given to registered charitable organizations. Projects selected will be in the following areas: public parks, applied scientific research, historical preservation and museums.

INTERESTS: Public Parks; Preservation of Canadiana; Archives; Library Collections; Environmental Education; Water Resource Management; Applied Scientific Research; Heritage

GRANT LIMITATIONS: Grants will not be made to cover ongoing operating costs, annual appeals, funds to cover deficits, travel costs, scholarships, bursaries, academic leaves, conferences and seminars. Geographic scope: The Devonian Group will consider projects in all of Canada but future emphasis will be concentrated in Western Canada.

GRANT INFORMATION: The Devonian Group is prepared to take risks in pioneering ventures, but will make no permanent commitment to any type of project and will endeavour to place an emphasis on innovative projects. The Devonian Group will maintain close contact with other major Canadian Foundations and appropriate government departments to avoid duplication of efforts. In order to avoid misunderstanding, applicants to financial assistance should read the guidelines carefully.

Grant range: Gifts will generally range from $25,000 to $250,000.

FINANCIAL DATA:
Receipted Gifts 1979 $4,167
Total Assets 1981 $14,999,000
Total Grants 1981 $8,336,000

APPLICATION PROCEDURE: One copy of the proposal should be submitted.

Send correspondence to W.G.H. Robinson, Secretary-Treasurer

DONNER CANADIAN FOUNDATION

P.O. Box 122
Toronto-Dominion Centre
Toronto, Ontario
M5K 1H1

PURPOSE: The activities of the foundation are confined to the following four fields: 1. law reform and corrections in Canada; 2. Canadian foreign policy; 3. the Native peoples of Canada; 4. Canada's north.

INTERESTS: Public Law; Health Law; Crime and Delinquency; Correctional Services; Social Psychology of Law; Law Reform; Law Research; Native Peoples; Vocational Education; Native Education, Native Correctional Services; Northern Development; Northern Resources; Environmental and Economic Effects; Northern Food Resources; Native Claims; Social Welfare; Native Peoples; Diabetes (in Native Populations); Northern Population Research; Wildlife; Northern Political Research; Bilingual Education; Translations; Water Resource Management; Mining; Canadian Studies; Civil Policy; Canadian Foreign Policy; Defense Policies; Strategic Studies; International Relations; Third World Economic Aid Policies.

GRANT LIMITATIONS: No support can be given for capital projects, ongoing operating expenses, budget deficits, general fund drives, annual charitable appeals, scholarships, sabbatical years for professors, the holding of conferences or seminars. Requests relating exclusively to publication costs, equipment purchases and travel costs cannot be considered. No permanent commitments are made to support any type of project. Individuals applying for grants must do so under the auspices of organizations which are qualified donees under the Income Tax Act. No grants are made to projects which would result in financial gain to an individual or organization. Geographic scope: Canada.

GRANT INFORMATION: There are two major priorities concerning the assessment of applications: 1. innovativeness of the project (preference is given to projects of an original and pioneering nature); 2. likely extent of impact (preference is given to projects with wide geographical impact). Prime consideration is given to applications which do not fall under the terms of reference of other agencies active in the field and to experimental ventures for which seed money is not always readily available.

Grant range: $10,000 to $450,000 in 1981.

FINANCIAL DATA:
Total Assets 1981 $54,000,000
Total Grants 1981 $4,835,810
Number of Grants 1981 - 30

APPLICATION PROCEDURE: Prospective applicants should forward an initial letter of inquiry to the foundation. If the project falls within the foundations current priority areas, a detailed application will be invited. The final decision on grant applications is made by the Board of Governors which meets three times a year. Prospective applicants should forward an initial letter including a brief description of the project, a registration number, name, title, address and telephone number of the person in charge of the project and its relation to the Foundation's current priority area.

APPLICATION DEADLINE: One month in advance of meetings.

Send correspondence to Donald A. Rickerd, President

EATON FOUNDATION; THE

1 Dundas St. West
20th Fl.
Toronto, Ontario
R5B 1C8

PURPOSE: The foundation's efforts concentrate in the following fields of interests: the arts, education, environment, health, sports, social development and social welfare services. The foundation is a private Canadian Foundation with a primary purpose of providing funds for charitable community endeavors.

INTEREST: Ballet; Educational Improvement; Educational Buildings; Scholarships; Youth Agencies; United Way/ Appeal; Environment; Land Use; Historical Preservation; Heritage; Community Services; Hospitals; Learning Problems; Handicapped; Housing; Sports; Social Development; Social Welfare; Medical Care and Rehabilitation; Alcohol and Drug Addiction Treatment Centres; Counselling; Performing Arts; Music; Hearing Impaired; Learning Problems.

GRANT LIMITATIONS: Grants are not given for deficit financing, endowment, research, memorial funds, conferences and seminars or to private individuals. Scholarships at selected major universities are administered by the respective universities and are awarded to students for academic achievement, not by application. Form letters or mass mailing types of appeals are not accepted or acknowledged. Geographic scope: Grants are limited to organizations within Canada in principal cities and heavily populated areas.

GRANT INFORMATION: Grants are made in Canada only to well established organizations which show proof of community support for a least two years. National and local organizations serving a useful purpose in the community and not duplicating the services of another organization are eligible. Organizations must have a valid registration number. Limited funds are available for new projects. Grants for capital funds are restricted to one campaign only, in a ten year period. Capital donations of $10,000 or more are made on a formula basis, conditional on the campaign reaching its financial objective. Grants are made to capital building campaigns for academic purposes by major universities, not federated or affiliated colleges. Capital funding is made only for Government approved major hospital buildings, (restricted to areas for patient care). Amateur sports competitions at the national and international level for training purposes qualify for support. Regional and Provincial Games may receive consideration when there is positive evidence of local community interest. Championships of individual sports are not included.

Grant range: $100 to $2,500 for operating cost, $25,000 maximum capital donation

FINANCIAL DATA:
Total Assets 1981 $9,112,944
Total Grants 1981 $988,035
Number of Grants 1981 - 338

APPLICATION PROCEDURE: Application forms are available on request to qualifying organizations. Information that will be required: annual report, audited financial statement, names of board members, number of salaried staff, number of volunteers, Government Grants (confirmed amounts, Federal, Provincal, Municipal), operating budget, financial goal from corporate and private sector.

Send correspondence to Col. F.F. McEachren, Chairman.

EMES CHARITABLE FOUNDATION

401-2828 Bathurst Street
Toronto, Ontario
M6B 3A7

PURPOSE: Grants will be made for building funds, endowment and equipment in the areas of education, medicine, welfare and religion.

INTERESTS: Higher Education (Special Projects); Educational Associations; Equipment; Medical Research; Public Health; Hospitals; International Studies; International Relief and Refugees; Earth Sciences; Oceanography; Tehological Education; Social Welfare; Housing; Community Development; Canadian Studies; Handicapped; Minorities; Heritage; Health; Medicine; Religion; Equipment; Building Funds

GRANT LIMITATIONS: No grants for operating funds, deficit financing or conferences and seminars. Geographic scope: Canada-wide basis

FINANCIAL DATA:
Receipted Gifts 1977 $52,279
Total Grants 1979 $48,653

APPLICATION PROCEDURE: Applications should be made in English, one copy is required and should be mailed to the Foundation.

Send correspondence to Leslie Gerendasi, President.

GOLDHAR FAMILY FOUNDATION; J. BARNEY

1 Glenayr Road
Toronto, Ontario
M5P 3B7

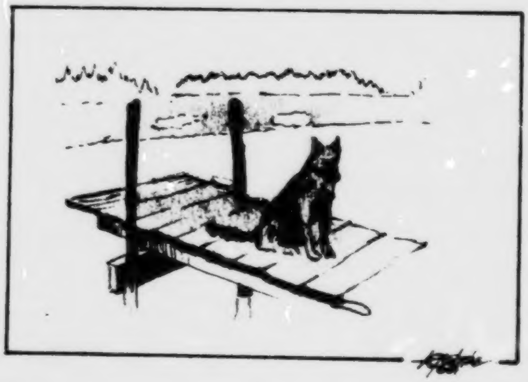
PURPOSE: The purpose of the foundation is to support expansion and improvement of the educational process and relief for the poor.

INTERESTS: Education; Social Welfare

FINANCIAL DATA:

Total Assets 1979 $164,259
Total Grants 1979 $18,305

Send correspondence to Mrs. J.B. Goldhar, Secretary



GORDON CHARITABLE FOUNDATION; WALTER AND DUNCAN

Box 128
Commerce Court Postal Station
Toronto, Ontario
M5L 1E2

PURPOSE: The purpose of the foundation is to promote, assist and engage in charitable work throughout Canada.

INTERESTS: International Affairs, Public Affairs; Child Welfare; Literature.

GRANT INFORMATION: This is a small foundation and the funds which will be available to it are committed for a long time ahead. Policy is to concentrate efforts in a very few particular areas.

FINANCIAL DATA:
Receipted Gifts 1979 $10,000
Total Assets 1979 $2,785,068
Total Grants 1979 $265,858

Send correspondence to Duncan L. Gordon, Chairman

HAMILTON FOUNDATION; THE B AND B

c/o Canada Permanent Trust Company
20 Eglinton Avenue West 20 Eglinton Avenue West
Toronto, Ontario M4R 1K8

PURPOSE: To make donations to qualified registered Canadian charitable organizations with priority for social development, health, and education.

INTERESTS: Adult Education; Health Agencies; Hospitals, Mental Health; Aged; Social Welfare; Crime and Delinquency; Recreation; Social Agencies; Higher Education; Museums; Youth Agencies; Community Development; Alcohol and Drug Addiction; Handicapped; Native Peoples; Women; Medical Care and Rehabilitation; Conservation.

GRANT LIMITATIONS: No grants for conferences and seminars, deficit financing or endowments. No grants for scholarships, student loans or for research. Geographic scope: Canada with preference for Ontario.

GRANT INFORMATION: Grants have been made to educational associations, social agencies, adult education programs, health agencies, hospitals, welfare agencies, and programs for child welfare, delinquency, recreation, mental health, as well as the aged.

FINANCIAL DATA:
Receipted Gifts 1977 $7,164
Total Assets 1980 $790,063
Total Grants 1980 $48,505
Number of Grants 1980 - 69

APPLICATION PROCEDURE: The foundation requires a letter with the following documentation: (a) definition of the purpose and group activities; (b) the budget for the current year, and other sources of funding; (c) assessmens of the operation from others; (d) directors and key personnel. One copy in English is required.

APPLICATION DEADLINE: Applications should be submitted by September.

Send correspondence to Mrs. Elizabeth Hamilton, President.

HYLAND FOUNDATION, NELSON ARTHUR

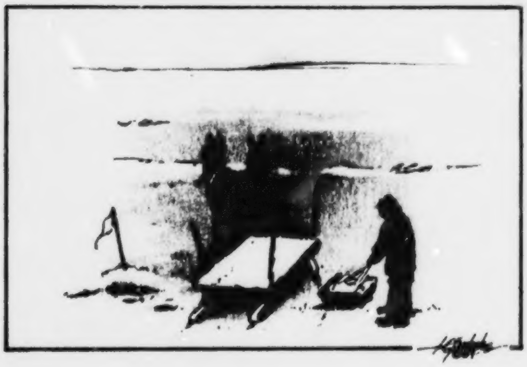
P.O. Box 161
The Toronto Dominion Centre
Toronto, Ontario
M5K 1H6

PURPOSE: Assisting in medical research, education, and other campaigns for charitable purposes involving the poor and less fortunate is the purpose of this foundation.

INTERESTS: Medical Research, Education, Social Welfare

FINANCIAL DATA:
Total Assets 1979 $6,217,833
Total Grants 1979 $439,000
Number of Grants 1979 - 78

Send correspondence to Gerald F. Hayden Q.C., Treasurer.



IVEY FOUNDATION; THE RICHARD

Suite 1701
Northern Life Centre-City Centre
380 Wellington Street
London, Ontario
N6A 5C3

PURPOSE: The foundation's main interests are in the following areas; health, education, social development, the environment and the arts.

INTEREST: Elementary Education; Secondary Education; Higher Education; Vocational Education; Medical Education; Libraries; Educational Buildings; Educational Equipment; Medical Research; Dentistry; Public Health; Medical Care and Rehabilitation; Art; History; Heritage, Language and Literature; Cultural Activities; International Studies; Astronomy; Chemistry; Biology, Physics; Earth Sciences; Agriculture; Anthropology, Archeology; Law; Sociology; Psychology; Social Welfare; Conservation; Recreation; Social Agencies; Transportation, Canadian Studies; Native Studies; Ages; Handicapped; Alcohol and Drug Addiction; Minorities; Communications; Education Research; Education Associations; Mental Health; Nursing; Hospitals; Health Agencies; Historic Sites; Museums; Music; Performing Arts; International Education: Sciences: Physical Sciences: life Sciences, Environmental Studies; Economics; Youth Agencies; Race Relations; Crime and Delinquency; Community Development; Ethnic Studies; Criminal Offenders and Ex-Offenders; Native Peoples; Women; Business and Labour.

GRANT LIMITATIONS: Ordinarily, grants are not made towards: annual campaigns; scholarships or student aid, seminars, workshops, conferences or tours; the publication of studies, research, etc., operating expenditures, except temporarily for new undertakings; deficits, operating or capital; general endowment or sustaining funds. Grants are not made to individuals. Geographic scope: Generally grants are given to organizations in London and Southwestern Ontario however, the foundation does consider those projects which are significant provincially or federally.

FINANCIAL DATA:
Receipted Gifts 1980 $110,000
Total Assets 1980 $11,177,632
Total Grants 1980 $924,750
Number of Grants 1980 - 39

APPLICATION PROCEDURE: No standard application form is required to present a request to the foundation. It is suggested, however, that a written proposal be submitted which includes a brief description of the organization's objectives and activities, the membership of its Board of Directors and a description, in some detail, of the purpose of which assistance is requested. The proposal should be accompanied by: (1) a copy of the organization's latest audited financial statements; (2) an appropriate current budget which identifies its sources of income and expenditure; (3) the organization's National Revenue registration number. Guidelines for applications are available upon request. One copy of a proposal should be submitted.

APPLICATION DEADLINE: No specific deadline.

IVEY FUND; THE RICHARD AND JEAN

Suite 2200, Northern Life Tower
City Centre
380 Wellington St.
London, Ontario
N6A 5B5

PURPOSE: The foundation's primary interests lie in the following areas: health, education, social development, humanities, special groups, the environment and the arts.

INTERESTS: Special Groups; Health; Education; Social Development; Humanities; Environment; Art; Elementary Education; Secondary Education, Higher Education; Educational Buildings and Equipment; Medical Education; Medical Research; Mental Health; Public Health; Rehabilitation; Hospitals; Health Agencies; Music; Performing Arts; Youth Agencies; Social Agencies; Conservation; Community Development; Community Development; Women; Northern Affairs Aged; Handicapped.

GRANT LIMITATIONS: Ordinarily grants are not made towards: annual campaigns, scholarships or student aid, seminars or workshops, conferences or tours, the publication of studies, research etc., operating expenditures, except temporarily for new undertakings, deficits, operating, capital general endowment or sustaining funds. Grants are not made to individuals. Geographic scope: Generally grants are given to organizations in London and Southwestern Ontario, however, the foundation does consider projects which are of significance to Canada.

FINANCIAL DATA:
Receipted Gifts 1980 $9,845
Toal Assets 1980 $10,071,254
Total Grants 1980 $813,500
Number of Grants 1980 - 21

APPLICATION PROCEDURE: There is no formal application form. It is suggested that a written proposal be submitted which includes a brief description of the organization's objectives and activities, the membership of the Board of Directors and the names of the operating officiers, and a description in some detail of the purpose for which assistance is requested, and a statement of how results will be measured or assessed. The proposal should be accompanied by (1) a copy of the organization's latest audited financial statements; (2) an appropriate budget which identifies its sources of income and expenditures; and (3) the organizations's National Revenue registration number confirming its status as a registered charitable organization.

APPLICATION DEADLINE: No specific deadline.

Send correspondence to K.L. Sumner, Secretary-Treasurer

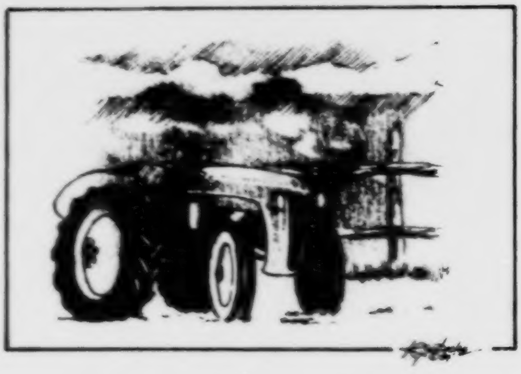
JEWISH FOUNDATION OF MANITOBA

370 Hargrave Street
Winnipeg, Manitoba
R3B 2K1

Established 1967 in Manitoba

FINANCIAL DATA:
Receipted Gifts 1979 $370,787
Total Assets 1979 $134,911
Total Grants 1979 $101,268

Send correspondence to I. Peltz, Executive Director



KAHANOFF FOUNDATION

Suite 1250
321-6th Avenue S.W.
Cadillac Fairview Building
Calgary, Alberta
T2P 3H3

PURPOSE: The foundation was established to carry out such charitable objects as; to establish and maintain health; social and welfare projects and institutions; to support education; to provide monies for the carrying out of medical and scientific research; and to give assistance to artistic and cultural organizations and to assist people to carry out these endeavours.

INTERESTS: Elementary Education; Secondary Education; Higher Education; Adult Education; Communications; Building Funds; Equipment; Medical Education; Medical Research; Mental Health; Nursing; Medical Care and Rehabilitation; Hospitals; Health Agencies; Art; Architecture; Music Performing Arts; Language and Literature; Social Welfare; Youth Agencies; Recreation; Education; Vocational Education; Personnel Development; Humanities; Operating Funds; Building Funds; Conferences and Seminars.

GRANT LIMITATIONS: No grants to individuals or for endowment, deficit financing or conferences or seminars. Geographic scope: Priority will be given to projects in Alberta and then on a Canada-wide basis.

GRANT INFORMATION: Grants will be considered for operating funds, building funds, and equipment.

Grant range: $170 to $68,000 in 1980.

FINANCIAL DATA:
Receipted Gifts 1980 $25,943,321
Total Assets 1980 $25,992,634
Total Grants 1980 $210'189
Number of Grants 1980 - 8

LAIDLAW FOUNDATION

60 St. Clair Avenue, E.
Suite 203
Toronto, Ontario M4T 1N5

PURPOSE: The foundation supports developmental projects in the social services, mental health, arts, conservation of natural resources and restoration of buildings of historical significance. A primary interest of the foundation since 1978 has been child development, focussing particularly on "difficult" children (adolescents). Support for the arts is restricted to special projects that will be promising for the mature development of Canadian works in dance, music and theatre.

INTERESTS: Dance; Music; Theatre; Opera; Ballet; Mental Retardation; Playwrights; Social Welfare; Youth Agencies; Aged; Native Studies; Communications; Performing Arts; Bursaries; Universities; Race Relations; Historical Preservation; Energy; Conservation; Land Use; Pollution; Wildlife; Cancer Research; Clinical Research; Libraries; Sports; Social Agencies; Environmental Studies; Women; Minorities; Crime and Delinquency; Community Development.

GRANT LIMITATIONS: As a general rule, grants are not made towards: annual campaigns, basic or survey research of primarily academic interest, capital expenditures, furnishings, major equipment, buildings, etc., deficit or general operations costs, endowment funds. Grants in the arts, as a general rule, do not include the following: conventional theatre, festivals, film projects, local choral groups, art associations, competitions, travel grants, education programs in schools or camps, or out-of-province organizations. Projects of a local nature are not considered. Geographic scope: The majority of foundation grants are made in Ontario. Proposals from outside Ontario which have implications for social policy development may be considered.

GRANT INFORMATION: Government regulations prohibit grants to individuals except in the fellowship program.

Organizations making application must be registered with Revenue Canada as charities. The majority of grants are made to community groups or university departments. Research projects related to the development of social and mental health services are considered, but research which is primarily of academic interest is beyond the foundation's terms of reference. Requests for support of major public institutions are considered by the Board on an individual basis.

Grant range: $4500 to $100,000 in 1980

FINANCIAL DATA:
Total Assets 1980 $16,193,000
Total Grants 1981 $ 1,368,580
Number of Grants 1981 101

APPLICATION PROCEDURE: All applications must have formal approval from the sponsoring institution and should contain: a brief history of the organization and its purpose; an outline of project for which funds are being requested; budget for project; operating budget for the organization; most recent audited statement for the organization; funding received, committed or requested to-date with details of organizations applied to and the outcome of those applications. Projects should be submitted in English in whatever form is best suited to clear understanding of proposal. There are no application forms. Applicants are usually advised of the outcome within two months and reasons for decisions are not usually given. Fellowships are not open to application.

APPLICATION DEADLINE: Applications are considered on a regular basis.

Send correspondence to Nathan Gilbert, Secretary

LEE FOUNDATION; THE CLIFFORD E.

570 Sun Life Place
10123 Ninety-Nine Street
Suite 570
Edmonton, Alberta T5J 3H1

PURPOSE: Support for the arts, social services, particularly children and youth, Native peoples, the handicapped, historical preservation, the aged, special education, nature and the environment and international aid.

INTERESTS: Theatre; Art; Native Peoples; Child Welfare; Youth Agencies; Conservation; Environment; Handicapped; Aged; Crime Prevention; Crime and Delinquency; Family Agencies; Historical Preservation; Performing Arts; International Health and Welfare; Mental Health; Higher Education; Building Funds; Equipment; International Technical Assistance; International Population Control; International Education; International Bursaries; Museums; Music; Social Sciences; Social Welfare; Social Agencies; Native Studies; Criminal Offenders and Ex-Offenders; Women.

GRANT LIMITATIONS: Grants are not made to: annual campaigns, scholarships or student aid, seminars, workshops, conferences, publication of research studies, operating expenditures, except core funding for new undertakings, deficits, general endowment or sustaining funds. The foundation will not promote religious or political ideologies. Geographic scope: Canadian grants are limited to Edmonton, Northern Alberta and Northern Canada. International grants are limited to health and education projects in Latin America.

APPLICATION PROCEDURE: Advisable to make a preliminary enquiry to determine whether the proposal is within the foundation's field of interest. The foundation does not have a standard application form. The key in preparing proposals is to make them as concise as possible.

Applicants should submit: (1) 11 copies of their letter of application which should describe concisely the problem to be resolved, nature of the project, the budget, the value of the project, the length of time the project will take to completion, the way in which accomplishments will be measured, financing available beyond initial grant period and other sources of current and future financial support.(2) One copy of information or documents respecting: the background of the applicant organization, its governing board and persons involved in the projects, charitable organization number, most recent financial statement and annual report and other support received.

APPLICATION DEADLINE: March 15 or October 15

Send correspondence to Mrs. Lorraine Downey, Secretary

LOEWEN FOUNDATION, INC.; THE EDWARD

Box 639
Steinbach, Manitoba R0A 2A0

PURPOSE: Donations are made to religious, educational and charitable organizations.

INTERESTS: Religion; Education.

FINANCIAL DATA:
Receipted Gifts 1979 $10,200
Total Grants 1979 $16,364

Send correspondence to Edward J. Loewen, President

MACDONALD STEWART FOUNDATION: THE

CP 12000
Succursale A
Montreal, Quebec H3C 3P3

PURPOSE: To promote education, medicine, humanities, museums, purchase of museum objects, and to strengthen historical knowledge and understanding.

INTERESTS. Humanities; History; Education; Medicine; Museums; Seed Money; Historical Artifacts; Heritage.

GRANT LIMITATIONS: Project must be Canadian or have Canadian content. Applicants must be registered charitable organizations and have a current registration number. Geographic scope: Canada-wide basis.

GRANT INFORMATION: Assistance is given in the form of seed money or grants for specific projects resulting in benefits of a permanent nature and in fields where governmental or public support is not readily available.

FINANCIAL DATA:
Total Assets 1980 $44,866,092
Total Grants 1980 $ 4,211,797

APPLICATION PROCEDURE: Applications must be detailed in writing. There are no special grant application forms.

Send correspondence to Kathleen H. Mather, Secretary

McCONNELL FOUNDATION INC: J. W.

1130 ouest, rue Sherbrooke
Bureau 510
Montreal, Quebec H3A 2T1

PURPOSE: A general purpose foundation.

INTERESTS: Educational Equipment; Educational Buildings; Educational Research; Libraries; Hospitals; Mental Health; Medical Care and Rehabilitation; Medical Research; Museums; Music; Performing Arts; Aged; Social Welfare; Conservation; Crime and Delinquency; Environment; Handicapped; Social Agencies; Youth Agencies.

GRANT LIMITATIONS: Any unspent part of a grant must be returned to the foundation. The foundation does not generally contribute to organizations engaged in multiple activities or to those which might re-distribute grants to beneficiaries of their choosing. No grants are made to carry on propaganda or influence legislation or the outcome of any public election or to engage in political activities. It is the general policy of the foundation: to make grants to institutions rather than individuals; not to make grants for endowments, contingencies, reserve purposes or deficit funding; not to make grants which are requested primarily for the publication of books, magazines, films, tapes or other media or communication. These guidelines are presently under review. Geographic scope: Canada-wide basis.

FINANCIAL DATA:
Receipted Gifts 1981 $7,958,201
Total Assets 1981 $10,000
Total Grants 1981 $7,960,200
Number of Grants 1981 65

APPLICATION PROCEDURE: The foundation prefers that, at an early stage, applicants made an informal presentation of their proposal before going to the trouble and expense of preparing and submitting a formal application. One copy of a proposal should be submitted on 8 1/2 x 11 white paper.

The application should state whether aid is, or has been, sought or contemplated from other foundations and sources. (This is for information only.) Applications must be executed by a person authorized in that behalf by the applicant. Applications should be countersigned by the head of the applicant institution or organization.

Letters of support from authorities and organizations in the applicant's field are welcome. The application should state the organization's classification and the registration number. The applicant should furnish the organization's latest audited balance sheet. The applicant should furnish its operating budget, specifying amount and sources of funds.

Send correspondence to Miss Jacqueline Prevost, Secretary-Treasurer

McKINNON FOUNDATION

c/o Coopers and Lybrand
1700 One Lombard Place
Winnipeg, Manitoba R3B 0V3

Established 1967 in Manitoba

PURPOSE: The Foundation makes grants for general charitable purposes.

FINANCIAL DATA:
Total Assets 1979 $447,090
Total Grants 1979 $ 48,200

Send correspondence to R. T. Rankin, Chairman

McLEAN FOUNDATION: THE

95 St. Clair Avenue, W.
16th Floor
Toronto, Ontario M4V 1P2

PURPOSE: Grants are made for socially desirable purposes, following a flexible policy and with particular emphasis on projects showing promise of general social benefit but which may initially lack broad public appeal.

INTERESTS: Educational Buildings and Equipment; Libraries; Post-secondary Scholarships: Health Agencies; Hospitals; Medical Care and Rehabilitation; Mental Health; Nursing; Public Health; Art; History; Language and Literature; Museums; Music; Performing Arts; International Peace and Co-operation; International Relief and Refugees; Canadian Studies; Native Studies; Northern Affairs; Medical Research; Social Science Research; Aged; Child Welfare; Crime and Delinquency; Environmental Problems; Handicapped; Social Agencies.

GRANT LIMITATIONS: Georgraphic scope: Funding is limited to Canada.

GRANT INFORMATION: Grants restricted to charitable organizations registered by Revenue Canada. Contributions are made to recognized institutions in any Province in Canada.

Grant Range: In the great majority of cases, grants paid by the foundation have been less than $5,000. Large grants are made on rare occasions.

FINANCIAL DATA:
Receipted Gifts 1979 $32,000
Total Assets 1981 $8,900,000
Total Grants 1981 $ 717,280
Number of Grants 1981 - 160

APPLICATION PROCEDURE: Descriptive letter with supporting documents including: 1) brief description of organization; 2) proposal; 3) financing of the project; 4) duration of project; 5) independent persons who may be consulted; 6) previous contacts with McLean Foundation; and 7) copies of audited financial statements and annual reports.

APPLICATION DEADLINE: Irregular (approximately quarterly).

Send correspondence to H. M. Cunningham, Secretary-Treasurer

MOLSON FAMILY FOUNDATION

CP 1600
Place d'Armes
Montreal, Quebec H2Y 3L3

PURPOSE: The foundation's policies were established to reflect the interests and wishes of the founders. Of primary interest are innovative projects in the fields of health and welfare, education, social development and the humanities.

INTERESTS: Seed Money; Educational Institutions; Hospitals; Innovative Programs; Social Welfare; Education; Social Development; National Development; Humanities; Health; Building Funds; Equipment.

GRANT LIMITATIONS: Only charitable organizations registered with the Department of National Revenue are eligible. The following are not funded: annual maintenance or general campaigns; endowment campaigns or deficits; conferences, seminars, workshops; scholarships, bursaries, student aid; publication of books, magazines, films, tapes or other media of communication; travel or touring expenses. Geographic scope: Funding is limited to Canada.

GRANT INFORMATION. The foundation is primarily interested in providing "seed" money, and generally makes one-payment grants. In certain circumstances, however, it will make commitments for grants payable over a period of up to five years.

Grant Range: $5,000 to $100,000 in 1981.

FINANCIAL DATA:
Receipted Gifts 1979 $85,000
Total Assets 1981 $20,000,000
Total Grants 1981 $1,066,000
Number of Grant 1981 - 30

APPLICATION PROCEDURE: Applications for grants are assessed and the final decision rests with the Board of Directors. No reasons normally are given for refusals.

Written applications for grants should be as concise as possible, encompassing the following information: the name of the project and/or the organization adminstering it, and its registration number a brief history of the organization; its most recent audited financial statement; objectives of the project and its impact on the community; budgets, including plans for meeting funding requirements and results to-date; long term financing plans. Applications must be in writing, and should be forwarded to the address above. Guidelines are available upon request.

APPLICATION DEADLINE: Applications are processed as received.

Send correspondence to Stephen T. Molson, Secretary

Murphy Foundation Incorporated

919-167 Lombard Avenue
Winnipeg, Manitoba R3B 0V3

Established 1969 in Manitoba

GRANT LIMITATIONS: Granting is limited to charitable organizations registered with the Department of National Revenue-Taxation Division. Geographic scope: Canada.

FINANCIAL DATA:
Receipted Gifts 1979 $20,000
Total Assets 1979 $773,567
Total Grants 1979 $ 49,000

Send correspondence to I. Dyregrov, Assistant Secretary

MUTTART FOUNDATION; THE GLADYS AND MERRILL

530, 9919-105 Street
Suite 530
Edmonton, Alberta T5K 1B1

PURPOSE: To support objects of national, patriotic, religious, philanthropic, charitable, scientific, artistic, social, professional or sporting character or the like.

INTERESTS: Scholarships; Educational Loans; Educational Research; Medical Education; Medical Research (Selected Areas); Museums; Music; International Education; International Health and Welfare; International Agriculture; Child Welfare; Conservation, Race Relations; Recreation; Native Studies; Northern Affairs; Aged; Handicapped; Native Peoples; Women; Religion; Education for Native People; Universities.

GRANT LIMITATIONS: Grants are not given to individuals. The foundation does not normally provide continuing support for projects it has funded initially. Applications may not succeed without indication of on-going support after completion of the experimental or pioneering work. Capital expenditures, budgetary deficits, general fund drives, annual charitable appeals, and regular staff salaries are not normally considered. Grants can not be made to projects which would result in financial gain to an individual or organization. Money is not usually awarded to projects funded by public subscription. Geographic scope: Grants are given in Canada for use anywhere in the world primarily for under-developed countries.

GRANT INFORMATION: Operating funds are provided through grants only if they are an integral part of a specific project, otherwise they are not provided for. Similarly, funds are not generally given for conferences or seminars unless they are related to a specific project which particularly fits into the philosophy of the foundation. Grants are given for endowment and equipment.

The foundation seeks to provide seed money to start projects which will be complete in themselves, or which when launched, will attract funds for continuing support from other sources. The foundation does not usually provide continuing support for projects it has funded initially.

Grant Range: $500 to $130,000 in 1980.

FINANCIAL DATA:
Receipted Gifts 1980 $33,000
Total Assets 1980 $8,432,255
Total Grants 1980 $346,305
Number of Grants 1980 - 14

APPLICATION PROCEDURE: Seven copies of the application are required. No special form or procedure is required. Applications must include 1) charitable registration number 2) complete budget 3) amounts available from other sources 4) amount requested 5) how project will continue after grant expires 6) persons who would control the funds. The decision of the Board of Directors on application is final. Applications should indicate ongoing support it it is needed.

APPLICATION DEADLINE: A meeting date is set at conclusion of preceding meeting. We tend to hold four meetings per year, but deadlines are difficult to predict.

Send correspondence to Mr. K. A. Hodgson, Executive Director

PENNER FAMILY FOUNDATION INC.; A. D.

Box 909
Steinbach, Manitoba R0A 2A0

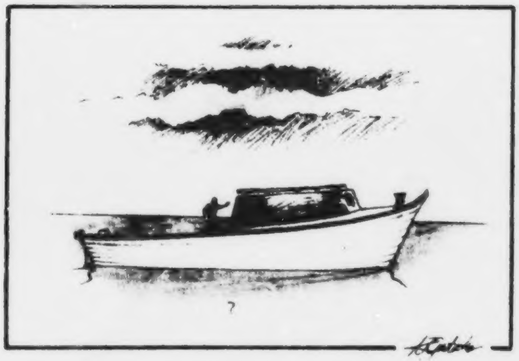
Established 1967 in Manitoba

PURPOSE: The purpose of this foundation is to support religious and education organizations.

INTERESTS: Religious Organizations; Educational Organizations.

FINANCIAL DATA:
Receipted Gifts 1980 $40,000
Total Assets 1980 $577,332
Total Grants 1980 $62,493

Send correspondence to A. D. Penner, President



RATHGEB FOUNDATION INC.

500 Canada Trust Building
232 Portage Avenue
Winnipeg, Manitoba R3C 0B1

Established 1967 in Manitoba

PURPOSE: The Foundation makes grants to registered charitable organizations.

FINANCIAL DATA:
Total Assets 1979 $201,443
Total Grants 1979 $ 10,500

Send correspondence to G. W. Henderson, Secretary-Treasurer

REIMER FAMILY FOUNDATION; FRANK F.

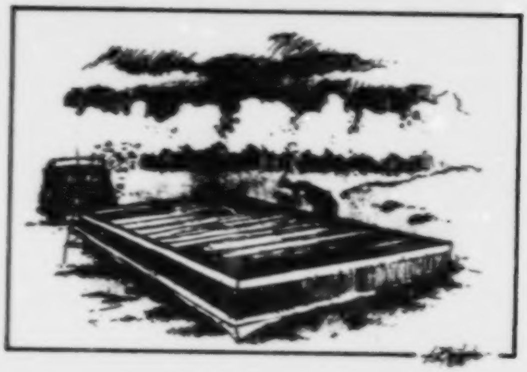
1400 Inkster Boulevard
Winnipeg, Manitoba R2X 1R1

PURPOSE: The advancement of religion and charitable work of a nature beneficial to the community is the purpose of this foundation.

INTERESTS: Religion; Community Services.

FINANCIAL DATA:
Receipted Gifts 1979 $496,667
Total Assets 1979 $365,381
Total Grants 1979 $389,350

Send correspondence to Delbert J. Reimer, Vice-President



RHW FOUNDATION

1155 ouest, boulevard Dorchester
Bureau 2912
Montreal, Quebec H3B 2L5

PURPOSE: The purpose of this foundation is to make donations to hospitals, universities and charitable institutions.

INTERESTS: Hospitals; Post-secondary Education; Universities; Health, Humanities.

FINANCIAL DATA
Total Assets 1977 $14,159,140
Total Grants 1977 $444,850

Send correspondence to William R. Ferguson, Secretary

RICHARDSON CENTURY FUND

1 Lombard Place
30th Floor
Winnipeg, Manitoba R3B 0Y1

SOURCE OF FUNDS: James Richardson & Sons, Ltd. and affiliated companies.

PURPOSE: Grants are made only to registered Canadian charitable organizations with preference for those in communities where J. Richardson and affiliated companies are represented.

INTERESTS: Education; Educational Buildings; Equipment; Health and Medicine; Mental Health; Art; Museums; Music; Performing Arts; Agriculture; Economics; Conservation; Community Development; Building Funds; Operating Funds.

GRANT LIMITATIONS: Grants are not made to individuals, religious or sectarian organizations or other foundations.

GRANT INFORMATION: Organizations receiving support usually have the backing of our management group in the area in which the request originates. Grants may be made for capital or operating expenses.

Grant Range: In 1980, grants ranged from $200 to $10,000.

FINANCIAL DATA:
Receipted Gifts 1980 $362,790
Total Assets 1980 $1,216,427
Total Grants 1980 $376,815
Number of Grants 1980 224

APPLICATION PROCEDURE: A letter identifying the project, detailing costs and assured and anticipated financial support, is required. Application should include charitable registration number and audited financial statement. One copy in English is required.

APPLICATION DEADLINE: The Donations Committee reviews requests every 2 weeks.
Send correspondence to Mrs. Sheila A. Berthon, Assistant Secretary

RICHARDSON FOUNDATION INC.; MRS. JAMES. A.

1 Lombard Place
30th Floor, Richardson Building
Winnipeg, Manitoba R3B 0Y1

PURPOSE: The purpose of the foundation is to provide financial support to a variety of organizations involved in areas which were of interest to the late Mrs. Richardson.

INTERESTS: Education; Art; Historic Sites; Museums; Music; Performing Arts; Social Welfare; Youth Agencies; Conservation; Community Development; Social Agencies; Community Development; Aged; Alcohol and Drug Addiction; Handicapped; Native Peoples; Religion.

GRANT LIMITATIONS: Grants are not given for conferences and seminars or deficit financing, nor to individuals. Geographic scope: All funds must be directed to organizations in Manitoba and be used for the benefit of the people of that province.

GRANT INFORMATION: Grants are given for operating funds, endowment and equipment. A pre-determined amount has been set aside for the upkeep of the church attended by Mrs. Richardson.

Grant Range: $500 to $35,000 in 1980.

FINANCIAL DATA:
Total Assets 1980 $993,582
Total Grants 1980 $214,857

APPLICATION PROCEDURE: Preliminary enquiry is encouraged after which an application form will be provided if it is felt the project would merit support. Information required is detailed in an application form and includes audited financial statement and registration number. One copy of the application is required in English.

APPLICATION DEADLINE: Funding decisions are made approximately every six weeks. No meetings are scheduled during July and August.

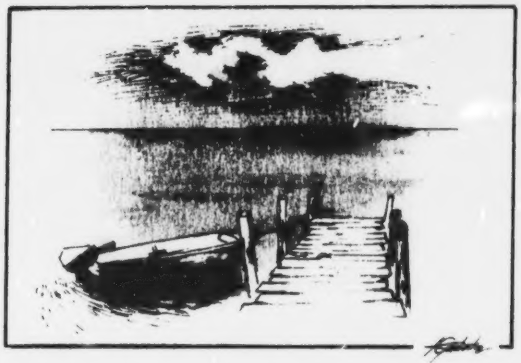
Send correspondence to Mrs. Sheila A. Berthon, Secretary

TANENBAUM CHARITABLE FOUNDATION; THE ESTHERELKE

1051 Tapscott Road
Scarborough, Ontario M1X 1A1

FINANCIAL DATA:
Receipted Gifts 1980 $2,000
Total Assets 1980 $6,190,573
Total Grants 1980 $337,500

Send correspondence to Joseph Tanenbaum, President



TANENBAUM CHARITABLE FOUNDATION; THE FRANCES

1051 Tapscott Road
Scarborougn, Ontario MIX IAI

FINANCIAL DATA:
Receipted Gifts 1980 $2,000
Total Assets 1980 $6,295,677
Total Grants 1980 $336,000

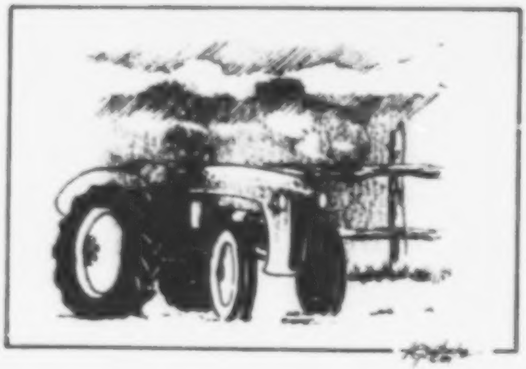
Send correspondence to Joseph Tanenbaum, President

TANENBAUM CHARITABLE FOUNDATION; THE JOSEPH & FANNY

1051 Tapscott Road
Scarborough, Ontario M1X 1A1

FINANCIAL DATA:
Receipted Gifts 1979 $100,000
Total Assets 1979 $5,869,280
Total Grants 1979 $482,500

Send correspondence to Joseph Tanenbaum, President



TANENBAUM CHARITABLE FOUNDATION; THE WAYNE

1051 Tapscott Road
Scarborough, Ontario M1X 1A1

GRANT INFORMATION: Grants are made to registered charities.

FINANCIAL DATA:
Receipted Gifts 1979 $20,000
Total Assets 1979 $5,917,526
Total Grants 1979 $482,500

Send correspondence to Joseph Tanenbaum, President

WESTON FOUNDATION; THE W. GARFIELD

22 St. Clair Avenue, E.
Suite 2001
Toronto, Ontario M4T 2S3

PURPOSE: Grants are made for projects in Canada for the direct benefit of Canadians. The primary concern is with capital funding and continuing medical research.

INTERESTS. Building Funds; Equipment; Medical Research; Capital Funds.

GRANT LIMITATIONS: Groups must have a Revenue Canada registration number. University Departments, etc. should submit council authority in respect to the validity of the project.

APPLICATION PROCEDURE. There is no formal application form. Organizations should submit their proposal including full financial data concerning the project, recent pertinent audited statements and terms of reference.

Send correspondence to Roger A. Lindsay, Secretary

WESTWIND CHARITABLE FOUNDATION; THE

c/o Herb Dukes
Canada Permanent
20 Eglinton Avenue, W.
Toronto, Ontario M4R 2E2

PURPOSE. To provide financial assistance in the areas of environmental studies, culture, social services, education and medicine. Particular emphasis is put on seed money and/or innovative programs.

INTERESTS. Education; Health Agencies; Medical Care and Rehabilitation; Environmental Studies; International Co-operation; International Relief and Refugees; Social Welfare; Equipment; Heritage; Music; Canadian Studies; Native Studies; Conservation; Youth Agencies; Community Development; Aged; Handicapped; Crime and Delinquency; Peace; International Health and Welfare; Religious Buildings and Equipment; Religious Choral Groups.

GRANT LIMITATIONS: Grants are usually not made for conferences and seminars, deficit financing, endowments.

GRANT INFORMATION: The Foundation prefers to make grants for equipment.

Grant Range: $500 to $5,000 in 1980.

FINANCIAL DATA:
Receipted Gifts 1980 $34,500
Total Grants 1980 $34,500
Number of Grants 1980 - 31

APPLICATION PROCEDURE: Applications should give objectives, planned activities, a detailed budget, financial statement, registration number and contact person. One copy of an application should be sent. Applications should be in English.

APPLICATION DEADLINE: Meetings held in April and October
Send correspondence to Herb Dukes, Senior Trust Officer

WINNIPEG FOUNDATION; THE

759-167 Lombard Avenue
Winnipeg, Manitoba R3B 0V3

PURPOSE: The objects of the Foundation are to provide care for needy men, women and children and in particular for the sick, aged, destitute and helpless; to promote the betterment of underprivileged or delinquent persons; to promote educational advancement or scientific research for the increase of human knowledge and the alleviation of human suffering; to promote the conservation of human, natural and heritage resources and to provide for such other charitable, educational, or cultural purposes that, in the opinion of the Board, are desirable and are intended to benefit primarily the inhabitants of the City of Winnipeg.

INTERESTS: Education; Educational Endowment Funds; Fellowships; Libraries; Personnel Development; Scholarships; Educational Planning; Post-secondary Education; Vocational Education; Health Agencies, Hospitals; Medical Care and Rehabilitation; Mental Health; Nursing; Art; Architecture; Museums; Music; Performing Arts; Church and Temple Support; Science and Technology; Aged; Social Welfare; Crime and Delinquency; Handicapped; Housing; Urban Affairs; Recreation; Social Agencies; Youth Agencies; Religion.

GRANT LIMITATIONS: Grants are not made to individuals. Geographic scope: Grants are restricted to Winnipeg and area.

GRANT INFORMATION: Grants are awarded for capital purposes and for new or innovative operating needs rather than for general operations.

Grant Range: $400 to $150,000 in 1980.

FINANCIAL DATA:
Receipted Gifts 1981 $3,420,814
Total Assets 1981 $21,187,906
Total Grants 1981 $1,772,545
Number of Grants 1981 - 9

APPLICATION PROCEDURE: One copy of a proposal should be submitted.

Send correspondence to Alan G. Howison, Executive Director

WOLINSKY FOUNDATION; THE JOSEPH

400-228 Notre Dame Avenue
Winnipeg, Manitoba R3B 1N7

Established 1967 in Manitoba

SOURCE OF FUNDS: Joseph Wolinsky

PURPOSE: To support charitable and educational organizations.

INTERESTS: Education; Medical Education; Medical Research; Hospitals; Health Agencies; Heritage; Performing Arts; International Relief and Refugees; Judaic Religious Organizations; Social Welfare; Youth Agencies; Social Agencies; Aged; Handicapped; Operating Funds; Building Funds; Endowment Funds; Equipment; Humanities; Education; Health and Medicine; Religion; Social Development; Special Groups.

GRANT LIMITATIONS: No grants for deficit financing or conferences and seminars.

GRANT INFORMATION: The foundation will make grants for operating funds, building funds, endowments and equipment.

Grant Range: $100 to $17,500.

FINANCIAL DATA:
Total Assets 1981 $545,740
Total Grants 1980 $63,006
Number of Grants 1980 70

APPLICATION PROCEDURE: Applications should include an annual report, audited financial statement and charitable registration number.

APPLICATION DEADLINE: November 1.

Send correspondence to David Wolinsky, Secretary

WOODWARD'S FOUNDATION; MR. AND MRS. P.A.

1177 West Hastings Street
Suite 1912
Vancouver, B.C. V6E 2L5

PURPOSE: Projects primarily in the health field including: studies into improved and more economical health care delivery, particularly in the field of ambulatory care; evaluation of programs currently funded from government and other sources; innovative undergraduate, post-graduate and continuing education programs designed to produce more effective health workers.

INTERESTS: Health Care; Ambulatory Care; Education.

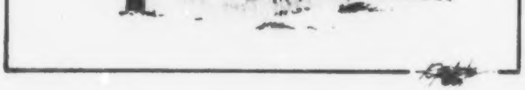
GRANT LIMITATIONS: Except in exceptional circumstances, the foundation will not support routine operational budgets, fundamental research not directly related to patient care, conferences or annual meetings or endowments.

FINANCIAL DATA:
Total Assets 1978 $8,922,205
Total Grants 1978 $557,982

PUBLICATIONS: Brochure available

APPLICATION DEADLINE: Board meets in March, June, October, December to consider applications.

Send correspondence to John F. McCreary, Medical Advisor



HOW TO PREPARE A BUDGET

Before preparing a budget, a group should attempt to clearly define its long-term objectives for perhaps the next five years or the duration of a major project, and, in this context, define its objectives for the budget period, which usually is twelve months. It is unwise to solicit funds to operate for a few months when a group has as its objective one major project that will require several years. The exception of course, is the community or neighbourhood group in the development stages which is attempting to solicit membership, arouse interest in one or a variety of community concerns and initiate action projects to solve some common problems.

Long range planning helps a group build fund-raising activities into its program, spread major expenditures over a number of fiscal years, and set more realistic goals.

An annual budget should reflect the costs of operating your program over the next fiscal year while maintaining the objectives you have already established. At the end of the fiscal year, it is then possible to assess how realistic your program goals were, and how accurate your estimates of the costs involved. With each successive year, your group's ability to budget well should improve. A realistic, well-planned budget is extremely helpful in soliciting funds.

When preparing an annual budget, we recommend that you keep the following factors in mind:

1. **Budget amounts should be realistic.** The best means of accurately estimating costs is usually to examine your expenditures for the previous year. Groups pre- paring a first budget are advised to consult with a worker in an established agency or government de- partment who can assist them with estimating costs and perhaps suggest means of cutting costs.

2. Amounts should be separated and itemized according to the purposes for which they will be used. It is a favourite pastime of some groups to pad items to ensure some additional funds to cover unexpected costs eg. **staff salaries** when volunteers have already agreed to staff the project. For small groups who do not require employed staff, such items are obviously dishonest. It is preferable to indicate unexpected costs under a **contingency fund item** which represents a percentage of the total budget.

This does not mean that funds cannot be used for purposes other than those originally intended. Even the budget experts miscalculate costs. However, an honest budget helps to speed up the processing of requests for funds or seeking funds from other sources.

3. All funds committed to your project should be listed. Where free office space or staff resources are supplied, they should be assigned a dollar value and included in both income and expenditures. In the event that such resources are no longer made available to you, your previous budgets clearly indicate and justify the need for increased funds.

Example

The central action group established themselves to improve the quality of their centre town neighbourhood by redeveloping a sense of community among residents in the area and working together to solve common problems such as delinquency, vandalism, the lack of recreational facilities for both children and adults, the lack of adequate day care facilities for working mothers and unsatisfactory housing conditions.

In their first year of operation the group was able to acquire a swimming pool and playground equipment on a large vacant lot by requests to the city based on an objective evaluation of their needs, a reasonable argument for more civic monies being devoted to their area since a much smaller portion of their tax dollars over the previous years had been reinvested in services to their own area than in newer suburban developments, where residents enjoyed a substantially higher income.

In their second year of operation, the group hoped to tackle problems relating to housing and day care.

HOW TO APPLY FOR FUNDS

Apply for Funds

Before submitting a formal application for funds, it is usually advisable to consult with a staff member of the department of government, private foundation for other agency in question to determine whether or not your organization is eligible for support, whether application forms are available from them and the number of copies of the application required.

Government grants, exclusive of those made to municipalities or to agencies with funds voted as a specific item in Department estimates in the Legislature or by order in coucil, are generally for shorter periods of time. Few exceed one fiscal year and, those which do, usually involve only a commitment to further years based on the progress of the project and a government audit. On the other hand, foundations may provide long-term grants but rarely fund groups which are not registered charitable institutions and, as such, tax exempt.

Community development grants from government to relatively unstructured citizens groups in the developmental stages for the most part represent small sums of money and are non-recurring. Such grants are rarely subject to formal audit as staff members follow up the actitives of the groups funded.

Where no special application form is provided, unstructured citizen or neighbourhood groups requiring small sums for developmental purposes might include the following information in their request for assistance:

1. The name of the group.
2. The date of founding the group. The number of founding members, the current executive, current membership and membership requirements.
3. Statement of why and how the group was organized, its aims and objectives.

4. Projects and activities attempted to date and what has been achieved.

5. Sources of funds to date, current operating budget, projected expenditures, projected revenues, if any, and amount requested.

6. Current programs and activities and those planned for the future.

7. Relationship with other similar groups, churches, social agencies, government representatives.

8. Other sources which have been investigated for financial aid.

9. Copies of your constitution, reports the group may have prepared, articles in the press about the group, etc.

However, for agencies or established community groups requesting funds to cover operating expenses, or the cost of some special project, further information may be required. The following might be included:

1. The name and history of your organization, its aims and objectives, current board and staff, budget and program.

2. Copies of incorporation papers, etc.

3. Your Federal Income Tax Exemption number as a registered charitable institution.

4. A copy of the orgnization's latest annual report or if none, an audited statement of income and expenditures for the past year.

5. A statement documenting the need for the service proposed and its priority in the community you serve.

6. Some details on who will benefit from the project i.e. what geographical area and what identifiable groups will be served?

7. A statement of the aims and objectives of the proposed project, the approach or method to be used and the duration of the project.

8. The total cost of the project, the amount requested and the date required; all other funds committed to the project; under what conditions and from what source; from whom support has been requested where the reply is pending or has been negative; a project budget and some indication of the method of ongoing financing should the project prove successful.

9. The names of informed persons independent of the organization and its leadership who might be consulted on this project.

HOW TO INCORPORATE A COMMUNITY GROUP

Incorporation is usually advantageous to a community group which has a stable, committed membership concerned about the long-term well-being of their community for the following reasons:

1. The cost of incorporation and the necessity of filing annual returns seems to indicate the stability and credibility of the group to potential contributors of financial, material or staff resources.

   In fact, many government departments, municipal corporations and foundations do not provide assistance to unincorporated groups.

2. It limits the personal liability of the group's exe- cutive for financial responsibilities incurred in carrying out its program.

3. It may assist a group seeking to become a participating agency in a United Appeal Campaign and a registered charitable institution under the Canadian Income Tax Act.

A community group may be incorporated as a non-profit company either federally or provincially. Federal incorporation is required for groups operating in more than one province. For the majority of small community groups in Manitoba a provincial charter is sufficient. This involves a filing charge plus legal fees. However, many groups are able to obtain the volunteer services of a lawyer in the neighbourhood.

Federal incorporation involves a filing charge plus legal fees. It is important to realize that an incorporated charitable organization is not automatically a registered charitable organization.

To obtain an application for incorporation, write to:

Corporations Branch
1010 Woodsworth Building
405 Broadway Avenue
Winnipeg, Manitoba R3C 3L6
Telephone: 945-2500

A Community Development Corporation

A Community Development Corporation (C.D.C.) is a locally based and controlled organization formed by local residents for the purpose of developing the full socioeconomic potential of the community by their own efforts. It is managed by a locally elected Board of Directors who are given the responsibility of planning and managing the activities of the corporation.

C.D.C's are becoming popular in Northern Affairs communities because they provide a legal base from which the residents can pursue development objectives. Lasting long-term development usually requires the negotiation of long-term contracts as well as ongoing management capability. A C.D.C. can provide these essential elements of development.

Many C.D.C.'s are "non-profit" corporations. Profits which are generated by enterprises which the corporation undertakes stay in the corporation for reinvestment in new enterprises. In addition, as the C.D.C. is a non-profit organization, the corporation qualifies for financial assistance from many government funding programs.

HOW TO INCORPORATE A SMALL BUSINESS

A lot of thought must be given when preparing to establish a business as a corporation. Because you are creating a legal identity that can own assets, make contracts and conduct business transactions in its own capacity, you will wish to be sure that your creation does not become a Frankenstein - a work that ruins its originator.

Object clauses, organization, share structures including restrictions, by-laws and resolutions, appointments of directors and officers, and similar will all have a long-term effect on the operation of a business. If is important, therefore, to be sure that you have a clear picture of what you want your corporate business to be and understand the options available to you. We list three areas to consider when incorporating and highlight certain points that you must examine closely.

Organization

- Make a pre-incorporation agreement.
    - such an agreement establishes provisions for aspects such as control and management. This is particularly necessary when a group is incorporating.
- Determine the corporate accounting system.
    - Will your corporation be using cash, accrual or other accounting methods?
    - Will your corporation be operating on the basis of a fiscal or calendar year?
- Determine salaries and directors.
- Determine the banking connections.
- Obtain the necessary insurance.
- Determine fringe benefits for employees.

Legal Requirements

- Determine corporate name. There are legal requirements that apply to a corporate name in both provincial and federal incorporations.
- Determine whether you will incorporate federally or provincially. Choice should be made on the location and nature of the business.
- Determine whether the share capital will be limited and whether it will be issued with or without par value or with both in accordance with the applicable Company Act.
- Decide on the privileges, rights, voting and non-voting status of the shares.
- Install directors. Organizational meetings and a meeting at which incorporators elect permanent directors are required.
- By-laws for the corporation must be drafted and approved by the board of directors.
- Corporate outfit consisting of a seal, stock register and minute book to include, by-laws, resolutions, etc. is needed.
- Required legal papers such as articles of incorporation must be filed.
- Determine if special licences are needed.

Personal Requirements

- Issuing shares - It may be best as far as provincial and federal taxes are concerned to make gifts of shares to your heirs at the time of incorporation.
- Other shareholders' agreement - This may be necessary if your corporation is going to have minority shareholders (shareholders who do not hold the controlling interest). Protect yourself by executing an agreement on the following:

- You and/or the corporation have the right of first refusal on any shares the minority shareholders wish to sell.
- You and the minority shareholders represent that the shares are acquired for investment purposes only and can't be sold to the general public.
- In order to protect that right of first refusal, agree in writing that the shares cannot be encumbered by liens or put up as collateral for a loan.

o Develop a buy-sell agreement between shareholders, possibly funded by a life insurance policy. The agreement can include a cross purchase plan whereby the individual shareholders buy the shares.

REGISTERING A GROUP AS A CHARITABLE ORGANIZATION UNDER THE CANADA INCOME TAX ACT

Groups whose activites are exclusively of a charitable nature and who have some degree of formal organization may apply for registration as a charitable organization under the Canada Income Tax Act.

Registration allows those donating funds to deduct their contributions from their personal or corporate income for tax purposes by including a receipt for their donation with their tax return. As with incorporation, registration is essential if groups hope to receive funds from foundations, corporate enterprises or even from individuals who might make a large personal contribution.

Organizations need not be incorporated to apply unless they are collecting funds for distribution to other groups.

It is important to understand that registration does not necessarily indicate the financial stability of a group but rather implies that funds collected will be used for solely charitable purposes. Groups wishing to convey financial stability should also be incorporated. However, those organized around a single issue or problem which will hopefully be dealt with in the short term are advised to seek the sponsorship of an established agency such as a Social Planning Council which can collect funds on their behalf and earmark them for your project.

Those wishing to be registered as a charitable organization under the Canada Income Tax Act may obtain an application form (T2050) from the nearest District Taxation Office. Upon completion, it should be mailed to:

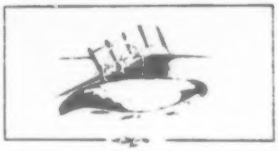
Charitable & Non Profit Organization Section
Department of National Revenue Taxaton
400 Cumberland Street
Ottawa, Ontario KIA 0X5
Telephone: 996-9365

NORTHERN MEMBERS OF THE LEGISLATIVE ASSEMBLY

TOLL FREE NUMBER - No Charge-Dial: 1-800-282-8069
New Democratic Party Caucus: Winnipeg 945-3710
Progressive Conservative Party Caucus: Winnipeg 945-3709

CONSTITUENCY	MEMBER	PARTY	TELEPHONE
Churchill	Hon. Jay Cowan	NDP	945-4863 Winnipeg
Dauphin	Hon. John Plohman	NDP	945-3723 Winnipeg 638-8311 Dauphin
Flin Flon	Hon. Jerry Storie	NDP	945-3719 Winnipeg
Gimli	Hon. John Buchlaschuk	NDP	945-4343 Winnipeg 642-5093 Gimli
Interlake	Hon. Bill Uruski	NDP	945-3722 Winnipeg 376-1512 Arborg
Rupertsland	Elijah Harper	NDP	945-4011 Winnipeg
Ste. Rose	Hon. Pete Adam	NDP	945-2979 Winnipeg
Selkirk	Hon. Howard Pawley	NDP	945-3714 Winnipeg 482-7515 Selkirk
Swan River	Douglas Gourlay	PC	945-4976 Winnipeg 734-4636 Swan River

The Pas	Harry Harapiak	NDP	945-2209 Winnipeg 623-3358 The Pas
Thompson	Steve Ashton	NDP	945-4067 Winnipeg 778-8602 Thompson



NORTHERN MEMBERS OF PARLIAMENT

Selkirk-Interlake - NDP
Terry Sargeant
206 Clandeboye
Selkirk, Manitoba R1A 0X1
Telephone: 482-7935
All Other Locations Call
Operator-ask for-Zenith 13500

Churchill - NDP
Rod Murphy
Box 700
Thompson, Manitoba R8N 1N5
Telephone: 677-4588
All Other Locations
No Charge-Dial 1-800-442-0457

Dauphin - NDP
Laverne Lewycky
320 Main Street South
Dauphin, Manitoba
Telephone: 638-9393

Provencher - PC
Jake Epp
Steinbach, Manitoba R0A 2A0
Telephone: Steinbach 326-3920

MANITOBA OUTREACH PROJECTS

Joanne Hunt
Youth Employment Service
201 - 320 Donald Street
Winnipeg, Manitoba
R3B 2H3
Telephone: 942-7391

Fatima Costa / Win Gardner
Immigrant, Women's Employment
Counselling Service
503 - 352 Donald Street
Winnipeg, Manitoba
R3B 2H8
Telephone: 943-0473
957-1138

Shirley Baptiste
Parkland Pathfinders
210 First Avenue, NE
Dauphin, Manitoba
R7N 1A7
Telephone: 638-5707

Jack Flett
St. Theresa Point Outreach
c/o General Delivery
St. Theresa Point, Manitoba
R0B 1J0
Telephone: 462-2003

Elsie Lejamb
The Pas Outreach
Box 660
The Pas, Manitoba
R9A 1K7
Telephone: 623-7071

Ivan McDougall
Garden Hill Outreach
c/o General Delivery
Garden Hill/Island Lake, Man.
R0B 0T0
Telephone: 456-9914

Tom Weenusk
Oxford House Outreach
c/o General Delivery
Oxford House, Manitoba
R0B 1C0
Telephone: 538-2156

David Nassie
God's Lake Narrows Outreach
c/o General Delivery
God's Lake Narrows, Man.
R0B 0M0
Telephone: 335-2348

Hector Spence
Split Lake Outreach
c/o General Delivery
Split Lake, Manitoba
R0B 1P0
Telephone: 342-2018

Victor Spence
Nelson House Outreach
c/o General Delivery
Nelson House, Manitoba
R0B 1A0
Telephone: 484-2332

Mickey Ferguson
Career Opportunities II
1109 - 330 Portage Avenue
Winnipeg, Manitoba
R3C 0C4
Telephone: 942-2197

Sheila Crawford
Senior Citizen's Job Bureau
300 - 323 Portage Avenue
Winnipeg, Manitoba
R3B 2C1
Telephone: 943-8875

Cynthia Divine
Employment Within Reach
1080 Portage Avenue
Winnipeg, Manitoba
R3G 3M3
Telephone: 774-5421

Frank Rogodzinski
E-Quality Employment
Bay 7 - 794 Sargent Avenue
Winnipeg, Manitoba
R3E 0B7
Telephone: 772-9951

James Longbottom
Selkirk Outreach
363 Eveline Street
Selkirk, Manitoba
R1A 1N2
Telephone: 482-4006

Gordon Crate Glen Smith
Norway House Employment
Services
c/o General Delivery
Norway House, Manitoba
R0B 1B0
Telephone: 359-6724

Christel Kraft
Reaching Out
Lower Level
344 Edmonton Street
Winnipeg, Manitoba
R3C 3E6
Telephone: 947-1609

Bernadette Custer
Flin Flon Outreach
Box 188
Flin Flon, Manitoba
R8A 1M7
Telephone: 687-3230

Irene Baker
Pukatawagan Outreach
c/o General Delivery
Pukatawagan, Manitoba
R0B 1G0
Telephone: 553 2145

Cross Lake Outreach
c/o General Delivery
Cross Lake, Manitoba
R0B 0J0
Telephone: 676-2407
676-2465

Mona Mader
Wabowden Outreach
Box 130
Wabowden, Manitoba
R0B 1S0
Telephone: 689-2201

Myrtle Dysart
South Indian Lake Outreach
c/o General Delivery
South Indian Lake, Man.
R0B 1N0
Telephone: 374-2134

Walter Menard
Native Employment Service
300 - 203 Portage Avenue
Winnipeg, Manitoba
R3B 2A1
Telephone: 943-0401

Debbie Spence
Gillam Outreach
c/o General Delivery
Gillam, Manitoba
R0B 0L0
Telephonc: 652-2208

Edna McGillivary
Churchill Outreach
Box 820
Churchill, Manitoba
R0B 0E0
Telephone: 675-2715

HEALTH CENTRE / NURSING STATION

Berens River Nursing Station
Berens, River, Manitoba
R0B 0A0
Telephone: 382-2265

Bloodvein Nursing Station
Bloodvein, Manitoba
R0C 0J0
Telephone: 276-2161

Crane River Health Station
Crane River, Manitoba
R0L 0M0
Telephone: 732-2490

Cross Lake Nursing Station
Cross Lake, Manitoba
R0B 0J0
Telephone: 676-2011

Dauphin Health Centre
205 - 317 Main N.
Dauphin, Manitoba
R7N 1K8
Telephone: 638-4729

Ebb & Flow Health Station
Ebb & Flow, Manitoba
R0L 0R0
Telephone: 448-2113

Hodgson Health Centre
Hodgson, Manitoba
R0C 1N0
Telephone: 645-2215

Hollow Water Health Station
Wanipgow, Manitoba
R0E 2E0
Telephone: 363-7364

Jackhead Health Station
Dallas, Manitoba
R0C 0S0
Telephone: 645-2215

Little Grand Rapids Nursing
Station
Building No. 95
Little Grand Rapids, Man.
R0B 0V0
Telephone: 397-2115

Lynn Lake Referral Centre
Lynn Lake, Manitoba
R0B 0W0
Telephone: 356-2759

Nelson House Nursing
Station
Nelson House, Manitoba
R0B 1A0
Telephone: 484-2031

Fairford Health Centre
Fairford, Manitoba
R0C 0X0
Telephone: 659-5786

Fisher River Health Centre
Koostatak, Manitoba
R0C 1S0
Telephone: 645-2689

Garden Hill Nursing Station
Island Lake, Manitoba
R0B 0T0
Telephone:
General Inquiries 456-2343
Nurse in Charge 456-2454
Referral Clerk 456-2615
Public Health 456-2649
Community Health Rep. 456-2688

God's Lake Narrows Nursing Station
God's Lake, Manitoba
R0B 0M0
Telephone: 335-2557

God's River Nursing Station
God's River, Manitoba
R0B 0N0
Telephone: 335-2355

North Zone Office
207 - 83 Churchill Drive
Thompson, Manitoba
R8N 0L5
Telephone: 778-7391

Oxford House Nursing Station
Oxford House, Manitoba
R0B 1C0
Telephone: 538-2347
538-2555

Peguis Dental Trailer
Hodgson, Manitoba
R0C 1N0
Telephone: 645-2530

Peguis Health Centre
Hodgson, Manitoba
R0C 1N0
Telephone: 645-2169

Pine Falls Health Centre
Pine Falls, Manitoba
R0E 1M0
Telephone: 367-8426

Poplar River Nursing Station
Negginan, Manitoba
R0B 0Z0
Telephone: 244-2102

Pukatawagan Nursing Station
Pukatawagan, Manitoba
R0B 1G0
Telephone: 553-2271

Red Sucker Lake Nursing Station
Red Sucker Lake, Manitoba
R0B 1H0
Telephone: 469-5351

South Indian Lake Nursing Station
South Indian Lake, Manitoba
R0B 1N0
Telephone: 374-2013

Wasagamach Nursing Station
Wasagamach, Manitoba
R0B 1Z0
Telephone:

General Enquires	457-2189
Nurse in Charge	457-2024

St. Theresa Point Nursing Station
St. Theresa Point, Manitoba
R0B 1J0
Telephone:

General Enquiries	462-2264
Nurse in Charge	462-2264
Doctor's Residence	462-2593
Community Health Rep.	462-2213
Dentist	462-2202

The Pas Otineka Health Centre
161 Fischer
The Pas, Manitoba
R9A 0K2
Telephone: 623-5474

HOSPITALS

Lakeshore District Health System
Lakeshore General Hospital
Box 110
Ashern, Manitoba
R0C 0E0
Telephone: 768-2461

Churchill Health Centre
Churchill, Man.
R0B 0E0
Telephone: 675-8881

Dauphin General Hospital
625 Third Street, S.W.
Dauphin, Manitoba
R7N 1R7
Telephone: 638-3010

Lakeshore District Health System
E.M. Crowe Memorial Hospital
Box 130
Eriksdale, Manitoba
R0C 0W0
Telephone: 739-2611

Fisher Medical Facilities Inc.
Box 370
Fisher Branch, Manitoba
R0C 0Z0
Telephone: 372-6258

Leaf Rapids District Hospital
Box 370
Leaf Rapids, Manitoba
R0B 1W0

Telephone: 473-2441

Lynn Lake District Hospital
Box 2030
Lynn Lake, Manitoba
R0B 0W0
Telephone: 356-2474

Norway House Hospital
Norway House, Manitoba
R0B 1B0
Telephone: 359-6731
359-6735

Pine Falls General Hospital
Box 2000
Pine Falls, Manitoba
R0E 1M0

Telephone: 367-2400
367-2230

Ste. Rose General Hospital
Box 60
Ste. Rose du Lac, Manitoba
R0L 1S0
Telephone: 447-2131

Flin Flon General Hospital
P. O. Box 340
Flin Flon, Manitoba
R8A 1N2
Telephone: 687-7591

Gilbert Plains District
Hospital
412 Main Street, N.
Gilbert Plains, Manitoba
R0L 0L0
Telephone: 548-2161

Gillam Hospital
Box 130
Gillam, Manitoba
R0B 0L0
Telephone: 652-2600

Johnson Memorial Hospital
Box 250
Gimli, Manitoba
R0C 1B0
Telephone: 642-5116

Percy Moore Hospital
Box 190
Hodgson, Manitoba
R0C 1N0
Telephone: 645-2144

Thompson General Hospital
Thompson Drive, S.
Thompson, Man.
R8N 0C8
Telephone: 677-2381

Selkirk General Hospital
100 General Hospital Drive
Box 5000
Selkirk, Manitoba
R1A 2M2
Telephone: 482-5800

Shoal Lake-Strathclair
Health Centre
Box 158
Shoal Lake, Manitoba
R0G 1Z0
Telephone: 759-2336

Snow Lake Hospital
Lakeshore Drive
Snow Lake, Manitoba
R0B 1M0
Telephone: 358-2300

Swan River Valley Hospital
Box 1450
Swan River, Manitoba
R0L 1Z0
Telephone: 734-3441

The Pas Health Complex Inc.
Box 240
The Pas, Manitoba
R9A 1K4
Telephone: 623-6431

Winnipegosis General
Hospital
Box 280
Winnipegosis, Manitoba
R0L 2G0
Telephone: 656-4431

CANADA EMPLOYMENT CENTRES

Canada Employment Centre
135 - 2nd Avenue, N.E.
Dauphin, Manitoba
R7N 0Z6
Telephone: 638-3711

Canada Employment Centre
Federal Building
Room 201 - 54 Main Street
P. O. Box 730
Flin Flon, Manitoba
R8A 1N5
Telephone: 687-8231

Canada Employment Centre
Federal Building
Sherritt Avenue
P. O. Box 909
Lynn Lake, Manitoba
R0B 0W0
Telephone: 356-8300

Canada Employment Centre
151 Fischer Avenue
The Pas, Manitoba
R9A 1K7
Telephone: 623-3453

Canada Employment Centre
Room 202 - 83 Churchill Drive
Thompson, Man.
R8N 0L6
Telephone: 778-4471

Canada Employment Centre
Room 203 - 5th Avenue, N.
Federal Building
Swan River, Manitoba
R0L 1Z0
Telephone: 734-3483

Canada Employment Centre
80 - 6th Avenue
P. O. Box 1770
Gimli, Manitoba
R0C 1B0
Telephone: 642-5193

Canada Employment Centre
Room 12 - 366 Main Street
Selkirk Town Plaza
Selkirk, Manitoba
R1A 1T6
Telephone: 482-3323

Can. Employment Centre On Campus
Keewatin Community College
P. O. Box 3000
The Pas, Manitoba
R9A 1M9
Telephone: 523-3416

Employment Development Branch
Room 206 - 83 Churchill Drive
Thompson, Manitoba
R8N 0L6
Telephone: 778-7363

MANITOBA INDIAN & METIS FRIENDSHIP CENTRES INC.

Head Office
605 - 213 Notre Dame Ave.
Winnipeg, Manitoba
R3B 1N3
Telephone: 943-8082

210 - 1st Avenue, N.E.
Dauphin, Manitoba
R7N 1A7
Telephone: 638-5707

21 Royal Road, S.
Box 1118
Portage la Prairie, Manitoba
R1N 3C5
Telephone: 239-6333

723 Main, E.
Box 1448
Swan River, Manitoba
R0L 1Z0
Telephone: 734-9301

Box 460
Lynn Lake, Manitoba
R0B 0W0
Telephone: 356-2445

465 Alexander Street
Winnipeg, Manitoba
R3A 0N7
Telephone: 943-1501

836 Lorne Street
Brandon, Manitoba
R7A 0T8
Telephone: 727-1407

57 Church Street
Box 188
Flin Flon, Manitoba
R8A 1M7
Telephone: 687-3900

425 Eveline Street
Selkirk, Manitoba
R1A 2J5
Telephone: 482-7525

Box 2638
The Pas, Manitoba
R9A 1M3
Telephone: 623-6459

Ma-Mow-We-Tak Centre Inc.
122 Hemlock Crescent
Thompson, Manitoba
R8N 0R6
Telephone:778-7337

Drop-In Centre
Box 359
Riverton, Manitoba
R0C 2R0
Telephone: 378- 2927

R.C.M.P. DETACHMENTS WITHIN "D" DIVISION

Community	Detachment	Telephone
Anama Bay	Gypsumville	659-2682
Barrows, incl. National Mills Red Deer Lake Westage	Swan River	734-3454
Berens River	Berens River	382-7535
Big Black River	Norway House	359-6715
Bissett	Bissett	277-5227
Brochet	Lynn Lake	356-2494
Camperville	Winnipegosis	656-4421
Cormorant	The Pas	623-6441
Crane River	St. Rose du Lac	447-2513
Cross Lake	Cross Lake	676-2345
Duck Bay	Winnipegosis	656-4421
Easterville	Grand Rapids	639-2222
God's Lake Narrows	God's Lake Narrows	335-2464
Granville Lake	Leaf Rapids	473-2900
Harwill, incl. Dallas/Red Rose Fisher Bay	Fisher Branch	372-6240
Herb Lake	Snow Lake	358-7722
Homebrook	Gypsumville	659-2682
Ilford	Ilford	288-4381

Island Lake	Garden Hill	456-2626
Little Grand Rapids	Paugnassi	397-2480
Loon Straits	Lac du Bonnet	345-2311
Mallard	Winnipegosis	656-4421
Manigotogan	Pine Falls	367-2222
Matheson Island	Arborg	376-2324
Meadow Portage	Winnipegosis	656-4421
Moose Lake	Moose Lake	678-2267
Nelson House	Nelson House	484-2288
Norway House	Norway House	359-6755
Pelican Rapids	Swan River	734-3454
Pine Dock	Arborg	376-2324
Pikwitonei	Pikwitonei	458-2447
Princess Harbour	Lac du Bonnet	345-2311
Red Sucker Lake	Norway House	359-6755
Salt Point	Winnipegosis	656-4421
Seymourville	Pine Falls	367-2222
Sherridon	Cranberry Portage	472-3333
South Indian Lake	South Indian Lake	374-2345
St. Theresa Point	Norway House	359-6755
Thicket Portage	Wabowden	689-2152
Wabowden	Wabowden	689-2152
Warrens Landing	Norway House	359-6755
Waterhen	Winnipegosis	656-4421

POOR

QUALITY

ORIGINAL